



Political season begins

Champoux, Murphy, and Connolly pull nomination papers for Board of Selectmen

By CHARITY B. LEGVOLD

WILMINGTON - The clock is now ticking for residents to pull nomination papers for one of the five positions in Town that go up for election this spring.

The Town Clerk's office identified five seats up for election, which include one seat on the Board of Selectmen (currently held by Charles Fiore), two seats on the School Committee

(currently held by Kim Peterson and Suzanne Cushing), the Town Moderator position (held currently by Jim Stewart) and one seat on the Redevelopment Authority (held currently by John Goggin). Each of these seats is for three-year terms.

So far, the only seat that anyone has pulled papers for is the

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Infestation

Silver Lake home to unwelcome guest

By CHARITY B. LEGVOLD

WILMINGTON - When several residents reported some "floating weeds" in Silver Lake last summer, little did they know it would be identified as an infestation of rapidly spreading water plants that would need to be eradicated before destroying the recreational area.

Jamie Magaldi, Assistant Superintendent of the Wilmington Department of Public Works brought this issue before Selectmen on Monday

night. He explained that samples of the water-weed were identified as "Eurasian Milfoil," which, although native to Europe, Asia and Northern Africa, has now spread to all 50 states despite efforts to contain it.

If this invasive plant is not stopped, the lake may become eutrophic and "choke out" native species of plants and aquatic life. Continued growth of Milfoil would soon limit the recreational use of the lake, as

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Anything goes

WHS Drama Club prepares for production

By CHARITY B. LEGVOLD

WILMINGTON - One could say "Anything Goes" in Wilmington this month as the Wilmington High School Drama Club brings the lively Cole Porter musical to the high school stage.

This delightful 1930's story weaves a tale of crazy antics aboard an ocean liner traveling from New York to London. A stowaway, Billy Crocker, falls in love with an heiress, Hope

Harcourt, who is engaged to a lord, Evelyn Oakleigh. Nightclub singer Reno Sweeney attempts to help Crocker win over Harcourt and comedy ensues.

Following auditions last September, the cast began rehearsing in October and rehearsals became more frequent and lengthy as they near opening night on January 23. The Town Crier caught up with

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Sign of the times?

Dramatic library circulation increase

By CHARITY B. LEGVOLD

WILMINGTON - Recent reports suggested that an increase in circulation during 2008 at the Wilmington Memorial Library was the direct result of the struggling economy, but did other factors also affect the increase?

Circulation in 2008 increased 15 percent over 2007 and program attendance increased 23 percent in the same period. Library Director Tina Stewart also attributes the dramatic increases to several other factors.

First, Stewart acknowledged that the economy is certainly a factor because when people struggle financially they do turn more often to the free resources a library can provide.

More people use museum passes and borrow entertainment materials such as movies and CDs in a weak economy.

An ambitious library makeover is another factor Stewart said may have contributed to the increases. She said that people seem to really like what they see and have said that they feel more welcome in the library.

Stewart credits some of the increase to a conscious effort to promote programs and services. An e-mail newsletter provides information to more than 500 subscribers and is now offered when residents sign up for a library card. The library gives away bookmarks that change throughout the year to announce upcoming programs such as the winter programs, Wilmington Reads, and the Summer program. It was the 2008 Summer Program that kicked off the use of bookmarks last summer.

Online registration for programs also increases participation. Residents can read about a program on the library's website, sign up for it, and then print a reminder notice for the upcoming program.

"We try to find out what it is

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Participation in Wilmington Youth Wrestling has grown exponentially over the last year. Read all about the program's success in the Sports section of this week's Town Crier.
Photo by joebrownphotos.com

The hero with a red heart

Local man saves lives, even after losing his own

By MARCY RAGUCCI

WILMINGTON - Mark Haubner of Wilmington probably never considered himself a hero, but the patients whose lives he saved by donating his organs would not think of him as anything less. Acts of heroism are not usually planned - they just happen.

Something horrible happened to Mark, and the Haubner family is grieving their loss, but Mark's heroism continues to affect the people who receive either life-saving or life-altering donations from him.

It began as any other day - New Year's Eve day. Mark, a 26-year-old Wilmington resident, was on his way to work and, as he did every day, he stopped for a cup of coffee at the gas station across from his workplace on Route 1 in Danvers.

Mark didn't wake up that morning thinking about being a

hero, but in an instant, the task was thrust before him as quickly as the pickup truck that broadsided him and stopped his generous heart from beating. Mark was resuscitated when CPR was administered at the scene and was then transported to Beverly Hospital. After arrival, he went into cardiac arrest and was transported by helicopter to Beth Israel Deaconess Medical Center.

While these events were unfolding early Wednesday morning, Mark's mother, Beth, got a call from a State Trooper at her workplace at the Spaulding Rehab in Boston. To verify the story she had been told, she called her brother, Paul Pierce (also a State Trooper). Paul told her that she should go to the hospital immediately because Mark was in serious condition.

Mark's father, Frank Haubner, who was at work in

Dracut, remembers the frantic call, "I picked Beth up and we drove to the hospital together not knowing what we would encounter. When we arrived Mark was on life support and a ventilator."

Frank and Beth met with Mark's doctor, Dr. Thomas, who informed them that their son was in very bad condition.

"Coincidentally, Dr. Thomas is a close friend of Beth's boss at Spaulding, who assured us that Mark's doctor was tops in his field," said Frank. "We were comforted knowing that Mark was in his capable care."

After speaking with Dr. Thomas, Frank and Beth contacted their other two sons, Ryan and Shawn, and communicated the situation.

"They began their trek to the hospital and arrived as quickly as they could considering the snow-filled roads," said Frank.

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Mark Haubner

Projects ready for federal funding

Economic recovery bill could result in improvements to Wilmington infrastructure

By CHARITY B. LEGVOLD

WILMINGTON - Town officials recently jumped at an opportunity to submit project funding requests to the Municipal Facilities Task Force for immediate consideration should funding become available from the Federal Government.

In a letter to local officials Lt.

Governor Timothy Murray explained, "As you know, President-Elect Obama's team and members of Congress are actively working on a federal economic recovery bill with the goal of enactment by Inauguration Day. The bill will likely include significant funding for 'ready-to-go' infrastructure projects. To this end, the

Patrick-Murray Administration has established task forces to pull together a list of projects that might be eligible for this funding. If we are not prepared with ready to go projects, we risk losing this federal money."

Town Manager Michael Cairra informed Selectmen on Monday night that the Town received the letter from Lt. Governor

Murray on January 2, requesting that towns and cities submit applications for some "ready to go" infrastructure projects by a deadline of 2:00 p.m. on January 8, 2009.

Municipal facilities include public safety, wastewater, water, solid waste, recreational, city and town buildings,

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A look back at Wilmington of yesteryear...

Carl Cady & the birth of the Fire Dept.

By CAPT. LARZ NEILSON

WILMINGTON - If Carl Cady hadn't been congenitally deaf, his life story would have been different. He probably wouldn't have become a carpenter.

When he was born in the house of his grandfather Spaulding on Church Street in 1879, he was hard of hearing, and he really didn't discover what the matter was until some 13 or 14 years later, when he was in the 7th grade. He went to

school in what is now the Fourth of July building, and spent his last few years of schooling in the Center School, then spanning new. At the time, the Center School was located between the Fourth of July building and the Swain School.

In the seventh grade, he quit going to school. He went to work as a carpenter's helper. The man he worked for was Charlie Osbon, who lived on

Clark Street. Among other things, he built the Roman House barn, which burned down in the 1980's, and Wilmington's first firehouse.

Charlie later moved his house to School Street, where it stands today, near the Swain School.

Carl learned to be a handyman, as many people were in those days. He could lathe with the best of them, and he became a cabinetmaker, and a

rough carpenter, too.

In the winter, when business didn't hum quite as fast, Carl, like other men of his craft, often took jobs cutting wood - cord wood, or cedar, for cellar posts, or some such. He worked all one winter in the Cedars of Lebanon swamp, near Shady Lane Drive. Another winter, he and Morton Hayden were hired by Lawrence Swain, who had a slaughterhouse in the barn

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Anything goes

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cast and crew on Monday night, during the first technical run-through of the production.

While parent volunteers and some crew members continued to work on the centerpiece of the set, a very large boat, WHS junior Katerina "Katia" Reilly, who plays heiress Harcourt, expressed appreciation for the efforts of everyone working on the set. "All of the parents have worked really hard for us," Reilly noted.

One student took on the job of Costume Director, a job that has typically been shared by two parents in past productions. Drama Club Advisor Jason Luciana admitted that when WHS senior Gabby D'Entremont first approached him to ask about being the Costume Director he was very hesitant because it "was a really tall order." Luciana noted that costume is the one thing that has to be exactly right because it is the one thing that everyone notices.

He said, however, that upon speaking with D'Entremont and realizing that she had a very clear vision and that they agreed on theme and concept, he decided to give her the opportunity. "She has done an excellent job and put in 100 percent effort," Luciana

said.

D'Entremont has worked under other people and plans to study costume design, tech work and directing at Salem State College, but this was her first solo costume responsibility and she expressed her vision quite clearly. Although it is a 1930's story, she steered away from flappers and instead put the lead characters in brighter colors, true to the period, and the passengers in cute, upbeat and peppy clothes in more neutral colors.

Luciana commented on the unique relationship between this cast and crew saying, "This show has been awesome. This cast and crew have come together in a way I have not expected at all, both personally and on stage."

Students seem to feel the same way. Junior Stephanie Weymouth, "Reno," agreed and said, "Every show is different because of the cast. Each show the cast becomes your family."

This is a first production for sophomore Shannon Keefe who said, "The cast is people you never thought you'd be friends with, but they're like your family now."

Senior Ryan Breslin portrays Billy Crocker in his final WHS production. He said, "This is a bittersweet

show for me because it is my last show on the WHS stage."

Luciana said, "I want to express my extreme appreciation for the cast, crew, parents, administration, and everybody that has been involved with this show. I'm really proud of this show and it is going to be an amazing performance."

For the first time in many years, the show runs two nights on two consecutive weekends. Tickets are available for January 23 and 24 and January 30 and 31 at 7:00 p.m. in the WHS Barrows Auditorium. Tickets are \$10.00 for adults and \$8.00 for students, senior citizens and children under 10. A recording is available for ticket information at 978-694-6060 at extension 378.

At each performance parents will be fundraising for the Drama Club. In addition to message grams and flowers that can be purchased for cast and crew, each night will feature a 50/50 raffle and several gift basket raffles donated by local businesses. Cast and crew photos will also be for sale.

Senior Nick Monteforte concluded, "It's been a wonderful experience that means more because it is senior year. I hope people come see it."

Sign of the times?

FROM PAGE 1

people want and need," said Stewart who spoke of surveys used to determine programming that would draw the greatest numbers of residents. Last fall this included a financial series on investment and estate planning, and a digital camera program that was filled to capacity.

Stewart is pleased that the library is offering some new and interesting programs that people seem to enjoy. Currently the library offers a

'Makeover' series of programs, which continues this week with a Makeover Your Wardrobe program with a fashion consultant and concludes on January 28th with a Beauty Makeover.

In 2008 the library presented 394 programs that boasted a total attendance of 9,104. Stewart said, "It certainly has been a busy year. It is very gratifying to know that we can offer people a variety of things in a difficult time."

Thanks to the efforts of volunteers, computer classes are

offered regularly and often focus on skills that residents need when job searching, such as putting resumes online. Stewart noted that there has been an increase in the use of reference and job-hunting materials.

Residents can find more information about upcoming events and materials available in the library on the library's website www.wilmlibrary.org.

Projects ready for federal funding

FROM PAGE 1

senior/community centers, some garages, public libraries and cultural facilities. In order to be considered, projects must be "shovel ready" within 180 days and must be able to be completed within two years.

Towns were also welcome to submit to other task forces such as Clean Energy and Efficiency, Education Facilities, Transportation, Information Technology, Private Development, and State Facilities and Courts.

Caira submitted four projects totaling more than 8 million dollars in funding. Caira said, "These are all projects we believe would be ready to go within six months and completed within two years."

The projects submitted include:

1. Main Street Interceptor Sewer System Rehabilitation - a \$1,250,000 project near Town Park that involves construction of rehabilitation of a 3,400 linear feet of 36 inch diameter reinforced concrete pipe sanitary sewer interceptor that is a critical wastewater conveyance asset.

2. Replacement of Brown's Crossing Tubular Wellfield - a \$2,500,000 project to replace an aging water supply infrastructure with two modern 18-inch diameter drilled wells. This project includes a new pumping station and will provide a reliable source of drinking water for residents.

3. Route 62/Glen Road Improvements - a \$1,300,000 project designed to improve safety and operational conditions at an intersection with a history of high accident num-

bers and traffic congestion. 4. Route 62 Roadway Improvements - a \$3,000,000 project that has been "long on the drawing board." This project involves roadway reconstruction with sidewalks from North Wilmington to the high school to improve safety conditions.

Lt. Governor Murray noted, "It is important to note that this bill has not passed yet and even if it does, it is still unclear how much Massachusetts will benefit." He went on to say that they expect a strong response from communities and said, "even with a good bill that benefits MA greatly, not all of these projects will be funded." Given that funding is not guaranteed, Murray encouraged all towns to continue to work through traditional funding sources.

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It's Your Money

by Joyce Brisbois



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Carl Cady & the birth of the Fire Dept.

FROM PAGE 1

behind his home on Federal Street, right behind the old East School. They cut cedar posts in Ladder Pole Swamp, near Wildwood Street. Hayden lived at 207 Wildwood St. and was married to Angelina Buck Sargent, the mother of Henry Wilson Sargent, known as "Henny Penny."

Hayden and Charlie Osbon had one thing in common —

they were both "sparks." Carl, working with them, became imbued with the same spirit, and all three men were a part of Wilmington's first fire department, when it was organized about 1904.

It was in 1899 that Carl married Alice Lindley in her father's house on Chestnut Street. The marriage was performed by Rev. Elijah Harmon, pastor of the Wilmington Congregational Church.

Alice had gone to the Center School, then to the Walker School after it was built. The Walker School stood on the current site of the Wilmington Public Safety Building. Then she had a bicycle accident, and spent a couple of years at home.

The young couple set up housekeeping in "the block" which later became the American Legion Hall on Adams Street, between Church Street and Middlesex Avenue. At the time, it was a four-apartment house. It had previously been a pump factory, where square wooden pumps were made. The house was owned by Sabra Carter.

In 1903, Alice Cady was in the square at Wilmington center when the great fire started, and she stood for a while on the Burlington Avenue bridge with her daughter Pearl. She saw Harry Ames come scurrying from his news and variety store with a fire extinguisher, over to Schmiel McIntosh's store. The effort was lost, and soon there was a holocaust, as Schmiel's store, livery stable and blacksmith shop were consumed in

flames. The fire spread across Church Street, where it burned down the Ames Hall and the drug store.

It lasted for hours. Every able-bodied man in town, Carl among them, fought the fire, with apparatus sent from Woburn.

That fire started the movement for a fire department in Wilmington. Foremost in the movement were Caleb Harriman and Charlie Osbon. The town voted to establish a volunteer fire department, with two firehouses. One was on Church Street, where Olson Road is now, between the Post Office and the Public Buildings

the volunteers, as was his father, Sam Rice, who was also the constable and police chief.

Indeed, there were only two father and son groups in the picture, Winnie and his father, and Carl Cady and his father Fred. But Carl goes one better, because his brother Louie was also in the group.

The horses were owned by Brewster Butters. Brews, as he was known, and his brother Al were members of that first department and they were the men who drove the horses.

Another important member of that department was old Bert Robinson, a handyman and carpenter, who was captain.

helpers.

The old weights used to drop straight down from the steeple, into the vestibule. One day, something happened — a rope broke or a cable parted — and one of the weights dropped to the floor and smashed it up considerably.

It was decided to have the weights drop down through the two old chimney spaces, which ran up through the back of the building, on each side of the pulpit. This meant running the cables above the ceiling of the sanctuary, traversing the length of the church.

Carl, being quite slim, had the job of going down into the old



The Wilmington Fire Department in 1906

Engine One: In the driver's seat are Capt. Bert Robinson and Brewster Butters.

Standing, at left are Milton Holt, Kenneth McDonald, Fred Cady, Charles Carter and Harry Ames, in the light suit.

Hose One: In the drivers seat are Albert Butters, Carl Cady and Morton Hayden. On the wagon, in rear are Sam Rice, Winnie Rice, Charles Brooks, Louis McMahon John Daly (mustache) unknown man in back of Daly, and Louis Cady.

Standing in front of the horse are John Baxter, Frank Dayton and Hugh Reddy.

building, the old fire station. The other was in North Wilmington, at Harriman's Tannery. Charlie Osbon built that first firehouse, and Carl was his helper.

One warm sunny Sunday in 1906, the boys were down at the new station, polishing up Engine No. 1 and Hose No. 1, with all the pride that volunteer firemen have in their apparatus, and down came Miss Mildred Holt with her camera.

Mildred was the daughter of the postmaster, Martin Holt, a Civil War veteran who, among other things, sported a big beard (he cut it off later, but that's another story). Mildred wanted to take a picture of the new fire station and its volunteer crew.

She took a great many pictures of Wilmington, and had a photographic business in Boston, as well. There aren't many pictures left today of those that Mildred printed.

Former Fire Chief Winfred Rice identified most of the men in the picture. He was one of

Bert was never a man to dress up, and in the picture he is to be seen wearing an old lumberman's cap.

The background of the picture (extreme right over the horse's head) shows the old Dr. Hiller building, now the Masonic Hall. It had been built as a laboratory for Dr. Henry Hiller, but was unfinished when Dr. Hiller died. At the time Charlie Osbon built the firehouse, he hired the building as a storage space for the lumber.

Before Charlie hired the building, Carl remembered that it had been hired by a man who owned a menagerie. Carl remembered going into the building to see the wild bears and wildcats penned in the main room.

It was after the firehouse was built that Carl had his most memorable experience. Charlie Osbon was hired to revise the weight system for the town clock in the steeple of the Congregational Church. Charlie took Carl Cady and Morton Hayden along as his

chimney spaces, and clearing out the nails that projected. At the same time, he rounded off the rough spots in the timbers, so that the weights would not catch on any projections.

Morton and Charlie lowered him down on a rope. Then Morton tended the rope, while Charlie went back to work in the steeple.

Then the fire alarm rang for a big brush fire off Aldrich Road. Charlie and Morton dashed for their wagon and started off to the fire, leaving Carl hanging in the old chimney space. He yelled, but no one heard him. And there he was, unable to go up, and it wasn't any use to try to go down, for there was no exit at the bottom.

After Morton and Charlie had gone about a quarter of a mile, they remembered Carl, and went back to pull him up.

(This story was written in 1959, when Carl and Alice Cady celebrated their 60th wedding anniversary.)

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To glide to and fro.

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In the new-fallen snow
Coasters and sleds
See how fast they can go.

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Or a clean snowball fight
So much good fun
Can be a delight!

Building a snowman
Can bring on great joy
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For a small girl and boy.

Seeing eyes sparkle
And take on a glow
Prompted by viewing
This wonderful snow.

Happiness lies
In the young and the bold
When grown-ups rebel
And refuse to grow old.

When the snow comes
To your city or town
Think not of shoveling
And don't wear a frown.

Remember the days
When you were a kid
Recall all the joy
And the fun things you did.

Go out in the snow
For just one short day
You'll find your problems
And cares melt away.

Like the new-fallen snow
Your troubles won't last
If you focus on memories
And joy in your past.

So pick up some snow
To hold in your hand,
Your mood will brighten
And your day will be grand!

By Marcy Ragucci

Run the Boston Marathon and help raise funds for Easter Seals!

Team Easter Seals invites you to run the Boston Marathon to help ensure that children and adults with disabilities have equal opportunities to LIVE, LEARN, WORK and PLAY. We have just 2 bib numbers left! Reply now to receive an application and reserve a bib number so that you can help empower children and adults with disabilities reach their full potential! Contact Debra Bergman at dbergman@eastersealsma.org or 508-751-6335. The Boston Marathon requires all participants who

run for a charity to raise a minimum of \$3000. Most raised over \$4000. The details of the race can be found at www.bostonmarathon.org. Applications and deposits need to be submitted to Easter Seals by January 28th in order to reserve your number. To learn more about the programs and services we provide and to read profiles of our clients who have grown more independent as a result of receiving Easter Seal services visit our website: www.eastersealsma.org. Thanks again for your interest!

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- News releases, news tips or information, letters to the editor - send either as copy in the original email or as an attached TEXT or Word document.
- Photos/images - send as an attached JPEG at a minimum of 200 resolution. Please do not embed the image within a Word document.

Other submission methods:

- Deliver to the Town Crier offices at 226 Lowell Street in Wilmington, MA during business hours, 9:00 a.m. to 5:00 p.m.
- Submissions may also be mailed to - Town Crier, 226 Lowell Street, Wilmington, MA 01887



Betsy's Best Bets

by Betsy Woods McGuire

Here's Looking at You, Kid

A film is never really any good unless the camera is an eye in the head of a poet.
(Orson Wells)

Under the heading of light entertainment, the very last thing I want to do is go to a movie. When I hear someone say they went out to a movie, my first thought is, how could you have possibly found something worth seeing? To me, Hollywood movies are unbelievably terrible - far-fetched, unrealistic, overdone, maudlin, corny, offensive and sexist, for starters. I tried to conjure up in my head some really good mainstream movies that I've seen over the years. I came up with eight, most of them made before 1965. And if you really want to be disappointed, read a great novel and then watch the movie version. I think my problem might be that I want more than to be shocked or startled or jolted with special effects, high volume and suspense. The bigger problem for me is that today's popular movies are lacking in depth, meaning and important message. And much of the time humor has been replaced with vulgarity.

So, you won't see me at the multi-screen behemoths, brandishing their steel and chrome and neon and mediocre movies for the masses. We're so lucky to live in the Boston area - there are so many art houses where you can see the interesting and educational, foreign films, art films, documentaries, independents and classic movies. All of these movie houses cater to niche audiences, attracting those of us who want to expand our world and stretch our minds. We have come to expect the bold and daring, the esoteric and controversial in movie entertainment.

Celebrating their 75th anniversary, the Coolidge Corner Theatre is probably the most treasured of all art houses in the Boston area. With its art deco charm and intimacy, there's a magical feeling of excitement and expectation in the air before you step inside the door. What makes Coolidge Corner unique is the range and variety of what is shown, from popular independents and first-runs, to the oddball and off-beat and locally-produced and everything in-between. Maybe a year or so ago, I went to see a Ralph Nader documentary at Coolidge Corner. It was showing in their "17" seat mini-max room. Can you imagine any other cinema anywhere that would show something that was so unknown that it would only attract, at the most, at any seating, an audience of seventeen!

The Harvard Square Theatre, or simply Church Street to many of us (their address is 10 Church Street), is home to the cult film the "Rocky Horror Picture Show" which has been playing at midnight every Saturday night, with live accompaniment, since 1984. I think that gives you an idea of what the HST is all about. Its history goes back to 1926 when it was an ornate Italian Renaissance style 1700-seat theatre facing Mass. Ave. Eventually the entrance moved around the corner when the front space was sold for retail. The likes of Alfred Hitchcock and Woody Allen have used the theatre - during the 1960s Bob Dylan performed there. Today Church Street continues to show some of the more

interesting first-runs, along with the obscure and unusual films and thought-provoking documentaries.

The Brattle Theatre in Harvard Square started showing movies in the early 1950s. Known for cutting-edge, foreign and new releases of classic films, what makes the Brattle Theatre different is their style of programming. Films from a certain director, genre, subject or actor/actress are shown for the entire week or the same weekday throughout the month. For example: A Tribute to Ingmar Bergman, World Animation Celebration, Rare Film Noir, Hitchcock's 50s, Bette Davis week and so on. To show up at the Brattle night after night, for a whole week, to watch a grainy black and white Bette Davis movie - my very favorite actress who ever walked on earth - just the interior and atmosphere of the theatre, to be lost in time, to dream of a better time, to be mesmerized by those eyes - Oh those eyes ... well, you get my point.

There are three more movie houses that I like, all similar, all started out as vaudeville, showing 2nd-runs and art films: The Capitol in Arlington, The Somerville Theatre in Somerville and the Lexington Flick in Lexington.

Another great little theatre that I love is The Screening Room in Newburyport. With only one screen, their program schedule is planned months ahead. I'm on their mailing list - yes, they actually send out, in the U.S. Mail (!) this artistic looking little program with interesting ads and drawings and a detailed write-up about each

movie.

Although new, compared to the others, the Kendall Square Cinema in Cambridge has won numerous awards for its scope and diversity of films, showing a wide variety of Independents, foreign films and documentaries. But Kendall Square goes further than that - this is where I go to find the most unconventional comedy, the crazy and curious and the bazaar when I'm looking for something strangely out of the norm. Believe me, this is not Showcase, you won't find any "blockbusters" here. Only in Cambridge could the Kendall Square Cinema have been voted #1 best movie theatre around.

A small theatre just outside Harvard Square played the cult movie "King of Hearts" every night for ten years. It starred Alan Bates, my very favorite actor that ever lived. Who knows how many times I went there and watched. When was the last time a movie had that effect on you?

Kiss of the Spider Woman, Big Night, My Dinner with Andre, Monument Ave., The Dinner Game, True West, Little Voice, A Gentleman Abroad - the list is long. None of the movies that have touched me, moved me, made me chuckle inside, put a smug smile on my face or gave me pause to think deeply or held me spellbound were ever marketed to the general population - they were never well known. But still I found them - or did they find me. Now there's something to think about.

Questions/Comments bet-symcg@comcast.net



Wilmington Cooks

by Paula Murphy

Donna Pickett grew up in Somerville, but has made Wilmington her home since 1987. She and her husband have three children, two of whom are U Mass graduates, and one who is in Middle School. The recipes Donna gives us this week have been in her family for generations. Her mother is the master of the first two, and is always asked to make them when the family comes together. Donna's cousins really enjoy the spaghetti recipe, and the party punch is a big hit at her aunt and uncle's Christmas party each year. Donna hopes you'll enjoy these recipes as much as her family does.

Spaghetti in the Oven

1 pound spaghetti
1 pound hamburger
1/2 - 3/4 cup Italian bread crumbs
4 eggs
1/2 pound American cheese
3 eggs, hard-boiled
1/2 pound salami
1 large jar Prego with mushrooms (you can use your own sauce, but people tell Donna this dish just doesn't taste the same without the Prego.)
salt

Make mini meatballs, using the hamburger, Italian bread crumbs, 1 egg, and salt. Heat

the sauce, adding the meatballs directly to it. Cook gently until meatballs are done. Meanwhile, hard-boil three eggs and cut them up into small pieces. Break the salami and cheese into small pieces. Prepare spaghetti as directed when the sauce is done.

Heat oven to 350 degrees. Spread some sauce in the bottom of a lasagna pan. Add a layer of spaghetti, a layer of eggs, then salami, cheese and the meatballs. Add a little more sauce, then repeat layers two more times. Bake for 30 minutes or until cheese is melted.

Anise Cookies

3 teaspoons baking powder
5 cups flour
1 teaspoon anise oil
1 1/2 cups sugar
6 eggs
1/2 cup butter
1/2 cup shortening
1/2 pack of confectionary sugar
1/2 teaspoon vanilla
1/3 teaspoon lemon juice
candy sprinkles

Heat oven to 400 degrees. Put flour, baking powder and sugar together in one bowl. In another, mix eggs and anise oil. Melt butter and shortening, then mix with

eggs and anise. Slowly mix in dry ingredients until you have a big ball. Flour a board, and, working in batches, flatten the dough with a rolling pin or your hands. Use a small glass, such as a shot glass, to cut out cookies. Bake for eight - ten minutes, until the bottoms are golden brown. Makes about 60 cookies.

For the frosting, put confectionary sugar in a bowl, and mix in vanilla and lemon juice. Add hot water, a little at a time, until you get a good consistency. When cookies are cool, take a spoon, drizzle frosting on them, and dip in

sprinkles.

Party Punch

one small can of frozen fruit punch
one pint of strawberries
2 liters Sprite
gin to taste (usually 1/4 of a 1.75 liter bottle)

In a large bowl, mix all ingredients together and add ice. Enjoy!

Paula welcomes your recipes and family stories. Please send them to paula.wilmingtoncooks@hotmail.com.

Town Crier

Tewksbury - Wilmington

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Cleanup set to proceed at Industri-Plex Site in Woburn

Site located on close to Wilmington and Reading lines

WOBURN - A comprehensive settlement between the federal government, the Pharmacia Corporation and Bayer CropScience Inc. was entered by the U.S. District Court for the District of Massachusetts several weeks ago, the Environmental Protection Agency announced today.

The settlement, contained in a CERCLA Consent Decree, ensures the second phase of cleanup actions at the Industri-Plex Superfund Site in Woburn will proceed.

Last week, at the request of the Mayor, the City Council set a special meeting for Monday, January 13, at 7 p.m. in City Hall on the issue of the cleanup of the Industri-Plex off Commerce Way near the Wilmington, Reading lines. The estimated \$25.7 million

cleanup plan addresses soil, sediment, groundwater and surface water contamination at the site.

The site is primarily contaminated with heavy metals such as arsenic, as well as ammonia, and volatile organic compounds such as benzene.

The settlement calls for the companies to pay EPA's future oversight costs, as well as to reimburse the United States Treasury for past response costs plus interest, the EPA announced.

Under the terms of the consent decree, the settling parties are required to implement the January 2006 "Record of Decision," a comprehensive cleanup plan for the second phase at the site.

The plan calls for the parties to address soil, sediment,

groundwater and surface water contamination at the site. EPA will work closely with the community as this work progresses.

Work required under the settlement includes: dredging and off-site disposal of contaminated sediments; modifying an existing pond as a treatment and sediment retention area; establishing institutional controls; constructing wetlands to compensate for wetlands impacted by the cleanup; and long-term monitoring of the groundwater, surface water and sediments to ensure that cleanup measures continue to protect human health and the environment.

Chemical and glue operations occurred at the Woburn site for more than a century, from approximately 1853 to 1969. The Industri-Plex site was added to

the national Superfund list in 1983 due to soil, sediment and water contamination from heavy metals including arsenic, ammonia and volatile organic compounds such as benzene.

The site contains four animal hide piles capped as part of an earlier cleanup action, and includes portions of the Aberjona River and associated wetlands.

Pharmacia Corporation is a successor to the Monsanto Company, which manufactured chemicals at the site. Bayer CropScience Inc. is a successor to Stauffer Chemical Company, which manufactured glue products at the site.

More information: EPA's Industri-Plex Superfund Site Web site (epa.gov/region1/superfund/sites/industriplex/)

Winchester Hospital Sleep Disorders Center offers free program for people with Sleep Apnea

WINCHESTER

Approximately 18 million Americans aren't getting a good night's sleep due to sleep apnea, a disorder in which breathing is interrupted through excessive snoring, pauses in breathing and episodes of choking or gasping. In addition to causing excessive daytime sleepiness and other symptoms, sleep apnea has been linked to medical conditions including diabetes, hypertension, stroke and heart disease.

According to Dr. Najmuddin Patwa, medical director of Winchester Hospital's Sleep Disorders Center which is located in Woburn, sleep apnea affects people of all ages, but is twice as common in men than in women. Gauging the severity of the problem is difficult until it is appropriately evaluated.

Dr. Patwa will be available to answer questions regarding sleep from members of the community at an A.W.A.K.E. (Alert, Well And Keeping Energetic) session on Wednesday, Jan. 28 from 6 to 9 PM. The event will be held down the hall from the entrance to the Sleep Disorders Center, in the first floor Keating Conference Room of Baldwin Park I, 12 Alfred St. in Woburn.

A home health care provider from Winchester Hospital will join Dr. Patwa in presenting the workshop, which is designed to increase awareness of sleep disorders and related health concerns. Sleep apnea patients are encouraged to bring CPAP (Continuous Positive Air Pressure) machines, nasal masks and other sleep disorder aides for testing and evaluation. Tours of the Winchester Hospital Sleep Disorders Center will be given from 6 to 7:45 PM, and refreshments will be provided.

"It's important for people

with sleep apnea and all other sleep disorders to discuss their problems with their health care providers," said Dr. Patwa, a diplomate of the American Board of Sleep Medicine. "Because our sleep time occupies one-third of our lives, its impact is significant."

Accredited by the American Academy of Sleep Medicine, the Winchester Hospital Sleep Disorders Center diagnoses and treats all sleep disorders, including sleep apnea, narcolepsy, parasomnia, chronic insomnia, circadian rhythm abnormalities, Seasonal Affective Disorder (SAD), Periodic Limb Movement Disorder and Restless Legs Syndrome (RLS).

To learn more or make an appointment at the Winchester Hospital Sleep Disorders Center in Woburn, call (781) 756-2325. All insurance plans are accepted.

About Winchester Hospital

Winchester Hospital is the first community hospital in Massachusetts to earn Magnet recognition, the American Nurses Association's highest honor for nursing excellence. As the northwest suburban Boston area's leading provider of comprehensive health care services, the 229-bed facility provides care in orthopedics, general and vascular surgery, pediatrics, cardiology, pulmonary medicine, oncology, gastroenterology, rehabilitation, radiation oncology, pain management, obstetrics/gynecology and a Level IIB Special Care Nursery. Winchester Hospital has clinical affiliations with several nationally recognized hospitals in the region, including Children's Hospital Boston, Tufts Medical Center and Beth Israel Deaconess Medical Center. To learn more, visit www.winchesterhospital.org.



Community Calendar

send your item to:
calendar@yourtowncrier.com

Wilmington

Tues. & Thurs. Jan 6-Feb 12: 7:30 - 8:30 p.m. Water Aerobics offered at Shaw. Tech Pool. \$72. For more info, call 978-658-4270.

Jan. 10 - Feb. 14: Register by Monday, December 1 for Junior Basketball for grades 1 & 2 at the Shawsheen School Gym. For more info, call 978-658-4270.

Tues. Jan. 6, 13, 20, 27, Feb. 3, 10: 9:30 - 10 a.m. Library hosts "Story Times for Three Year Olds."

Thurs. Jan. 8, 22, and Feb. 5: 10:30 - 11 a.m. Library hosts "Time for Twos" a story time program for caregivers and two year-olds.

Fri. Jan. 9, 16, 23, 30, Feb. 6, 13: 9:30 - 10 a.m. Library hosts "Story Times for Three Year Olds."

Thurs. Jan. 15, 29, and Feb. 12: 10:30-11 a.m. Library hosts "Baby Time" a story time session most appropriate for the early walker with caregiver.

Feb. 13: 7 p.m. 2nd Annual Comedy Night hosted by the Wilmington Chamber of Commerce at The Shriners Auditorium Fez Room on 99 Fordham Road. Tickets cost \$15. Tables of 10 available. For tickets, call Nancy Valee at 978-657-7211.

Feb. 14: 3 p.m. Wilmington Rec. Dept. hosts trip to Mohegan Sun, \$35, includes motorcoach, transportation, \$10 free bet, and \$10 food coupon. Arrive back in Wilmington at approximately 1 a.m. For more info call, 978-658-4270

Tewksbury

Sun. Jan. 5: 1-2:30 p.m. The Tewksbury Special Education Parent Advisory Council will start their 2008-2009 Little Reds Basketball season at the Tewksbury Memorial High School. The program will run for 10 weeks. Registration is still available.

Wed. Jan. 14: 10:30 - 11 a.m. Mother Goose on the Loose Series: Class 1 at the Public Library. Call 978-640-4496 for more info.

Wed. Jan. 14: 6:30 - 8 p.m.

Huntington Support Group at the Trustee's Room at the Public Library. Call 978-640-4496 for more info.

Thurs. Jan. 15: 2-2:30 p.m. Preschool Story time for Children ages 3 to 5. No registration required. Located in Story Time room in the Public Library. Call 978-640-9946 for more info.

Fri. Jan. 16: 10:30 - 11 a.m. Drop in Mother Goose on the Loose story time session for children under 3 years old. No registration required. Takes place in the Meeting Room at the Public Library. Call 978-640-9946 for more info.

Fri. Jan. 16: 10:30 a.m. - 2 p.m. NE Homeland Security discussion on Pandemic Flu in the meeting room of the Public Library. Call 978-640-9946 for more info.

Sat. Jan. 17: 12 p.m. - 3 p.m. Olde Time Games at Tewksbury Library featuring activities for children 6-10 years of age.

Sat. Jan. 17: 12 p.m. - 3 p.m. Tewksbury Teen Center holds Winter Games at the Tewksbury Teen Center including Arena Soccer and indoor games. Activities will go on regardless of weather. Sign up at the Teen Center.

Sat. Jan. 17: 11 a.m. - afternoon. Tewksbury's Country Club will hold a special menu of famous people's famous food favorites, fashioning a menu of food from past ages. Historical Society will set up a special, one-day exhibit with historical products to sell.

Sat. Jan. 17: The Tewksbury Historical Society will give a "Historical Tour of Livingston Street" and a free "Tour of the Public Health Museum." Cost for Members, \$4. Children of members, \$1. Non-members, \$5. Children of non-members, \$2. Purchase tickets by emailing tewksburyhistoricalsociety@msn.com or at the Tew-Mac Tavern on Jan. 17.

Sat. Jan. 17: 8:30 - midnight. The Singles Executive Club will hold a dance at the Holiday Inn

on 4 Highwood Drive in Tewksbury. Ages 35+. Complimentary hors d'oeuvres will be served from 9-10. Proper business attire is required; gentlemen need a sports jacket with a collared shirt. No jeans or sneakers. Call 781-446-0234 or email singlesexec222@comcast.net for more info.

Sun. Jan. 18: 7:30 11:30 a.m. The 275th Anniversary Committee will sponsor a breakfast at the Senior Center. \$6 per adult, \$3 children age 3-12, children under 3 eat free. Benefits "Friends of the Patriotic Activities Committee."

Tues. Jan. 20: 11 -11:30 a.m. Preschool Story Time for Children ages 3 to 5 in the Story Time Room of the Tewksbury Library. Call 978-640-9946 for more info.

Tues. Jan. 20: 2-4 p.m. Snowman Building Day for children ages 5 to 12. Dress warmly and meet in the Meeting Room of the Tewksbury Library. Call 978-640-9946 for more info.

Wed. Jan. 21: 3:30 - 4:30 p.m. Read to Me Book & Craft Club for children grades K to 3. Monthly book discussion group featuring this month's book, One Grain of Rice by Demi. Call 978-640-9946 for more info.

Wed. Jan. 21: 6:30-7:45 p.m. Shawsheen River Watershed meeting in the Meeting Room at the Tewksbury Library. Call 978-640-9946 for info.

Feb. 13: "Big Bang Bash" at the Tewksbury Country Club to benefit Annual Memorial Day Parade, Fourth of July Celebration, Fireworks, and Veteran's Day Events.

Visit www.tewksburypl.org for more events hosted by the Tewksbury Library!

Acton

Jan 8, 15, 22: 7:30 - 8:30 p.m. Colonial Spirit Chorus offers free vocal lesson, \$10 for materials. Regular rehearsals held Thursday evenings at 7:15 p.m. at the Church of the Good Shepherd on Newtown Road in Acton. visit www.colonialspirit.org.

"This program is also of vital importance to Massachusetts, where the program was first developed, because it is a critical component of our universal Massachusetts Health Care Plan.

"President-elect Obama has pledged to sign this much-needed legislation and I am grateful for his commitment to this issue of children's health care.

"During this severe economic downturn, increasing numbers of parents across the country are having great difficulty finding affordable health insurance for their children. The bill approved by the House today helps to ensure that all children have access to the healthy start in life they deserve."

Dorcas Grigg-Saito, CEO of Lowell Community Health Center, recently described the

Lawrence

Mon. Jan. 5 - Feb. 23: 1-3 p.m. Computer Basics II Course for Seniors at SeniorNet Computer Learning Center located at 360 Merrimack St in Lawrence.

Tues. Jan. 6 - Feb. 24: 1-3 p.m. Exploring Windows XP class for Seniors at SeniorNet Computer Learning Center located at 360 Merrimack St in Lawrence.

Wed. Jan. 7 - Feb. 25: 1-3 p.m. Internet & Email Class for Seniors at SeniorNet Computer Learning Center located at 360 Merrimack St in Lawrence.

Thurs. Jan. 8 - Feb. 26: 1-3 p.m. Computer Basics I Class for Seniors at SeniorNet Computer Learning Center located at 360 Merrimack St in Lawrence.

Fri. Jan. 9 - Feb. 27: 1-3 p.m. Computer Basics II Class for Seniors at SeniorNet Computer Learning Center located at 360 Merrimack St in Lawrence.

Reading

Sun. Dec. 14: Burbank YMCA Winter 2009 session registration. Classes start Sunday, January 4 and run to Sat. Feb. 28.

Wakefield

Mon. Jan. 26: 7-9 p.m. Wakefield Lakesiders Toastmasters club meets at the Americal Civil Center in Wakefield on the second and fourth Mondays of the month. Visit www.district31.org for more info.

Sat. Feb. 7: 8 p.m. Linden Tree presents: "A Night to Laugh with Don White and Curt Bessette" at the Linden Tree Coffeehouse at the Unitarian-Universalist Church, 326 Main St, \$15. Call 781-246-2836, email lindentree85@comcast.net, or LindenTreeCoffeehouse.org for more info.

Woburn

Wed. Jan. 28: 6-9 p.m. Winchester Hospital Center offers free program for people with sleep apnea. Takes place held down the hall from the entrance to the Sleep Disorders Center, in the first floor Keating Conference Room of Baldwin Park I, on 12 Alfred Street

Tsongas votes to expand children's health care program

Nearly 200,000 children in Massachusetts to benefit

WASHINGTON, DC - Congresswoman Niki Tsongas voted recently to expand health care coverage for 11 million children, including nearly 200,000 children in Massachusetts. Tsongas released the following statement on the bill which was passed by the House on Wednesday, January 14.

"My first vote in the House of Representatives was to override the President's ill-advised veto of legislation, which would have expanded health care for children. While the veto override was unsuccessful, the urgency surrounding this issue has not subsided. In fact, in the year since his veto, the economic downturn and the millions of jobs that have been lost have only compounded the problem of millions of children forced to live without access to affordable

health care. Action on this vital legislation is long overdue. I am pleased that the House voted this afternoon to provide health care coverage to 11 million children whose families simply cannot afford private insurance, and that our bipartisan voices will not just be silenced with a veto pen.

"The bill passed today renews and improves the State Children's Health Insurance Program, reauthorizing it for four and a half years. It ensures that the 7 million children who currently participate in the health care program continue to receive coverage, while extending coverage to 4 million currently uninsured children. Under the bill, quality dental coverage will now be provided to all children enrolled in the program.

"This program is also of vital importance to Massachusetts, where the program was first developed, because it is a critical component of our universal Massachusetts Health Care Plan.

"President-elect Obama has pledged to sign this much-needed legislation and I am grateful for his commitment to this issue of children's health care.

"During this severe economic downturn, increasing numbers of parents across the country are having great difficulty finding affordable health insurance for their children. The bill approved by the House today helps to ensure that all children have access to the healthy start in life they deserve."

Dorcas Grigg-Saito, CEO of Lowell Community Health Center, recently described the

local impact of the State Children's Health Insurance Program. "From the local perspective in Lowell, the State Children's Health Insurance Program is critical to expanding coverage to children in families that do not make enough money to purchase private health insurance but make too much to qualify for Medicaid. Access to health insurance is the first step to true access to quality health care that also addresses geographic, cultural, linguistic barriers to care. Without this coverage some families must choose between seeing the doctor when they are sick and buying food for their families. In these economic times SCHIP eliminates the need to make that choice."

Test your food allergy knowledge

How much do you really know about food allergies? Take this brief quiz to find out.

LAKE FOREST, CA - It is now estimated that more than 12 million Americans suffer from food allergies. How knowledgeable are you about this condition? Can you pass this simple quiz? The answers may surprise you!

True or False?

1. Food allergy is, at most, a minor inconvenience. The most severe symptoms it can cause are digestive problems and headaches.

2. Eating a small amount of an allergen can only cause a minor reaction.

3. The standard treatment for food allergy is a two- to three-year series of shots given at an allergist's office, which leads to a complete cure.

4. Special precautions must be taken when cooking for a person with food allergies.

5. Severe allergic reactions to food are treated with over-the-counter antihistamines.

Answers:

1 and 2: Both false. For many of those with food allergies (often children) and their loved ones, food allergy is far more than a minor inconvenience... eating even a tiny amount of allergen can cause an almost immediate severe reaction, which can rapidly lead to death. Those with life-threatening food allergies are at risk of literally "dropping dead" if they eat the wrong thing.

3: False. While allergy shots often work well for environmental allergies, there currently is no proven or FDA-approved cure for food allergies. The only "treatment" is complete avoidance of the offending allergen(s).

4: True. For many, "complete avoidance" means avoiding foods which contain any amount of allergen as an ingre-

redient - as well as foods which have merely touched an allergen or touched a food which contains an allergen. Special care must always be taken when cooking for a person who has severe food allergies.

*5: False. Antihistamines will not reverse or stop a life-threatening allergic reaction to food. The current recommendation is an immediate (often best within 30-60 seconds) injection of epinephrine (available by prescription in a self-injectable device), followed by a call to 911 for immediate transport to a hospital for further medical treatment.

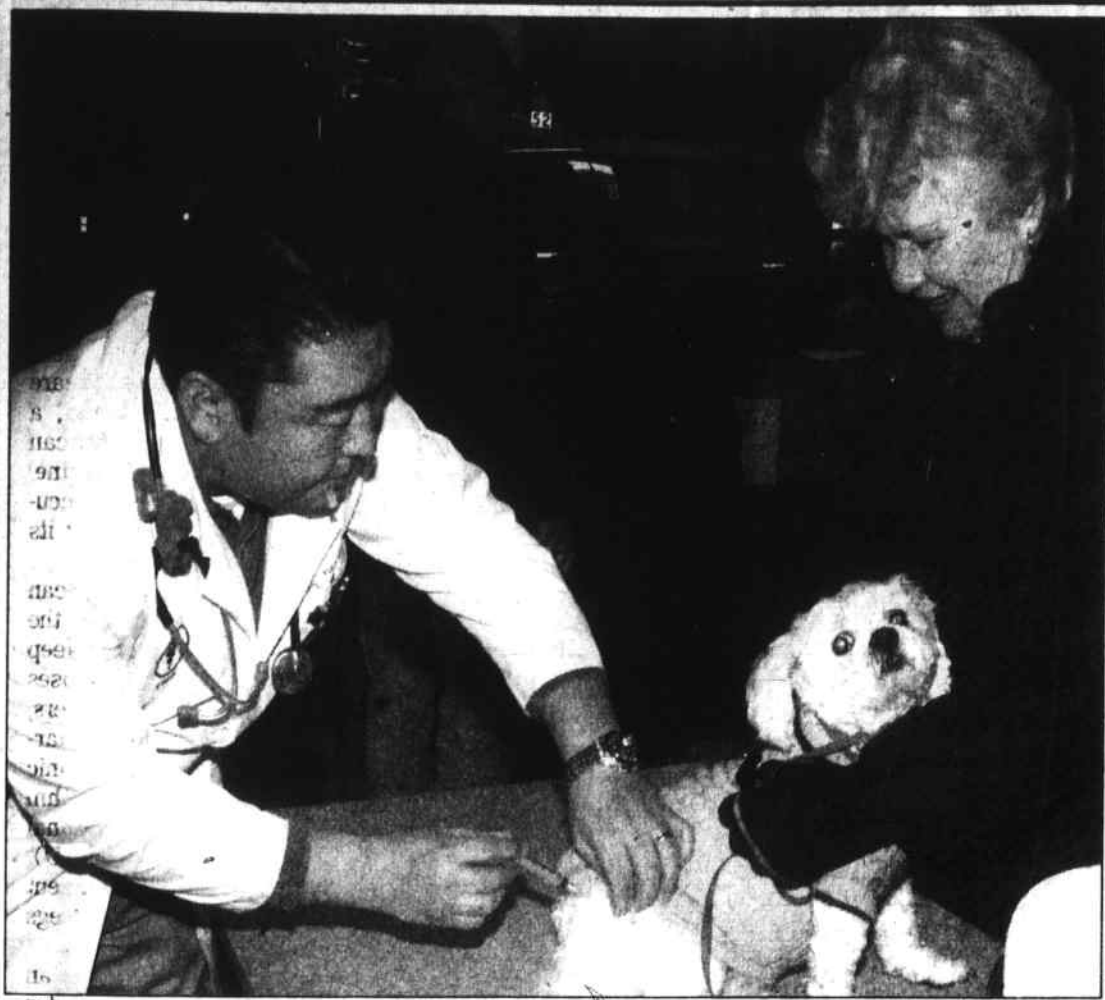
Those with severe, potentially life-threatening food allergies and their families face numerous challenges, including getting others to take the allergy seriously, creating a safe school environment (for food allergic children), dealing with social situations, travel and restaurants, and figuring out what to eat on their restricted diet. These books help solve all of these problems. Linda Coss has written three books for the food allergy market:

"What's to Eat? The Millers Free, Egg-Free, Nut-Free Food Allergy Cookbook"

"What Else is to Eat? The Dairy-, Egg-, and Nut-Free Food Allergy Cookbook"

"How To Manage Your Child's Life-Threatening Food Allergies: Practical Tips For Everyday Life"

These books provide a huge selection of delicious recipes (over 260 altogether) that are all completely free of milk, eggs, peanut, and tree nut ingredients, as well as the step-by-step information that parents and caregivers need to keep a food-allergic child safe. All three books are available at www.FoodAllergyBooks.com, at Amazon.com, and at various retailers nationwide.



Senior Lunches

Week of Jan. 19, 2009

Monday: Martin Luther King Jr. Day. No Lunch Served.

Tuesday: Herb roasted chicken, carrot coins, whole wheat bread, apple slices.

Wednesday: Macaroni & cheese, stewed tomatoes, French bread, orange wedges, ice cream cup.

Thursday: Roast turkey w/gravy, whipped potatoes, butternut squash, whole wheat roll, cranberry sauce, cookie.

Friday: Baked fish, rice pilaf, spinach, pumpernickel bread, pineapple.

Dr. James Kim gave rabies shots to dogs and cats registered in Tewksbury on Saturday at the DPW. Barbara Marshall brought her dog Sammy to see the good doctor.

photo by Maureen Lamoureux
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Daniel Mills named to Dean's List at Providence College

PROVIDENCE, RI - Daniel Mills, a resident of Wilmington, and a member of the class of 2012 has been named to the Dean's List at Providence College for the Fall 2008 semester. To qualify for the Dean's List, students must achieve at least a 3.5 grade point average with a minimum of 12 credits.

Providence College is the only college or university in the United States administered by the Dominican Friars. The

Catholic, liberal arts college has an undergraduate enrollment of approximately 3,800 students and offers degrees in 48 academic majors. For the last twelve years, Providence College has been ranked as one of the top two regional universities in the north in U.S. News' America's Best Colleges. The College achieved the #2 position in the year 2008 edition of the popular college guide.

Kristen Breslin on Emmanuel College Fall 2008 Dean's List

BOSTON - Emmanuel College in Boston recently announced recipients of Dean's List awards for the fall 2008 semester, which included Kristen M. Breslin of Wilmington. Students earning a grade point average of 3.5 or higher are awarded the distinction of Dean's List.

Emmanuel College, founded by the Sisters of Notre Dame de Namur in 1919, is a coed, residential, Catholic liberal arts

and sciences college located in the heart of the city of Boston. Its beautiful 17-acre campus is neighbored by a world-class medical center, two major art museums and Fenway Park. Its unique location allows students and faculty opportunities to explore real world experiences through internships, research and strategic partnerships within the Longwood Medical area and the city of Boston.

Guitar Hero:

Inspiring kids to rock?

WOBURN - What started out as just a video game has since seemed to turn young kids into aspiring musicians.

Since Guitar Hero's release in 2005, over 14 million units have been sold in North America according to International Business Times. This video game is perhaps responsible for peaking the interest of an entire generation of potential guitarists, inspiring them to pick up the 'real thing'.

The ability of these games to emulate an attractive 'real' rock experience from breaking out their shredding skills to the crowd cheering them on in adoration, makes the child yearn for an experience like that of their own.

"The increase in guitar sales for younger kids I believe is directly inspired by their Guitar Hero experience," says Joe Mullens, owner of Performance Music Center in Woburn.

According to the European magazine publication, Total Guitar, of 3,500 people surveyed over 1,000 said they had taken up a musical instrument as a result of playing games like Guitar Hero. There has been a huge rise in sales of the games as well over the last 6 months, with guitar being the instrument of choice for 43% of gamers.

Performance Music Center guitar instructor Joe Paul says that about 50% of his younger students have Guitar Hero. "Sometimes it's hard to find common ground with kids and

their musical tastes," says Joe, "but you start playing 'Sunshine of Your Love' and their face lights up, because they played that song in Guitar Hero. It really bolsters and sustains their interest in wanting to learn the guitar."

Abby Johnson, a parent of two students at Performance Music Center, thoroughly believes that her children's desire to play a musical instrument was magnified by video games like Guitar Hero.

"Songs that they've heard and played on Guitar Hero have made them want to learn that song on their 'real' guitar," says Abby. "It also inspired a love for classic rock songs, which thrilled me because those are the songs that I know from growing up."

Playing Guitar Hero also boosts their confidence when they do pick up a 'real' instrument," says Bill Meehan, guitar instructor at Performance Music Center. "Whether it applies directly or not, they already feel like they have some musical experience."

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SUNDAY 12 NOON - 7PM
NORTH READING
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EXIT 39 OFF RT 93 CONCORD ST

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Ruffino Chianti	1.5 Lit	\$11.99	Fortissimo	4 Liter	\$11.99
Bolla All Flavors	1.5 Lit	\$9.99	Kris Pinot Grigio	750 ML	\$8.99
Sutterhome White Zin	750 ML	2/\$7.00	Clos Du Bois Chard	750 ML	\$8.99
Estancia Chardonnay	750 ML	\$7.99	Wild Horse Cab	750 ML	\$12.99
Jadot Macon Village	750 ML	\$8.99	Ch St Jean Chard	750 ML	\$8.99
Martini & Rossi Asti	750 ML	\$9.99	Glen Ellen Wines	1.5 Lit	SALE
Ecco Domaini Wines	750 ML	\$8.99	Lumina Pinot Grigio	750 ML	\$8.99

Liquor Specials

Grand Marnier	750 ML	\$28.99	Amaretto Di Saronno	750 ML	\$19.99
Dewars Scotch	1.75 L	\$30.99	Jack Daniels	1.75 L	\$35.99
Cutty Sark	1.75 L	\$25.99	Sauza Gold Tequila	1.75 L	\$27.99
Canadian Club	1.75 L	\$17.99	Pinnacle Vodka	1.75 L	\$15.99
Smirnoff Vodka	1.75 L	\$20.99	Stoli Vodka 80	1.75 L	\$29.99
Crown Royal	750 ML	\$21.99	Captain Morgan	1.75 L	\$25.99
Rubinoff Vodka 80	1.75 L	\$9.99	Malibu Coconut	1.75 L	\$24.99

Beer Specials

Coors Light Cans	30 PK	\$18.99	Xtra Gold Cans	30 PK	\$12.99
Milwaukees Best	30 PK	\$13.99	Red Dog Cans	30 PK	\$14.99
Pabst Cans	30 PK	\$14.99	Michelob Btls	18 PK	\$12.99
Molson Btls	2-12 PK	\$17.99	Heineken Btls	12 PK	\$11.99
Busch Reg/Light Cans	18 PK	\$7.99	St. Pauli Girl Btls	12 PK	\$9.99



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Dixie Party Cups 16 oz 32ct.	2/\$5.00
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OBITUARIES

John Antonuk

Navy Signalman during WWII; 90

TEWKSBURY - John Antonuk, age 90, a WWII Veteran, died unexpectedly at his West Palm Beach, Florida, winter home on Monday morning, January 5, 2009. He was the former husband of the late Sophie Antonuk, and the late Joanna Antonuk.

He was raised in the West End of Boston, and Somerville, and was son of the late Samuel and Lynna Antonuk. He retired to Arizona, in 1976, and returned to Tewksbury in 2003. He had wintered in West Palm Beach in Florida, since his return to Massachusetts.

He was a member of Christ the King, Ukrainian Church in Forest Hills, and a former communicant of St. Joseph's Church in Boston's West End.

During WWII, he served in the U.S. Navy as a signalman aboard the USS Monticello, and the USS Valeria. He was the oldest of five brothers who served concurrently during the war.

He began his career as a steel cutter for the A.O. Wilson Steel Erectors, and then became a shipfitter at the Boston Navy Yard. He finished his work career and retired from the maintenance department at Babson College.

He is survived by a brother, Philip Antonuk with whom he



had resided for the past 6 years in Tewksbury and Florida; a sister-in-law, Mary (Pecola) Antonuk of Billerica; and several nieces and nephews.

He was also brother of the late Joseph Antonuk, Michael Antonuk, and James Antonuk, who was killed in England during WWII; and brother-in-law of the late Florence (Yurewicz) Antonuk, and Olga (Schuster) Antonuk.

His Funeral Mass was celebrated Saturday January 10, at 11:00 a.m. in Christ the King Ukrainian Church, 146 Forest Hills Street, Boston, MA. Burial will follow at Mt. Hope Cemetery, Boston. Visiting hours were Friday in the Tewksbury Funeral Home, corner of Dewey and Main Sts. (Rte 38) Tewksbury.

Memorial contributions may be made to the charity of donor's choice.

tewksburyfuneralhome.com

Alice E. McFeeters

Memorial Service will be held on Saturday

WILMINGTON - Mrs. Alice E. (Garland) McFeeters, age 90, of Wilmington, died Friday, November 21, 2008, at the Wilmington Healthcare Center. Alice was born in Merrimac, MA, on January 21, 1918 and she was the daughter of the late John F. & Florence (Hitchcock) Garland.

Alice moved to Wilmington in 1950 to raise her family, in 1973 she moved to Santa Barbara, California and returned to Wilmington in 1989, where she resided until her death. While in California, Alice was a member of the Rebekah Lodge of Santa Barbara.

Prior to retirement, Alice worked for the Raytheon Company for over 30 years.

In her spare time, Alice loved to cook, travel, crochet, knit, and go for her daily walks.

Her family and friends will remember her as the Greatest

Mom in the world to all her children.

Alice was the beloved wife of the late Robert McFeeters for 48 years until his passing in 1985, she was the devoted mother of George & Judith McFeeters and Michael & Sandra McFeeters all of Wilmington, Kenneth McFeeters and Robert & Aki McFeeters all of California, Kathleen & the late Rufus Patterson of Florida, Richard & Dorothy McFeeters of Brighton, and her "special son" the late David J. Dingle, loving grandmother of 14 grandchildren, 13 great-grandchildren, and 7 great-great-grandchildren.

A Memorial Service for Alice will be held on Saturday, January 17, 2009 at the Nichols Funeral Home, Inc., 187 Middlesex Ave., Wilmington at 2:00 p.m.

Jeanne H. (Janina) Yutkins

Formerly of Somerville, 85

TEWKSBURY - Jeanne H. (Janina) (Preckol) Yutkins, age 85, died Tuesday morning, Jan. 13, 2009, at Blairehouse of Tewksbury after a brief illness. She was born on October 20, 1923 in Boston, a daughter of the late Alexander and Eva (Szocik) Preckol. She was the beloved wife of the late Stanley J. Yutkins who died in 1996. She was raised in Boston's West End, resided in Somerville for fifty-two years before moving to Tewksbury in 2001.

She retired from Shawmut Bank where she had been employed for twenty-two years. In her retirement, she had been a frequent visitor to the Tewksbury Senior Drop-In Center, a member of the Golden Age Club, the Tewksbury-Wilmington Emblem Club, and Tewksbury Red Hatters. She was formerly a communicant of St. Catherine's Parish in Somerville and more recently a communicant of St. William's Parish. She loved to travel throughout the United States, had been on twenty-three cruises, and especially enjoyed Las Vegas, NV.

She is survived by seven children and their spouses; Stanley C. and his wife Maryann Yutkins of Burlington, Jeanne T. (Yutkins) and her husband David Ryan of Coconut Creek, FL, Elizabeth A. "Betty" (Yutkins) Pelletier of Lanesboro, Joseph P. and his wife Ellen Yutkins of Billerica, Richard F. and his wife Joan Yutkins of Billerica, Eva M. Yutkins-Kennedy and her husband Jack Kennedy of Tewksbury, and Helen T. (Yutkins) and her husband



Scott Berry of Somerville; a sister, Mary Urbanowicz of Somerville, a brother Joseph and his wife Lillian Preckol of Woburn; seventeen grandchildren, nine great grandchildren, many nieces, nephews and friends.

She was the sister of the late Peter and his wife the late Adeline Preskul and the late Stella Preckol.

Her Funeral will be held Friday, Jan. 16, at 9:00 a.m. from the Tewksbury Funeral Home, corner of Dewey and Main Sts. (Rte 38), Tewksbury Center, phone (978 or 800 in MA) 851-2950. Her Funeral Mass will be celebrated at 10:00 A.M., in St. William's Church, 1351 Main Street, Tewksbury. Visiting hours will be Thursday from 4:00 P.M. to 7:00 P.M. in the funeral home. Burial will be at the National Cemetery in Bourne (Cape Cod), MA, at 2:00 p.m. on Friday.

Donations to the Tewksbury Friends of the Elderly, Building Fund, 175 Chandler St., Tewksbury, MA 01876, will be appreciated.

tewksburyfuneralhome.com

Frederick J. Kelly

Retired from MacLellan Concrete; 82

TEWKSBURY - Frederick J. Kelly, age 82, died Sunday, January 11, 2009, at Saints Medical Center in Lowell after a long period of declining health. He was the husband of Anna F. (Feran) with whom he had celebrated 63rd wedding anniversary this past June 28th.

He was born in New Brunswick, Canada, on August 1, 1926, one of ten children of the late Michael and Catherine (McKenna) Kelly. He emigrated to the U.S. in 1965, and had lived in Tewksbury.

He retired as a driver for the MacLellan Concrete Company in 1988, and was a former member of the Teamsters Local 49, AFL-CIO.

As a resident of Tewksbury, he was a communicant of St. William's Church.

Besides his wife he is survived by two sons and a daughter-in-law, Paul and Lita Kelly of Lowell, Michael Kelly of Tewksbury; a daughter and son-in-law, Cathy (Kelly) and her husband Martin Wood of Bow, NH; three grandsons, Philip Kelly of Lowell, Ryan Reynolds of Bow, NH, and Joseph Reynolds and his fiancée Jessica Cabral of Attleboro, MA; a great granddaughter, Aubrie



Mae Reynolds; a sister, Margaret "Peggy" Graham of Ontario, Canada; a brother and sister-in-law, John "Jack" and Theresa Kelly of Winnipeg, Canada.

His Funeral Mass will be celebrated Saturday, January 17, at 10:00 a.m. in St. William's Church, 1351 Main St. (Rte 38), Tewksbury followed by burial in St. Mary's Cemetery, No. Tewksbury. At his request visiting hours are omitted. In lieu of flowers, memorials to the Oblate Father's Infirmary Fund, P.O. Box 419, Tewksbury, MA 01876 will be appreciated. Arrangements are through the Tewksbury Funeral Home.

Harold E. Roche

WWII Flight Instructor; machinist for United Carr Fastener/TRW

WILMINGTON - Harold E. Roche passed away at the Sawtelle Hospice House in Reading, on Friday, January 9, 2009. He was 99 years of age.

Harold was born in Somerville, moved to Melrose at the age of 7, was a Melrose resident for 88 years and had been living in Wilmington the past 5 years.

Harold attended Melrose Schools and enjoyed playing ice hockey and running.

Mr. Roche served in the US Army Air Corps as a flight instructor during WWII. He attended flight school in Westfield, MA and remained a flight instructor for the War Service Training Program. He was assigned to the US Army Airforce 53rd AAFDD Division at the Carlstrom Field, Florida, training many fighter pilots for WWII.

Harold worked as a machinist for more than 35 years at United Carr Fastener/TRW in Cambridge, MA. Also, Mr. Roche worked as a part-time flight instructor at the Revere & Beverly Airports until the mid 1970's.

Harold enjoyed his annual trip to Cape Breton, Nova Scotia until his 94th birthday. He was an avid pilot, enjoyed photography & boating and thoroughly enjoyed watching his 2 granddaughters sporting events. Harold was a frequent visitor at the VFW Post in Saugus, the Omelet House in Wakefield and was a founding member of



Incarnation Church in Melrose.

Mr. Roche was the husband of the late Antoinette (Mury) Roche. Loving father of Anne Marie Braid & her husband Bob of Wilmington. Devoted grandfather of Alicia & Julie Braid. Brother of the late Willard & Francis Roche. Brother-in-law of Reta Roche of Melrose & Joseph Mury of Nova Scotia. Also survived by several nieces & nephews.

Funeral from the Gately Funeral Home, 79 W. Foster St. Melrose, on Wed. Jan. 14th at 9 a.m. Funeral Mass in The Church of the Incarnation, 425 Upham St. Melrose, at 10 a.m. Relatives & friends invited. Visiting hours Tuesday 3-7 p.m. In lieu of flowers memorial contributions may be made in Harold's name to Sawtelle Family Hospice House, 320 Haverhill St. Reading, 01867.

For obituary, directions to order flowers or sign guest book please visit www.gatelyfh.com

Representative James Miceli to hold office hours

Representative James Miceli will be holding office hours for the Town of Wilmington, Monday January 26th from 9:30-11:00 AM at the Wilmington Senior Center and also from 6:30-8:00 PM at the Wilmington Town Hall.

Representative James Miceli will be holding office hours for the Town of Tewksbury, Tuesday January 27th from 9:30-11:00 AM at the Tewksbury Town Hall and also from 6:30-8:00 PM at the Tewksbury Public Library.

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Join us for this eight-session

class on Wed, February 11 through April 8 (excludes Feb 25) from 7-9 pm. The cost is \$25 per person, which includes a Bible Timeline chart, the Student Guide workbook, and memory aids. Register at the rectory in person or call 978-851-7331 by Jan 30th.

For more information contact Fr. John Hanley, OMI at 978-851-7331 or Eileen Wood at 978-858-3634 (home) or 978-851-1304 (work).

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Winchester Hospital holds 22nd Annual Meeting

WINCHESTER - Winchester Hospital President and CEO Dale Lodge celebrated the hospital's many 2008 accomplishments at the 22nd annual meeting of the Winchester Healthcare Management Corporation. More than 200 Winchester Hospital board members, corporators, physicians, hospital administrators and other supporters attend-

ed the event on Tuesday, Dec. 9 at Café Escadrille in Burlington.

In a look back at the many successes of the past year, Lodge noted the hospital's recognition as the top place to work in Massachusetts by The Boston Globe and Boston Business Journal. In addition, Winchester Hospital was ranked No. 2 nationally by Data Advantage in its

Hospital Value Index based on cost, quality and the patient experience.

Internal measures also were exceptional. Nursing recognition included a recent physician survey indicating 100 percent satisfaction with nursing care and redesignation of Magnet status by the American Nurses Credentialing Center. Patient sat-

isfaction survey scores placed Winchester Hospital in the 92nd percentile for inpatient and the 99th percentile for outpatient when compared to other Massachusetts hospitals. Winchester Hospital also earned unanimous approval from the town's Planning Board for its development of a cancer care center at 620 Washington St. in Winchester.

Lodge himself was honored at the event for his 10-year anniversary as president and CEO of Winchester Hospital. The hospital's leadership training program has been officially named The Dale Lodge Leadership Forum, in

recognition of his commitment to building strong, empowered and high-performing health care leaders.

Paul Andrews, chairman of the hospital's board of directors, thanked Lodge and all attendees for their ongoing commitment of time, talent and treasure to Winchester Hospital. He specifically acknowledged Dan Ahearn and his fellow investment trustees, Bob Willing and Paul Kaplan, who have served the hospital for more than 30 years.

In additional reports, Dr. Gloria Korta, president of Winchester Hospital's medical staff, shared her continuing commitment to

enhancing physician communication through updates regarding key quality measures, patient satisfaction and building projects. Lynn Nicholas, president of the Massachusetts Hospital Association, discussed the importance of health care in Massachusetts and the trend toward data transparency in health care.

Andrews closed the evening by thanking corporators for their unwavering support. He said, "The future will certainly bring with it many new challenges, but I am confident that Winchester will continue to thrive and excel."



"Annual Meeting Dale basket": Paul Andrews, chairman of Winchester Hospital's board of directors (right) presents Dale Lodge (left) with a gift basket to commemorate Lodge's 10-year anniversary as president and CEO of the hospital. During the hospital's 22nd Annual Meeting, Andrews also announced that the hospital's leadership training program was officially named The Dale Lodge Leadership Forum.

Emergency Management offers

Precautions for extreme cold weather

"As we enter a period with extremely low temperatures and wind chills in the forecast, we all must take precautions to minimize the dangers presented by such severe weather," stated Massachusetts Emergency Management Agency Director Don Boyce. "To that end, MEMA presents these cold weather safety tips."

- Continue to be aware of the weather conditions by monitoring media reports.

- Minimize outside activities, particularly the elderly and very young. Also, consider your pets.

- Dress in several layers of loose-fitting, lightweight clothing, rather than a single layer of heavy clothing. Outer garments should be tightly woven and water repellent. Wear a hat, mittens and sturdy waterproof boots, protecting your extremities. Cover your mouth with a scarf to protect your lungs.

- Excessive exposure can lead to frostbite, which is damaging to body tissue that is frozen. Frostbite causes a loss of feeling and a pale appearance in extremities, such as fingers, toes, ear lobes or the tip of the nose. If symptoms are detected, seek medical help immediately. Slowly rewarm the affected areas as you await medical assistance.

- Hypothermia can occur in extreme cases. The warning signs are uncontrollable shivering, memory loss, disorientation, incoherence, slurred speech, drowsiness and apparent exhaustion. If the person's temperature drops below 95 degrees, seek immediate medical care. If medical assistance

is not available, slowly warm up the person, body core first, wrapping them in a blanket or using your own body heat. Do not warm the extremities first, for this drives the cold blood towards the heart and can lead to heart failure. Do not give the person alcohol, coffee, tea or any hot food or beverage. Warm liquids are best.

- Ensure you have sufficient heating fuel, as well as emergency heating equipment in case you lose electricity.

- When utilizing alternate heating sources, such as your fireplace, wood stove or space heater, take the necessary safety precautions. Keep a fire extinguisher handy; ensuring everyone knows how to use it properly. Test smoke alarms and Carbon Monoxide detectors.

- If you lose your heat, seal off unused rooms by stuffing towels in the cracks under the doors. At night, cover windows with extra blankets or sheets. Food provides the body with energy for producing its own heat.

- Be a good neighbor. Check with elderly or disabled relatives and friends to ensure their safety.

- To keep pipes from freezing, wrap them in insulation or layers of newspapers, covering the newspapers with plastic to keep out moisture. Allow a trickle of warm water to run from a faucet that is farthest from your water meter or one that has frozen in the past. This will keep the water moving so that it cannot freeze. Learn how to shut off your water if a pipe bursts.

- If pipes freeze, remove insu-

lation, completely open all faucets and pour hot water over the pipes or wrap them with towels soaked in hot water, starting where they are most exposed to the cold. A handheld hair dryer, used with caution, also works well.

- Have a well-stocked Winter Home Emergency Supply Kit that includes flashlights, portable radio, extra batteries, a first aid kit, bottled water and non-perishable food.

- Make sure your car is properly winterized. Keep the gas tank at least half-full. Carry a Winter Survival Kit in the trunk including blankets, extra clothing, flashlight with spare batteries, a can & waterproof matches (to melt snow for drinking water), non-perishable foods, windshields scraper, shovel, sand, towrope and jumper cables.

The Massachusetts Emergency Management Agency (MEMA) is the state agency responsible for coordinating federal, state, local, voluntary and private resources during emergencies and disasters in the Commonwealth of Massachusetts. MEMA provides leadership to: develop plans for effective response to all hazards, disasters or threats; train emergency personnel to protect the public; provide information to the citizenry; and assist individuals, families, businesses and communities to mitigate against, prepare for, and respond to and recover from emergencies, both natural and man made. For additional information about MEMA and Winter Weather Preparedness, go to the MEMA website at www.mass.gov/mema.

Gedaminsky, Elliott are December's Seniors of the Month

BILLERICA - Wilmington resident Patrick Gedaminsky and Tewksbury resident Erica Elliott were recently honored by Shawsheen Valley Technical High School as December's Seniors of the Month.

Elliott, ranked fourth among Shawsheen Tech's seniors, is a student in the health department.

Gedaminsky, the ninth ranked senior, is involved with carpentry. An honor-roll student, Gedaminsky also participates in Skills USA and

was a recipient of a President's Award.

Both students are ranked within the top 10 of their class academically and each boasts a grade-point average of just under 3.9.



Erica Elliott



Patrick Gedaminsky

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Tewksbury Police Log

Monday, January 5
7:05 p.m.

A motor vehicle-related accident occurred at the intersection of Main Street and South Street.

Tuesday, January 6

10:36 a.m. A motor vehicle-related accident occurred in the vicinity of 91 Tyler Road.

10:56 a.m. A motor vehicle-related accident occurred in the vicinity of 10 Main Street.

6:13 p.m. A motor vehicle-related accident occurred in the vicinity of 381 Main Street.

Nancy Gately, 52, of 15 Church Street, Wilmington, was arrested at 333 Main Street and charged with larceny over \$250.

Kimar Kenek Nembhard, 25, of 40 Main Street, Tewksbury, was arrested at 333 Main Street and charged with disorderly conduct.

Wednesday, January 7

6:32 a.m. Two motor vehicles parked at a 1695 Andover Street business were burglarized.

9:39 a.m. A motor vehicle-related accident occurred at the intersection of Main Street and Route 495 North.

12:14 p.m. A motor vehicle-related accident occurred in the vicinity of 1193 Livingston Street.

1:10 p.m. A motor vehicle was burglarized at a 1775 Andover Street business.

5:51 p.m. A motor vehicle-related accident occurred in the vicinity of 200 Marston Street.

5:59 p.m. Police responded to a report of a domestic disturbance on Oliver Street.

8:43 p.m. A motor vehicle-related accident occurred in the vicinity of 1280 Whipple Road.

8:53 p.m. A motor vehicle-related accident occurred on Pond Street.

Thursday, January 8

1:47 a.m. A motor vehicle-related accident occurred in the vicinity of 85 Main Street.

6:42 a.m. A motor vehicle-

related accident occurred at the intersection of Main Street and Orchard Street.

8:44 a.m. A motor vehicle-related accident occurred in the vicinity of 2297 Main Street.

9:02 a.m. A larceny reportedly occurred at an Astle Street residence.

11:55 a.m. A motor vehicle-related accident occurred in the vicinity of 1900 Main Street.

12:18 p.m. A motor vehicle-related accident occurred in the vicinity of 333 Main Street.

7:03 p.m. A motor vehicle-related accident occurred in the vicinity of 940 Andover Street.

Andrea Day, 25, of 24 Ellington Road, Tewksbury, was arrested at 24 Ellington Road on the basis of two warrants.

Sugeidy Rosario, 28, of 140 Whipple Road, Tewksbury, was arrested at the intersection of Whipple Road and Chapman Drive for two counts of failing to stop for police.

Friday, January 9

9:01 a.m. A motor vehicle-related accident occurred in the vicinity of 896 Main Street.

10:24 a.m. A motor vehicle-related accident occurred in the vicinity of 836 North Street.

10:26 a.m. A larceny reportedly occurred at 468 Main Street.

10:42 a.m. A motor vehicle-related accident occurred in the vicinity of 1 Ames Pond Drive.

11:56 a.m. A larceny reportedly occurred on Decarolis Drive.

1:42 p.m. Police seized guns from a Finn Street residence.

2:23 p.m. A motor vehicle-related accident occurred in the vicinity of 365 Main Street.

4:12 p.m. A motor vehicle-related accident occurred at the intersection of Foster Road and Shawsheen Street.

4:15 p.m. A motor vehicle-related accident occurred in the vicinity of 98 Chestnut Road.

6:05 p.m. A motor vehicle-related accident occurred in the vicinity of 1900 Main Street.

Chris Dyess, 25, of 46 Forest Street, Methuen, was arrested at the intersection of Shawsheen Street and Vale Street on the basis of two warrants.

Saturday, January 10

8:32 a.m. Malicious damage to property located at 320 Pleasant Street was reported.

9:55 a.m. A larceny reportedly occurred at 10 Main Street.

12:42 p.m. A motor vehicle-related accident occurred in the vicinity of 1900 Main Street.

3:11 p.m. A motor vehicle-related accident occurred at the intersection of Colab Road and Main Street.

3:29 p.m. A motor vehicle-related accident occurred at the intersection of Whipple Road and French Street.

6:40 p.m. A motor vehicle-related accident occurred in the vicinity of 1777 Main Street.

Brian Evans, 18, of 4222 Horseshoe Lane, Wilmington, was arrested in the vicinity of 300 Chandler Street and charged with carrying a dangerous weapon, unlicensed operation of a motor vehicle, and carrying a firearm without a license.

Philip John Harrington, 46, of 62 Fairmont Street, Arlington, was arrested at 70 Lake Street and charged with violating an abuse prevention order.

Sunday, January 11

2:08 p.m. Police responded to a report of a domestic disturbance on South Street.

Dimitrios A. Kalageropoulos, 32, of 439 South Street, Tewksbury, was arrested at the scene and was charged with assault and battery.

4:55 p.m. A motor vehicle-related accident occurred in the vicinity of 333 Main Street.

5:20 p.m. A motor vehicle-related accident occurred at the intersection of Hood Road and Andover Street.



Wilmington Police Log

Monday, January 5
11:29 a.m.

A motor vehicle-related accident occurred on Woburn Street.

11:30 a.m. Police responded to a report of a domestic disturbance at a residence on Cottage Street.

1:34 p.m. A motor vehicle-related accident occurred on Burlington Avenue.

Tuesday, January 6

12:14 p.m. A motor vehicle-related accident occurred on Church Street.

3:46 p.m. A motor vehicle-related accident involving a bicyclist occurred on Main Street.

3:58 p.m. A motor vehicle-related accident occurred on Church Street.

4:06 p.m. A motor vehicle-related accident occurred on Arlene Avenue.

4:52 p.m. A motor vehicle-related accident occurred in the vicinity of 240 Main Street.

4:57 p.m. An assault reportedly occurred on Biggar Avenue.

9:17 p.m. Police responded to a report of a domestic disturbance at a residence on Patricia Circle. Kevin Cole, 21, of 10 Patricia Circle in Wilmington, was arrested at

the scene and was charged with two counts of assault and battery and the malicious destruction of property valued at more than \$250.

Breana Beatrice, 18, of 183 Lyman Road in Milton, was arrested on Lowell Street and was charged with being a minor in possession of alcohol.

Robert Maziarz, 18, of 7 Peninsula Place in Boston, was arrested on Lowell Street and was charged with being a minor in possession of alcohol.

Lukas Ernst, 19, of 81 Belcher Circle in Milton, was arrested on Lowell Street and was charged with being a minor in possession of alcohol.

Guy Veillette, Jr., 29, of 33 Woburn Street in Wilmington, was arrested at his home on the basis of a warrant.

Wednesday, January 7

5:17 a.m. A motor vehicle-related accident occurred on Henry L. Drive.

8:07 a.m. A motor vehicle-related accident occurred on Wildwood Street.

9:41 a.m. A motor vehicle-related accident occurred on Burlington Avenue.

2:13 p.m. A motor vehicle-related accident occurred on Hopkins Street.

4:12 p.m. A motor vehicle-

related accident occurred on Middlesex Avenue.

10:30 p.m. A motor vehicle-related accident occurred on Sheridan Road.

10:53 p.m. A motor vehicle-related accident occurred on Main Street.

Thursday, January 8

9:29 a.m. A motor vehicle-related accident occurred at the intersection of Ballardvale Street and Old Ballardvale Street.

Friday, January 9

8:58 a.m. A motor vehicle-related accident occurred at the junction of Interstate 93 and Route 125.

12:36 p.m. A motor vehicle-related accident occurred at the junction of Interstate 93 and Lowell Street.

Michael Belt, 23, of 10 Middlesex Avenue in Wilmington, was arrested on Main Street and was charged with illegally possessing a Class A substance, illegally possessing a Class E substance, a motor vehicle lights violation, and failing to yield at an intersection.

Sunday, January 11

8:21 a.m. A motor vehicle-related accident occurred on Salem Street.

Wingmasters presents: Birds of Prey and Native American Artifact



Julie Anne Collier of Wingmasters with Peregrine

For adults, and families with children 5 years and older. Join Jim Parks and Julie Anne Collier of Wingmasters at the

Ipswich River Wildlife Sanctuary in Topsfield on Sunday, January 18, 1:00-2:30 p.m. for an exciting presenta-

tion that will introduce you to different types of raptors, including hawks, owls, eagles, and falcons. See live birds of prey up close and learn about the special features these birds have that enable them to be successful predators. We'll talk about how they hunt, what they eat, and their amazing vision, hearing, and feathers. Come learn about the strong connection between Native American cultures and birds of prey. Museum-quality Native American artifacts such as shields, headdresses, clothing, and jewelry, along with beadwork, quillwork, and basketry, explain and show how different Native American cultures transformed natural materials into objects of beauty and drama. Advance registration is required. FEE: \$12 per person (discount for Mass Audubon members). To register, call 978-887-9264.

Tewksbury Memorial High School 60's Alumni & Friends Reunion

Tewksbury Memorial High School 60's Alumni & Friends Reunion will be on October 10th, 2009 at the Holiday Inn Rt. 133/4 Highland Drive Tewksbury, MA 01876 \$75.00 per person until MAY

1st Tickets are now available: via mail, send a check made out to: TMHS Class of '67 to: Sharon Wilson Gray 458 Hildale Avenue Haverhill, MA 01832 enclose a SASE if you want

your tickets sent back to you pick up tickets in Tewksbury call: Jo-Ann Lightfoot '66 508-574-4730 MaryLou Wilson Gianni '69 978-658-2491 Donna Ingaharro Bell '67 978-387-9436

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Lilly Day, Jenn Kannally, Jen Collins and Jackie Cote checked out some of the new arrivals at the Wilmington Library on Wednesday. photo by Maureen Lamoureux-www.shootingstarspix.com

A Journey to Wholeness at Rolling Ridge Retreat

NORTH ANDOVER - Rolling Ridge Retreat and Conference Center is pleased to announce its upcoming "Day-Apart" program on Tuesday Jan 27th from 9:30 a.m. - 3:00 p.m. featuring Carol Showalter, author of "Your Whole Life: the 3D Plan for Eating Right, Living Well, and Loving God", a spiritually-based wellness program that is receiving a wonderful response in churches all over the country. "Walking the path of wholeness involves eating right, living well and loving God. These issues are often

thought of as separate compartments of a woman's life and as private, personal challenges". However, Carol has found that discussing these important topics in a close, trustworthy Christian group can allow women to address the deep wounds that prevent them from leading whole and healthy lives.

In this retreat, Carol will share with you insights from scripture and experiences from her own life on wholeness, faith, and the link between self-worth and self-image. She will

encourage and empower you to seek wholeness, and to open yourself to greater joy and healing in your life. Carol Showalter, the founder of 3D, has been featured in numerous newspapers and magazines including Ladies Home Journal, Outside, Prevention, the Boston Globe, and Women's Day.

Registration for this exciting program can be done online at www.rollingridge.org, or by calling 978-682-8815. The early registration fee of \$48 includes the program and the luncheon.

Winchester Hospital's Community Health Institute announces January classes

WINCHESTER - Winchester Hospital's Community Health Institute will keep you busy after the holidays with numerous programs designed with every age group in mind. Work off those holiday pounds in one of the fitness classes, learn life-saving practices in one of the CPR classes or share and learn in one of the free support groups.

Flex and Stretch is a five-week class taught by a physical therapist that focuses on maintaining and/or improving flexibility, strength and balance.

Date: Monday, Jan. 5 to Friday, Feb. 6 (class meets on Mondays and Fridays- no class on Monday, Feb. 16)

Time: 10 to 11 AM
Location: 12 Alfred St., Woburn: Baldwin Park I, Keating Conference Room
Cost: \$60

Basic Life Support for Healthcare Providers (initial certification) is a one-night class during which participants will learn CPR and choke-saving techniques for adults, children and infants. This course is a pre-requisite for the basic life support instructor course. After successful completion of a written test and skills evaluation, participants will receive certification in these life-saving techniques.

Date: Monday, Jan. 5
Time: 6 to 10 PM
Location: 12 Alfred St., Woburn: Baldwin Park I, Keating Conference Room
Cost: \$90

HMR Weight Management Program is holding a free information session about its highly structured weight-loss program. The session will provide details on the program's food plan, weekly education classes and medical supervision.

Date: Tuesday, Jan. 6
Time: 6:15 PM
Location: Riverside Healthcare Associates, 75 Riverside Ave., Medford
For more information or to register, please call (781) 396-6221 extension 1.

Nursing Mother's Group is a free support group for new moms who have questions about breastfeeding and motherhood.

Date: Every Wednesday (Jan. 7, Jan. 14, Jan. 21, Jan. 28)
Time: 1:30 to 2:30 PM
Location: 12 Alfred St., Woburn: Baldwin Park I, Keating Conference Room
For more information, please call (781) 756-4788.

Prostate Cancer Support Group is a free support group for men with prostate cancer and their families.

Date: Wednesday, Jan. 7
Time: 7 to 9 PM
Location: 12 Alfred St., Woburn: Baldwin Park I,

Keating Conference Room
Day to Day with Diabetes for Adults is a free support group for those who are living with diabetes, their family and friends.

Date: Thursday, Jan. 8
Time: 7 to 9 PM
Location: 12 Alfred St., Woburn: Baldwin Park I, Keating Conference Room

CPR for Family and Friends is a one-night non-certification class designed to teach CPR and choke-saving skills.

Date: Friday, Jan. 9
Time: 6:30 to 9:30 PM
Location: 12 Alfred St., Woburn: Baldwin Park I, Keating Conference Room
Cost: \$45

Yoga Basics is a 10-week beginner level yoga class that focuses on introductory postures and breathing techniques, gentle stretching and strengthening, and relaxation.

Dates: Saturdays from Jan. 10 to April 4 (no classes Jan. 24, Feb. 21 or March 14)
Time: 9 to 10:15 AM
Location: 12 Alfred St., Woburn: Baldwin Park I, Keating Conference Room
Cost: \$150

Yoga is a 10-week moderate to strong-level yoga class that includes postures with longer holds, Pranayama (breathing) techniques, yoga philosophy, chanting and meditation.

Date: Saturdays from Jan. 10 to April 4 (no classes Jan. 24, Feb. 21 or March 14)
Time: 10:30 to 11:45 AM
Location: 12 Alfred St., Woburn: Baldwin Park I, Keating Conference Room
Cost: \$150

Insulin Pumpers is a free support group for diabetics who wear an insulin pump or are interested in learning about insulin pump therapy.

Date: Saturday, Jan. 10
Time: 9:30 to 11 AM
Location: 12 Alfred St., Woburn: Baldwin Park I, Training Lab
For more information, please call (781) 756-4788.

Hypnotherapy Certification Program consists of 100 hours of independent and classroom study. The program includes an introduction to hypnosis and child birthing, medical and dental applications for hypnosis, pain management, the elimination of phobias and many other applications. This program is approved for continuing education units (CEUs) for social workers and contact hours for nurses. Graduates may join the American Board of Hypnotherapy.

Dates: Weekend classes on Jan. 10-11 AND March 14-15 (must commit to both)
Time: 9 a.m. to 5 AM
Location: 12 Alfred St., Woburn: Baldwin Park I, Suite 207
Cost: \$1,600

Strength Training is a 10-week weight condition class that helps to improve strength and tone muscles.

Date: Monday, Jan. 12 to Monday, March 23 (class meets on Mondays and Thursdays, no class on Monday, Feb. 16)

Time: 6:30 to 7:30 PM
Location: 7 McKay Ave., Winchester, Café A and B
Cost: \$130

HOPE Group is a free support group for parents and families who have experienced a miscarriage, stillbirth or neonatal death.

Date: Wednesday, Jan. 14
Time: 7 to 9 PM
Location: 12 Alfred St., Woburn: Baldwin Park I, Keating Conference Room

Basic Life Support for Healthcare Providers (recertification) is a one-night class designed for healthcare providers seeking recertification in CPR and choke-saving techniques.

Date: Thursday, Jan. 15
Time: 6 to 10 PM
Location: 12 Alfred St., Woburn: Baldwin Park I, Keating Conference Room
Cost: \$65

Fitness for Fun is a fitness class for children ages 8 years and older. The six-week class will feature warm ups, stretching, endurance, agility, balance, flexibility, speed and cool down workouts.

Dates: Every Thursdays from Jan. 15 to Feb. 19
Time: 8 - 11 year-olds from 4:30 to 5:30 PM

12-year-olds and older from 5:30 to 6:30 PM
Location: 7 McKay Ave., Winchester, Café B
Cost: \$40 per child

Heartsaver CPR + AED is a one-night course that focuses on rescue and choke-saving skills for adults, children and infants. This course also provides instruction on automated external defibrillation. After successful completion of a written test and skills evaluation, participants will receive certification in these life-saving techniques.

Date: Friday, Jan. 16
Time: 6:30 to 9:30 PM
Location: 12 Alfred St., Woburn: Baldwin Park I, Keating Conference Room
Cost: \$65
Winchester Hospital's Community Health Institute is committed to helping community members take responsibility for their health and well-being by offering the education and resources that change lives. Established in 1996, the Community Health Institute now offers more than 30 programs and services throughout the year with offerings in disease management, childbirth, integrative therapies, fitness, yoga, Tai Chi/Qi Gong, CPR



Week of Jan. 19, 2009 WILMINGTON SCHOOLS

Boutwell & Wildwood & Elementary

Monday: Holiday. No School.
Tuesday: Hot dog on a roll, tater tots, applesauce w/cinnamon.

Wednesday: Macaroni & cheese, sweet peas, French bread, peaches.

Thursday: Chicken nuggets with whole wheat roll, whipped potato, carrot coins, cranberry sauce.

Friday: French bread pizza, celery sticks w/low fat dip,

apricots.

Middle School

Monday: Holiday. No School.
Tuesday: Mozzarella sticks w/marinara sauce, sweet peas, bread stick, peaches.

Wednesday: Salad bar or hot dog on a roll, tater tots, applesauce with cinnamon.

Friday: French bread pizza, celery sticks with low fat dip, apricots.

High School

Monday: Holiday. No School.
Tuesday: Hot dog on a roll, tater tots, applesauce w/cinnamon.

Wednesday: Mozzarella sticks w/marinara sauce, sweet peas, bread stick, peaches.

Thursday: Chicken nuggets with whole wheat roll, whipped potato, carrot coins, cranberry sauce.

Friday: French bread pizza, celery sticks w/dip, apricots.

TEWKSBURY PUBLIC SCHOOLS

Monday: No School.
Tuesday: Professional

Blood Drive to be run to benefit Matthew Jarbeau

TEWKSBURY - Children's Hospital Boston, in collaboration with the Jarbeau Family of Tewksbury, will be conducting a Blood Drive on Saturday, February 14, 2009, at the Knight's of Columbus, 2068 Main Street, in Tewksbury. The drive will be held from 9:00

a.m. to 2:00 p.m. refreshments will be served to all participants. This blood drive will be held in honor of Matthew Jarbeau, 13, who suffers from Common Variable Immune Deficiency. This disease is a disorder that is characterized

by low levels of serum immunoglobulins (antibodies) and an increased susceptibility to infections. For more information on how to donate or participate in this blood drive, please contact Tina at (978) 902 7712.

Tewksbury Community of Artists Group Oil Painting Exhibit

TEWKSBURY - Tewksbury Community of Artists will be displaying oil painting in the Tewksbury Public Library, Tewksbury from January 14, 2009 to February 11, 2009. The exhibit is free and Open to the

Public during normal library hours.

For more information about the Tewksbury Community of Artists please visit <http://tewksburyinfo/tca/>

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<p>TEWKSBURY</p> <p>New Construction! 4BR Colonial in North Tewksbury on level acre lot. 2700+ sq ft of living space. 2.5 baths, formal DR, LR, attached FR, 1st floor laundry, C/A, full basement, 2 car garage, farmer's porch. Structure is up and waiting for your choices!</p> <p>\$564,900</p>	<p>TEWKSBURY</p> <p>4BR Colonial in a convenient location. Fireplaced family room, dining room w/hdwd. New berber carpet in BR's, new roof. Great potential for top level to be finished for extra living space. Spacious deck overlooks a professionally landscaped yard w/irrigation system.</p> <p>\$429,000</p>	<p>TEWKSBURY</p> <p>4BR dormered Cape on acre level lot w/2 full baths. Updates include siding, windows, roof, electrical, pool, & water heater. Hardwood on 1st floor LL has 12 x 21 finished FR plus work shop, laundry & storage. 2 car garage. Abuts protected open space</p> <p>\$349,900</p>
<p>TEWKSBURY</p> <p>Convenient location for this young Colonial with 3 car garage & a 3 room in-house office or teen suite with full kitchen. Heated sunroom with tile floor, sliding doors & windows to wrap around deck & therapeutic Jacuzzi in large private back yard.</p> <p>\$559,900</p>	<p>TEWKSBURY</p> <p>Many updates in this attractive 4-5BR Gambrel on an acre lot. Updates include roof, siding, septic & heating system. Lower level FR with fireplace has new W/W, first floor BR or office with hardwood floor.</p> <p>\$324,900</p>	<p>TEWKSBURY</p> <p>New Construction! Beautiful new single family subdivision at Robert's Reach. 6 Rooms, 3 bedrooms, 2.5 baths, plus office, basement, walk-up attic, granite in kitchen, irrigation system, master suite & central air</p> <p>Prices starting at \$379,900</p>

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Denali Murphy held her 5-year-old poodle, named Hershey, while Dr. James Kim gave the dog a rabies shot at Tewksbury's Rabies Clinic held on Saturday.
photo by Maureen Lamoureux -www.shootingstarspix.com

Special Education Law Update

TEWKSBURY - The Tewksbury Special Education Parent's Advisory Council will be having a free seminar on Special Education Law Update. Presented by Attorney Tim Sindelar from the law office of Hilton, Sindelar & Hahn. The seminar will be on Monday, January 12, 2009 at the Ryan

School (Library - 2nd floor), 135 Pleasant St., Tewksbury from 7:30 PM to 9:00 PM.

TSEPAC business meeting to precede seminar from 7:30 PM at the same location.

For more information or questions, please contact Carolyn Dvorak at 978-851-7004 or tsepac@verizon.net.

Volunteers needed now to help prepare tax returns

No experience needed. Apply today

Do you like to work with people? Do you have a desire to help those in need? Then the Volunteer Income Tax Assistance (VITA) program may be just what you're looking for.

Community organizations throughout Massachusetts operate VITA sites in partnership with the IRS. The VITA program uses volunteer tax counselors to help low-income taxpayers prepare and e-file their tax return. The volunteers also help taxpayers claim all credits for which they may be eligible, including the Earned Income Tax Credit and Child Tax Credit. Other volunteer opportunities with VITA are also available, such as welcoming taxpayers or helping with administrative tasks. No experience is necessary to become a volunteer and all training is

provided.

Volunteers are needed throughout the state. Each volunteer will receive tax law training and electronic filing software training to prepare basic income tax returns. Volunteers are asked to volunteer an average of three to five hours per week from mid-January through April 15th, at a local VITA site.

If you have questions or would like to volunteer, visit the state Earned Income Tax Credit campaign website: www.mass.gov/anf/massetc. You can also volunteer at www.MassSaves.org or at www.masscap.org. In Boston, you can go to www.bostontaxhelp.org or call 617-918-5259; ABCD can help you at www.bostonabcd.org or call 617-348-6586.

Wilmington Library Notes

by Christina Stewart

Athene Wilson Jazz Quartet - Feb 13th

Notes

For several years during the holiday season, the library has offered the Food for Fines program where patrons may bring in food for the Wilmington Food Pantry in lieu of fines. This year over 460 bags of food were donated. We wish to thank all who contributed.

The library will be closed in honor of Martin Luther King, Jr. Day, Monday, January 19th.

Adult Programming Athene Wilson Jazz Quartet

Friday, February 13, 7:00 p.m., tickets \$7.00 available at reference desk

Athene Wilson, a familiar voice around Boston's music scene, has performed Jazz, Gospel and R & B in different venues such as The House of Blues, Sculler's Jazz club and others in and around Boston. She was named best jazz female performer, Boston

Urban Music Awards 2007 and 2008. Athene and her quartet will provide an evening of outstanding music at the library. Coffee and dessert provided by Starbucks, Focaccia Ristorante and Trattoria, and Mirabella's Bakery. Sponsored by the Friends of the Library.

Makeover Yourself with Diane Irons

Wednesday, Jan 28, 7:00 p.m. Diane Irons, Bestselling Author and Beauty Researcher, will provide a consumer approach to beauty, diet, and health to help realize each woman's personal glamour and style. She will offer tips for looking good and feeling great at any age. Register at: www.wilmilibrary.org "Calendar of Events" or call 978-694-2099.

Wilmington Reads 2009

The Things They Carried now available for check out

Wilmington Reads is a community wide reading program inviting residents to read the same book then attend programs and discussions beginning in March. In light of the special visit of the Vietnam Moving Wall to Wilmington in September, 2008, the Wilmington Reads Committee selected *The Things They Carried* by Tim O'Brien as its choice for Wilmington Reads 2009. *The Things They Carried*, a collection of interrelated short stories, depicts the men of Alpha Company in Vietnam. Residents are encouraged to stop by the library and check out a copy of *The Things They Carried*. Thanks to the Friends of the Library for sponsoring Wilmington Reads.

Teen Zone News Teen DVD Collection

Did you know that the Teen Zone has DVDs? Stop in to check out a series you may

have missed, like the anime *Solty Rei* or the hilariously bad movies of *Mystery Science Theater 3000*. We also have recent blockbuster movies like *Iron Man* and *The Dark Knight* and popular TV series like *Gossip Girl* and *Avatar: the Last Airbender*, so stop in today to see what's available!

Teen Book Discussion

(Ages 11+): *Sabriel*, by Garth Nix

Thursday, January 15, 3:30 pm On learning of her father's disappearance, 18-year-old Sabriel must step into a role she's been preparing for her whole life: that of the Abhorsen, a powerful image responsible for keeping the dead in Death. With the help of Mogget, her father's bound free-magic cat, and Touchstone, the young charter mage, Sabriel struggles to rescue her father and defeat the evil that has trapped him in Death. Stop into the Teen Zone to pick up a copy of the book, and join our discussion in January!

Teen Fantasy Gaming Group

Tuesday, January 20, 3-5 pm Whether you play Magic: The Gathering, Dungeons & Dragons, or something else, join this popular group and be part of a self-contained fantasy game.

Down to a Science (Teens): Mirror Images

Wednesday, January 21, 3 pm Why do funhouse mirrors make things look weird? How does a periscope work? Can you build your own kaleidoscope? "Reflect" on these questions and more at our next Down to a Science workshop!

Children's Room

Book Discussion (Ages 9 & Older)

Friday, January 16, 3:30 pm The Newbery Medal winning book, *The Tale of Despereaux* by Kate DiCamillo, whose movie counterpart is now being shown in theaters, will be discussed. The fairy tale adventures involve Despereaux Tilling, a small mouse with huge ears, the princess that he loves, the servant girl who longs to be a princess, and a devious rat determined to bring them all to ruin. Drop-in for the discussion. Call the Children's Room at (978) 694-2098 to reserve a copy of the book. A door prize and snack will be provided by the Friends of the Library.

Winter Story/Craft

Thursday, January 22, 3:30 pm Registration begins Thursday, January 15

Children ages five and older are invited to be registered for this program of winter stories and a related craft. Register at: www.wilmilibrary.org "Calendar of Events" or call the Children's Room at (978) 694-2098.

Friends to Friends Book Store

WILMINGTON - The Friends of the Wilmington Memorial Library's Book Store Next Door, 183 Middlesex Ave., Wilmington, MA is trying to be open 10-4 Saturdays and Sunday mornings 10-1, despite the wintry weather we've been having!

This past Saturday was very busy, everyone was stocking up for Sunday's snow. Are you well stocked for these snow days? There are plenty of activity books for school-age on up. Read up on your basketball and football favorites or watch an old video. Stressing over that weight gained over the holidays? No matter what your answer is, we have great books on dieting, exercise, health issues; or plenty of cookbooks to revolutionize your culinary

habits - more or less.

The Book Store Next Door (to the library) is chocked full of unexpected treasures. If the new year has already gotten you down, pick up some old Garfield or Dilbert cartoons, or remind yourself of the funny Dave Barry. Plan a trip or just look at pictures. It's not too soon to be planning your vegetable garden. Plan to browse awhile and bring a friend. A few dollars will transport you and widen your horizons!

Contact Leslie Dietrich, 978.657.6536 or lesd4@verizon.net for volunteer opportunities or questions. Many thanks for your continued support - shopping and donating.

Adult programs for January at Ipswich River Wildlife Sanctuary

Mass Audubon's Ipswich River Wildlife Sanctuary in Topsfield is offering a variety of workshops and walks this winter for adults. Advance registration is required for all programs. For more information on the programs listed below, or for a free brochure describing all of our programs for adults, families, and children, call the Sanctuary at 978-887-9264. Complete program descriptions can also be viewed on our website: www.massaudubon.org/ipswichriver. Coming up in January

Moose, Bear, and Snowshoe Hare: Thursday, January 22, 6:30-8:30 p.m.

At this evening presentation and discussion with expert tracker and Maine Guide Bob Metcalfe, learn about the natural history of these mammals and others, like the porcupine and bobcat, that are not often seen in this area. Learn to identify their tracks and sign, and what to look for when you are out hiking that may indicate the presence of these animals. FEE: \$12 (\$10/Mass Audubon members). Advance registration is required. To register, call 978-887-9264.

Yoga in Nature: Saturday, Jan. 24, 10:00 a.m.-2:30 p.m.

Join us for a relaxing, spirit-refreshing day combining yoga, meditation, and a nature walk. Hatha yoga postures and meditation will be led by certified yoga instructor Maura Mastrogianni, who leads a popular ongoing yoga class at the sanctuary, and Sanctuary Director Carol Decker will lead the nature walk. Whether you have never practiced yoga before, or are experienced, we

invite you to join us for this special day! FEE: \$30 (\$27/Mass Audubon members). Advance registration is required. To register, call 978-887-9264.

The Science and Challenge of Climate Change - Supporting Sustainable Lifestyles: Thursday, January 29, 7:00-8:30 p.m.

Join Liz Duff, who has taught a graduate course for teachers on climate change for the past three years, as we investigate the science and challenges of this phenomenon. We'll explore how we can individually and collectively live more sustainably on this planet using simple tools including The Low Carbon Diet workbook. Interested participants can follow their progress through an ongoing support group. FEE: \$7 (\$6/Mass Audubon members). Advance registration is required. To register, call 978-887-9264.

Coastal Tracking on Plum Island: Saturday, January 31, 9:00 a.m.-12:30 p.m.

Join sanctuary naturalist Scott Santino for this new tracking program. We'll meet for an indoor presentation at Parker River National Wildlife Refuge's visitor center, where we'll discuss and examine trail patterns created by canines, weasels, rodents, rabbits, and deer. Then we'll head over to the refuge to search for tracks and signs. The refuge's extensive sand beach and meandering boardwalks through shrub thickets offer wonderful tracking opportunities. FEE: \$20 (\$17/Mass Audubon members). Advance registration is required. To register, call 978-887-9264.

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Sunday 12:00-6:00

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Sunday 12:00-6:00

Sale prices in effect through January 31, 2009.

www.busawineandspirits.com

Come in and enter to win free ski lift tickets!



Robert Young collected bags of donated items for the Big Brother Big Sister Organization in Tewksbury on Tuesday.
photo by Maureen Lamoureux-www.shootingstarspix.com

New staff accountant at Sullivan Bille

TEWKSBURY - Sullivan Bille, P.C., a regional accounting firm with offices in Tewksbury, Boston and Salem, NH is pleased to announce that Shaun T. Shattuck joined Sullivan Bille P.C. as a staff account-

tant. Mr. Shattuck graduated from Merrimack College in December 2008 with a Bachelor of Science Degree in Accounting. He has been with the firm for one year working as a co-op in the tax and audit

departments. He is a member of the Massachusetts Society of Certified Public Accountants and Financial Planning Association. Shattuck currently lives in Pepperell, Massachusetts.

League of Women Voters Wilmington to hold Open House

WILMINGTON - The League of Women Voters Wilmington (LWVW) would like to invite Wilmington residents interested in joining or learning more about the League to its annual open house. Membership is open to all citizens (men and women) 18 years of age and over.

The Open House will take place on Monday, January 26, 2009, at the Wilmington Memorial Library in the upstairs meeting room at 7:00 p.m.

The LWVW is a non-partisan grass roots organization whose mission is to encourage informed participation of citizens in government, and to impact public policies through citizen education and advocacy. The League, founded nationally in 1920, is represented at the national, state and local levels. The recent presidential election has engaged citizens in an

unprecedented way at the grassroots level, and the LWVW is capitalizing on this momentum by engaging citizens at the local level to better their community.

The Wilmington Chapter, founded in 1961, has been staunch advocates in engaging local officials on the topic of government transparency and accountability. The League's Observer Corps is the driving force behind its mission. Through its Observer Corps, the league "sits in" on various town boards and committee meetings, notes what happens, and reports back to the community. The League is looking to actively recruit members for its Observer Corps. "It's a great way to learn about how our local government works", noted Odette Kent, Acting President of the Wilmington League.

Recent Observer Corps activi-

ty would be a hearing before the planning board where the League brought to citizen's attention the impact a potential new business could have on traffic within their neighborhoods. Also, the school committee recently had "unexplained" delays over teacher's contracts as well as postponed votes with "no explanation." "When there is no explanation, government becomes less transparent", noted Christine Woltag, Director, PR for the Wilmington League.

The League also hosts "Candidate's Night" each spring, and is looking for members to plan forums for the upcoming BOS, School Committee, and Town Moderator positions up for re-election. For more information about the League of Women Voters Wilmington, please contact the League at lwvwilmington@comcast.net.

City to welcome 9th Annual Lowell Winterfest Event Don't Hibernate, Come Celebrate

LOWELL - The City of Lowell is pleased to announce the 9th Annual Lowell Winterfest Event from Thursday, February 5 through Saturday, February 7 taking place at various indoor and outdoor locations throughout the downtown area. Activities include the National Human Dog Sled Competition, "Mittens and Museum Madness" activities for kids, the Glacier Gallery Artisans Market, North Bowl Soup Competition, and "Merrimack Valley's Got Talent" - a regional high school talent showcase and competition. Winterfest opens on Thursday, February 5 at 6 p.m. with a Progressive Dinner & Jazz Night at downtown restaurant locations. The events are capped off on Saturday night by a 7 p.m. fireworks display at Tsongas Arena. Other highlights are listed below, and a complete schedule can be viewed at www.lowellwinterfest.org. All activities are free unless otherwise noted. A press conference will take place on Wednesday, January 21 from 2:30 - 3pm at Tsongas Arena, Cox Circle. The press conference will feature competitors from last year's Human Dogsled Competition as well as popular favorites from previous soup bowl competitions. Additionally, Tricia Gervais Bescho will perform with young talent to promote the "Merrimack Valley's Got Talent" competition at this year's Winterfest event.

"Winterfest keeps getting better and better," says City Manager Bernie Lynch. "Every year we add something new to the festivities, and build on those popular favorites like the

National Human Dogsled Championship & Soup Bowl competition. There is truly something for everyone on Winterfest weekend."

New this year is the City's first Progressive Dinner on Thursday, February 5 featuring appetizers, entrees, and desserts—from select dining establishments. This unique dining experience allows visitors to enjoy an appetizer at one location, "progress" to a second local for an entrée, and finish at a third location for dessert. A cocktail competition and live jazz round out the evening's festivities. "We want visitors to come out and celebrate with us this winter," says Mayor Edward "Bud" Caulfield. "Winterfest is a fun, family-friendly event that brings in thousands to experience what makes this City special. Lowell has it all and Winterfest is one of the best times to enjoy great dining, live entertainment, kids activities, art galleries and museums." Visit www.lowellwinterfest.org for information or call 978-446-7162.

Winterfest Schedule of Events

Destination World:

Downtown Winter Stroll

Saturday, Feb. 7 / 12 noon - 7

p.m. Information Booth: ALL

Arts Gallery, 246 Market Street

Shop, eat, and enjoy live entertainment all afternoon at a variety of locales around town.

Entertainment includes performances by The Gentlemen

Songsters. Winterfest information will be available at the ALL Arts Gallery.

Destination World: Chinese

Lantern Festival

Saturday, Feb. 7 / 3 - 6:30 p.m.

Location: ALL Arts Gallery, 246 Market Street. Lanterns light up the night at this beautiful traditional Chinese festival featuring traditional folk music, dancing, crafts, games, and Chinese food treats.

Downtown Lowell

Progressive Dinner and Jazz

Night & Cocktail Competition

Thursday, Feb. 5 / 6 - 10 p.m.

Participants: Athenian Corner,

Blue Taleh, Caffé Paradiso,

C'est, Centro, Cobblestones,

Fortunato's, La Boniche,

Mambo Grill, Ricardo's Café

Trattoria Cocktail Competition

Participants: Athenian Corner,

Blue Shamrock, Blue Taleh,

Caffé Paradiso, Centro, La

Boniche, Lowell Beer Works,

Mickey's Irish Pub, The

Worthen House

Fireworks Extravaganza

Saturday, Feb. 7 / 7 p.m.

Location: Tsongas Arena

Glacier Galleries Artisans

Market

Saturday, Feb. 6 / 12 noon - 6

p.m. Location: Tsongas Arena

lobby Shop for handmade gifts

and visit with a variety of local

artists who will display and sell

their work.

"Merrimack Valley's Got

Talent" - High School Talent

Showcase & Competition

Friday, Feb. 6 / 7 p.m. -

Preliminaries Location: LHS

McDonough Theater, John

Street Saturday, Feb. 7 / 4 p.m.

- Finals Location: Penguin

Playhouse, Tsongas Arena High

school-aged youth from around

the region compete in this first-

ever Winterfest event.

Mittens & Museum Madness

Saturday, Feb. 7 / 12 - 6 pm

Location: Tsongas Arena See

balloonists and clowns, get your

face painted, enjoy free ice

skating, visit with Lowla Bear,

and more! Strolling performers entertain the whole family and kids can enjoy making arts & crafts. Visit the Penguin Playhouse featuring live children's entertainment.

National Human Dogsled

Competition

Friday, Feb. 6 / 6:45 - 10 p.m.

- Challenger Round Saturday,

Feb. 7 / 3:30 - 6:30 p.m. - Finals

Round Location: 50 Arcand

Drive (Lowla Bear Stadium)

It's just what it sounds like -

humans pulling dog sleds.

Lowell's National Human Dog

Sled Competition is a staple of

Winterfest. More than 35 teams

will compete for title of "top

dog" as they race to the finish

down 200 yards of icy tundra.

Each team consists of 6 people:

a rider, a musher, and four people

who pull the sled. Many

teams are known to race in costume - past years have seen

cavemen, penguins, and football

players. Sleds and harnesses

are provided to racing

teams and registration is still

open. Visit

www.lowellwinterfest.org for

details.

North Bowl Soup

Competition

Friday, Feb. 6 / 7 - 9 p.m.

Saturday, Feb. 7 / 1 - 4 p.m.

Location: Masonic Temple,

Arcand Drive The popular vote

and a panel of judges decide

which soup reigns supreme

from among Lowell's top

restaurants and local culinary

giants. Soup/Bowl Participants:

Blue Shamrock, Centro,

Cobblestone's, Doubletree

Rivers Edge Restaurant,

French's Catering, Lowell Beer

Works, Lowell General

Hospital, Mambo Grill,

Mickey's Irish Pub, Mr.

Jalapeno, The Old Court,

Ricardo's Café Trattoria,

Saints Memorial Hospital, Two

Chefs are Better Than One

"Oompalowlia's" Chocolate

Factory

Saturday, Feb. 7 / 2 - 6 p.m.

Location: City Hall lobby, 375

Merrimack Street Taste a variety

of chocolate treats at

"Oompalowlia's!"

Polar Party in Club Celsius

Friday, Feb. 6 / 6:30 - 11 p.m.

(\$5 Cover) Saturday, Feb. 7 / 12

noon - 9:30 pm (\$5 Cover)

Location: Arcand Drive Take in

live music at Club Celsius,

Winterfest's giant heated tent

on Arcand Drive. Food and beverages

available. Music acts

include the Joshua Tree,

Sugarfoot & The Brass Kickin'

Horns, the Lisa Love

Experience, and more. Lowell

Winterfest is programmed by

the City of Lowell and the

Cultural Organization of Lowell

(COOL) in partnership with the

Greater Merrimack Valley

Convention and Visitors

Bureau, Greater Lowell

Chamber of Commerce, Lowell

Memorial Auditorium, and The

Tsongas Arena/SMG

Management. It is made possible

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Five Savings Bank; Trinity

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McCoy Restaurant Group, LLC;

Coca-Cola Bottling Company of

Lowell, Inc.; Finnegan

Development, LLC; Greater

Lowell Chamber of Commerce;

and Mass Electrical

Contractors.

About The City of Lowell

A crossroad of commerce and

creativity, the City of Lowell is

a diverse urban environment.

Named one of the best places to

live by Boston Magazine, the

City is characterized by its

established arts community,

distinct residences and commercial

vitality. The fourth

largest city in the

Commonwealth of

Massachusetts, Lowell is home

to an eclectic mix of cultural

attractions and events including

the Lowell Folk Festival, Lowell

National Historical

Park, Lowell Memorial

Auditorium and the Tsongas

Arena. A leader in urban redevelopment,

Lowell offers a variety of residential and commercial

space from renovated mills to modern high-rises.

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and 3, Lowell has established

itself as a leading business and

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Dorchester Adoption Events to find adoptive families for children and teens in foster care

BOSTON - "Hundreds of children and teens in our communities are waiting and hoping to be adopted by loving families," says Lisa Funaro, executive director of the Massachusetts Adoption Resource Exchange (MARE). "Through no fault of their own, these children are living in temporary foster care. But what they need most is what most of us take for granted - the security of a permanent family."

MARE invites adults and families interested in learning about adoption from foster care to attend one or both free events at the Blue Hill Boys & Girls Club, 15 Talbot Ave, Dorchester, MA:

Donna DeLuca joins Kelley & Kompany, Inc.'s Real Estate Office

WILMINGTON - Sharon Kelley-Parrella, Owner of Kelley & Kompany Inc., is pleased to announce the addition of Donna DeLuca to Kelley & Kompany, Inc. Donna has been a life-long resident of Wilmington. She is a member of the Eastern Middlesex Association of Realtors, the National Association of Realtors, and MLSPIN.

Donna resides in Wilmington with her husband, Anthony.

Donna attended Wilmington High School, graduating with the class of 1972. Donna is also the Owner of Custom Interiors by Donna, specializing in design consulting and custom window treatments.

Donna uses the technology of the Internet to provide superior services to her clients by offering daily email updates and

Adoption Information Meeting, Wednesday, January 28, 6:30 - 8:30 PM. MARE invites you to learn about the adoption process from social workers and experienced adoptive parents.

Dorchester Adoption Party, Sunday, February 8, 3:00 - 5:30 PM. The Adoption Party includes information about the adoption process, as well as the chance to meet some of the children and teens who are waiting for adoption.

Anyone interested in adoption is welcome to attend either or both events. Adoption Parties, one of MARE's most successful tools for matching children with families, provide an informal

opportunity to meet some of the children, play games or share some arts & crafts activities. Participants will have the chance to meet social workers as well, and learn about many waiting children. Attendees can also learn about the adoption process, support services, and financial subsidies available.

Nearly any adult can be considered to adopt a child, teen or sibling group from foster care. Prospective parents can be single, married, or partnered, straight or gay, homeowners or renters, of nearly any income level. The priority is finding a good match for each child in need of adoption.

There are 2,400 children in foster care in Massachusetts with the goal of adoption. School-aged children and teens, sibling groups, children of color and children with special needs tend to wait the longest for families. Adoption Parties are one of the ways MARE educates the public about adoption and recruits parents for specific waiting children and teens.

To RSVP for the Adoption Information Meeting and/or the Adoption Party or learn more about adoption from foster care, contact MARE at 617-542-3678 (617-54-ADOPT) or visit the Events page at www.mareinc.org.

MARE is a private, non-profit organization, founded in 1957 to find "a permanent place to call HOME" for CHILDREN in foster care, including sibling groups and children who are traditionally harder to place. The Dorchester Information Event and Adoption Party are sponsored by MARE, the Wendy's Wonderful Kids Program, the Department of Children & Families (DCF), Adoption Journeys, and the Home for Little Wanderers.



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Chamber Corner

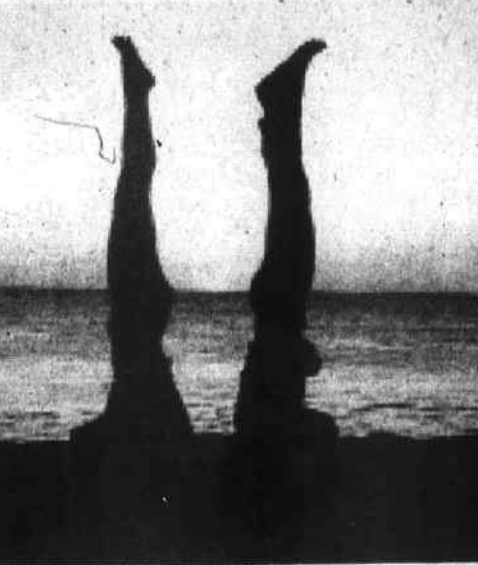
Wilmington Chamber of Commerce
226 Lowell St, P.O. Box 463
Wilmington, MA 01887

978-657-7211
fax 978-657-0139
www.wilmingtonbusiness.com

The Yoga Loft

3 Lopez Road, Wilmington
978-658-5888 or 978-604-0051 yogaloftnorth.com

Jen Ryan opened The Yoga Loft in Wilmington in October of 2005. Jen was born and raised in Wilmington and she wanted to create a fun, friendly place for people in the community to come and practice. She started practicing in the early 90's while living in California and was immediately 'hooked'. She decided to move back to Wilmington after finishing her graduate degrees and decided to teach here. Eventually she chose to dedicate herself to studying and practicing yoga full time. She trained and studied the Ashtanga practice and continues to study and practice daily. Jen has studied with local and national master teachers, including Shiva Rea, Manju Jois, David Swenson, Nicole Bacon and Mimi Louriero. She believes that one must continue to learn, practice and study on their own before being able to teach others; and she believes that discipline should continue in order to be a better teacher. She started giving free community classes at the local elementary school and began teaching in studios all over Boston and the



Merrimack Valley. Finally she decided to open The Yoga Loft and bring the practice home to Wilmington. Besides the daily class offerings, she runs workshops and specialty classes and works with local and national charities to host fundraisers. She worked as teacher liaison for the Global Mala in September 2007 and 2008 and hopes that everyone can participate in the worldwide peace effort again next year. This year she started The Yoga Amistad of Massachusetts to help bring yoga teachers and students together at the local level and

work on bringing even better yoga instruction to the community. You may visit www.yamas.com for more info.

The Yoga Loft offers classes for all levels and continues to offer free classes weekly as part of our Karma Yoga Project. We have taken the yoga practice into local high schools to introduce young students to the yoga practice and give them an athletic alternative. We also have also hosted high schools in the studio

and have had great fun doing so. The community we have built at the studio is amazing and our students support everyone who walks in whether they are brand new or advanced. It can be tough to try something new for the first time, but our students and teachers make it very easy to relax, let go and have fun.

Check us out online at www.yogaloftnorth.com to see the class schedule and any upcoming events.

This member profile is provided by the Wilmington Chamber of Commerce.

To have your business highlighted here contact Executive Director Nancy Vallee at 978-657-7211.

Wilmington Chamber of Commerce coming events:

North Suburban Chamber Networking

Date: Wednesday, January 21 • Time: 5:30 - 7:30 pm

Place: L'Andana, 86 Cambridge St., Burlington • Cost: \$10 NSCC Members/\$20 Non-Members. Contact the Chamber office at 978-657-7211 to register.

Multi-Chamber Speed Networking

Date: Monday, February 9 • Time: 5:30 pm - 7:30 pm

Place: Newton Marriott Hotel • Cost: \$10 Members/\$20 Non-Members. Contact the Chamber office at 978-657-7211 to register.

Board of Directors Meeting:

Date: Tuesday, February 10

Time: 11:45 am • Place: Chamber Office

2nd Annual Chamber of Commerce Comedy Night

Date: Friday, February 13 • Time: 7:00 pm • Place: Aleppo Shriners Fez Room

Cost: \$15 per ticket, tables of 10 available

Contact or visit the Chamber office at 226 Lowell Street to purchase tickets.

Tewksbury Senior Topics

275th Breakfast Sunday; Silvertones dance Jan 30; Valentine Dance Feb 13 & Big Bang Bash same day!

This Sunday, January 18th from 7:30 a.m. to 11:30 a.m., the Seniors will hold a Breakfast Event in recognition of the Town's 275th Anniversary. Tickets are: \$6 per adult; \$3 per child 12 or under; and, toddlers 3 and under free. The menu includes: pancakes, scrambled eggs, bacon, sausage, beans,

homefries, toast and beverages. This event will be part of the Town's 275th kick off celebrations. Other events are being held this Saturday, January 17th at the Recreation Department on Livingston Street, at the Tewksbury Hospital Museum, Tewksbury Library and at the Tewksbury Country Club. For calendar listings, ticket prices and contact information check out the web at www.Tewksbury275.com

those Tewksbury couples who have celebrated their 50th Wedding Anniversary or those who have been married longer than 50 years but never been guests at our Valentine's Celebration. If you are such a couple or know of such a couple, please drop in to the Senior Center or call 978-640-4480 with the information. Couples must have celebrated their 50th or 50+ anniversary by the date of February 13th to be considered as a guest.

Acting 101 (Tuesdays & Thursdays 3-4 p.m.) which was scheduled to begin this week but has been postponed until more interest is shown;

Personal Development & Magnetizing Workshops; a second Men's Yoga class (this class may be scheduled within a week or two). A suggestion box is also located at the front desk if you have any other interests and/or ideas.

Again the COA snow day policy is noted: When Tewksbury Schools are cancelled for the day, instructed classes at the Senior Center are also cancelled. Likewise, if an instructor lives in

a town that has cancelled school, that particular instructor's class will be cancelled. Therefore, it is important that you know where your class instructor lives. If one is unsure, one may call the Senior Center at 978-640-4480 to check on the status of the class.

Our AARP Tax Assistants will begin assisting our elderly with their tax return starting in February. Anyone interested may call the Center at 978-640-4480 to add his/her name and telephone number to the Tax Assistance List. The Director will call those on the list to set up an appointment with one of the Tax Assistants.

Those residents 60 and over needing help in filing a Fuel Assistance Application may call the Senior Center to arrange an appointment with the Director. When arranging an appointment, one will be told what paper work is needed for filing; and, informed of the income eligibility guidelines. The number to call is 978-640-4480.

A Happy & Safe Martin Luther King Day to all.

God Bless America.

The Senior Center will be closed on Monday, January 19th, in recognition of Martin Luther King Day.

Tickets for the Mohegan Sun day trip of Thursday, February 12th are now on sale. The trip cost is \$21 per person.

The Red Hat Carnation Belles will hold a "Soup, Sandwich and Game Night" at the Senior Center on Wednesday, January 28th. Tickets are available now through January 23rd. Please do make note of the ticket deadline of 1/23. Tickets will not be available after this date. The cost is \$8 per person. Then on Wednesday, February 18th, the Belles will celebrate their 5th Anniversary with a "Pot Luck Supper and Line Dancing Night". The cost of this event will be \$3 plus an item for the pot luck supper.

The Silvertones Band will hold its monthly dance on January 30th. Tickets (\$10/person) are now available. Tickets are also available at the door on the night of the dance. It should be noted that in order to reserve a table, all participants on any reserved table must purchase their tickets prior to the event.

The next Friends of the Elderly Dance will be its Valentine Dance which will be held on Friday, February 13th from 7:00 to 11:00 p.m. Tickets are also available for this event. This event is very special in that the COA honors

On this same night, February 13th, the 275th and the Patriotic Committees are planning a "Big Bang Bash" at the Tewksbury Country Club to help raise funds for the Memorial Day Parade. Information on this "BBB" dance may be found on the web-site noted above.

We are pleased to announce that the Senior Center will host another marvelous play: "What a Swell Party This Is". The play is all about the life and music of the legendary Cole Porter. It will be held on February 27, 28 and March 1 at 7:00 p.m.; directed by Maria Ciaccio; and, produced by Mark and Charles Gracy. Among the local talents in the play is Father John Hanly of St. William's Parish. Tickets will be available soon at the following prices: Senior Citizens and Students \$17; and, all others \$20.

All exercise classes have resumed at the normally scheduled times. Most creative art classes have also resumed. Bunka Embroider classes have resumed this week as has Valerie Borgal's drawing class. Sandy Dukeshire's stained glass class will begin its new semester on Wednesday, January 21, at 12:30 p.m.

Once again there are several interest lists being compiled. Among the list are the following classes which have been requested: Belly Dancing;

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FRIDAY

February 13, 2009

7:00 pm

at The Shriners Auditorium Fez Room

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Kick off the new year with events and activities at the Burbank YMCA

READING - This year come to the one place that has it all! The Burbank YMCA in Reading has everything you and your family needs to start the New Year with a bang.

Enjoy great classes for the entire family. The Winter 2009 Session starts Sunday, January 4th so sign up now for classes like Beginner Triathlon Training, Vtrim Weight Management Program, Jr. Celtics Basketball, Little Picassos, Computer Programming For Kids, or Young At Heart For Active Older Adults.

Put a smile on your child face with one of the Burbank YMCA Childcare Programs. Programs are available for all ages from preschool to middle

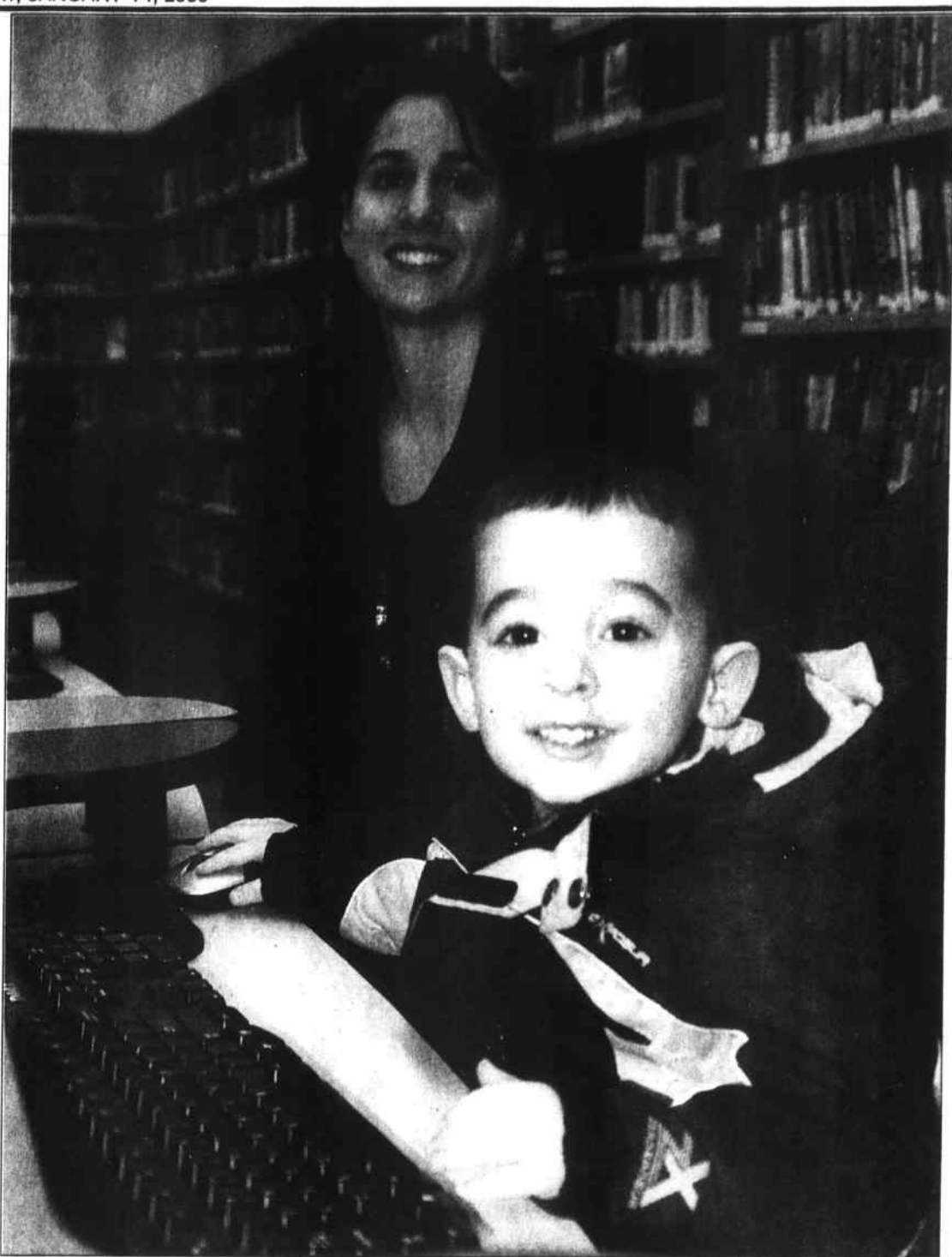
school. To learn more about the Burbank YMCA Childcare Programs attend one of the Open Houses on Thursday, January 8th from 6:30 to 7:30 p.m. (Preschool only), Saturday, January 10th from 11:30am to 12:30 PM (all childcare programs), or Wednesday, January 21st from 6:30 to 7:30 p.m. (Preschool only). Sign up for one of the programs during the open house and receive the first week free of charge (subject to availability)!

Have a blast at a YMCA special event. On Friday, January 9th join the Burbank YMCA for Karaoke Night. Families will take the stage from 6:30 to 8:30 PM and teens will have their chance to sing their favorite songs from 8:30 to 10:30 p.m.

Then on Saturday, January 10th from 7:00 to 11:00 p.m. the fun continues with Teen Night. Enjoy ping pong, video games, snacks, and a three on three basketball tournament.

Parents you can also enjoy a night out and unwind after the holidays. While you hit the town your children will enjoy bingo, board games and gym time. Food and drinks will also be served. Parents Night Out will be held on Saturday, January 17 and Saturday, January 24 from 6:00 to 9:00 p.m.

For more information about the Burbank YMCA events, memberships, and programs visit ymcaboston.org/burbank or call 781-944-9622.



Marc Vanella, age 3, practiced typing letters on the computer with her mom, Antonietta at the Wilmington Public Library on Wednesday.

photo by Maureen Lamoureux -www.shootingstarspix.com

Political season begins

FROM PAGE 1

selectman's seat. Dan Murphy, of Carmel Street, and Kevin Connolly, of Elizabeth Drive, pulled papers earlier this month. On Wednesday morning Gloria Road resident Mike Champoux joined them in the race for Selectman.

Champoux believes firmly in community involvement. He runs a business, Proforma, (a brokerage for promotional business products), from his Wilmington home and remains firmly involved in a variety of community organizations. He volunteers with Cub Scouts, coaches three of his children's sports teams, holds an office in the Knights of Columbus, participates in charitable activities at St. Thomas Parish, and was

on the committee that brought the Moving Wall to Wilmington in 2008.

Champoux credits his experience with the Moving Wall committee with generating his interest in running for Selectman. Champoux said, "Because of it, I realized the skills and abilities I have that I can put to use in the community."

Murphy and Connolly could not be reached for comment before deadline, but the Town Crier will endeavor to highlight each candidate who submits completed nomination papers.

Nomination papers must include at least 50 signatures of registered Wilmington voters, although the Town Clerk's office recommends that papers

are turned in with more than that number in case any signatures do not make it through the verification process. Completed papers must be turned in to the Town Clerk's office by March 12 for the election, which takes place on April 25.

April 3, 2009 marks the deadline to register to vote in the April 25 election. On April 3 the Town Clerk's office will be open from 8:30 a.m. to 8:00 p.m. to receive any last minute voter registration forms. Absentee forms will be available a couple of weeks before the election and are due by noon on the day before the election. Residents are welcome to call the Town Clerk's office to verify that they are registered to vote.

Infestation

FROM PAGE 1

it would become crowded with the quick spreading spaghetti-like plant.

It is not known how long the species has been growing in the lake, but considering that it has grown tall enough to be seen on the surface of the water experts estimate that it has been in the lake for more than three years. Magaldi showed photos of the plant, taken in September, which he described as looking like "a bowl of spaghetti."

The DPW obtained proposals from the only two firms in the area that specialize in Invasive

Species Management. Aquatic Control Technologies (ACT), based in Sutton, MA, was chosen because they identified a second species of invasive plant existing in the lake that officials had not been aware of. ACT works annually in more than 200 ponds and lakes in more than 75 Massachusetts cities and towns. The Andover Recreation Department reported satisfaction with ACT's annual control program at Pump's Pond.

Magaldi presented three strategies for controlling the plant situation. Dredging is

one option, but it is a very invasive procedure that includes drawing down the lake - and it does not guarantee eradication. Mechanical harvesting is another option, but may be destructive to other plants and it spreads the shoots, which could create thicker growth in the long run, because the plant spreads when small pieces re-root elsewhere. Herbicides are believed to be the most selective way of controlling this species with minimal impact to other plant and aquatic life. According to Magaldi, herbicide plans are tailored to each

individual lake.

The herbicide under consideration is Diquot, (also known as 'Reward'). EPA regulated concentrations are safe for swimming, fishing, and aquatic life. It dissipates quickly in water and bonds to plant material and sediment. Use of this herbicide would result in a 3-day watering restriction because it would kill lawns if used to water grass.

This winter the DPW is seeking local and State permitting to institute the plan. Wilmington Conservation Commission approval is

required for Milfoil Management. As part of the permitting process, abutters will be notified. ACT will prepare an Aquatic Plant Management Program, which will discuss the use of herbicides and potential use of other applicable techniques. The Conservation Commission hearing will serve as the technical session during which residents will be provided with an opportunity to ask questions of a biologist about the use of an herbicide.

If approved by the Conservation Commission, in

May there would be a pre-treatment inspection and in May/June officials will post water use restrictions and the Application of Treatment. In July/August there will be a post application inspection and the whole process will be repeated annually or as needed.

"It makes sense for the Town to do something now," concluded Board of Selectmen Chairman Michael Newhouse.

The hero with a red heart

FROM PAGE 1

Frank recalls, "After an extraordinarily long day, the doctors encouraged us to go home and get some sleep. Mark never regained consciousness."

Throughout their horrendous ordeal on Wednesday, Thursday, and Friday, the Haubner family received tremendous support and kindness from everyone at the hospital while their son remained unconscious. Frank sings their praise, "The Beth Israel Hospital was phenomenal to us. Sadly, the doctors offered us little hope that Mark would recover."

"It wasn't until Friday that I happened to look in Mark's wallet and saw the red heart on his driver's license indicating that he wanted to be an organ donor," Frank said. "That was the very first time we realized that Mark had signed up to be an organ donor."

That day, a representative from the New England Organ Bank sat down with Frank and Beth to explain the process. For successful transplantation, organs would have to be harvested immediately upon the donor's passing. Tissue and bone may be removed later.

In order to accommodate Mark's wishes, the Haubners would need to leave him immediately upon his passing.

The Haubner family sat quietly by Mark's bedside for as long as they were able, finding it difficult to leave, but a team of doctors was in place, ready to remove Mark's organs within minutes of his death. Ultimately, Mark donated his kidneys, liver, corneas, tissues and heart valves.

According to the New England Organ Bank, organ transplants from one donor can potentially save the lives of seven people while tissue dona-

tions can help more than 50 people. A little more than 100,000 people are still waiting for transplants in the United States and almost 2,800 in Massachusetts alone. Unfortunately, 6,600 people die each year waiting for transplants.

After Mark had passed on, Frank recalls, "We left the hospital around 10:00 p.m. Friday night totally exhausted. By 7:30 a.m. the next morning, Esther Charves, a representative from the New England Organ Bank, called to tell us that a 41-year-old man had already received the liver and by noontime that day each kidney would be transplanted into an awaiting patient."

Thinking back on their unspeakable loss, Frank offers, "It gave us a warm feeling to know that, at the very least, other people would benefit from the organ donations. It's amazing to think that, at the tender age of 16, Mark made such a commendable decision. But that was so like Mark. He was such a good kid and always thinking about other people."

"The donor bank told my wife and me that we could wait a few months and then write a letter to the recipients to tell them all about Mark. At that point the recipients can decide whether or not they want to meet us."

Mark's selflessness has inspired others. "Some friends have already gone on line to the Registry of Motor Vehicles and signed up to be organ donors," Frank said. "I suspect there will be many more including me. If even two or three people are walking around because of Mark, and some other people can see as a result, it gives us a good feeling to know that Mark made a difference in their lives. That

would make Mark very happy."

Mark played hockey in both Wilmington and in Woburn where he spent a lot of time at his grandmother's house, which happened to be across from the Joyce Middle School's O'Brien Skating Rink.

The New England Organ Bank told the Haubners that only 1 out of 1,000 people can actually become a donor due to the circumstances of their death. That makes it even more important for more people to sign donor cards.

Massachusetts Donor Registry database contains the names of everyone who has signed up to be an organ and tissue donor at the RMV.

According to the Registry of

Motor Vehicle's website, "Over time, transplants have become more successful and more people have been added to the national waiting list. However, the number of donors has not grown as fast as the number of people that need organs and tissue. Every day, 17 people in the United States die waiting for organ and tissue transplants. Every 13 minutes another person's name is added to the list of thousands who await lifesaving organ and tissue transplants. Currently, there are over 98,000 total patients waiting for a transplant in the United States. Thousands more await life enhancing tissue transplants."

"Organ donation has made a

difference for us in that we were able to see that Mark's wishes were carried out and other people would benefit from his donation," Frank explains.

To honor Mark's memory, his family would like to encourage more people to sign up to be an organ donor, which can be done easily by going online on the Registry of Motor Vehicle's website at

<https://secure.rmv.state.ma.us/OrganDonor/intro.aspx>. Otherwise, they may make a donation in his memory to the New England Organ Bank, 1 Gateway Center, Suite 202, Newton, MA 02458. For more information on organ donation, visit <http://www.neob.org>.

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Mavis Willegal, President of the Tewksbury Community of Artists, will have her paintings, as well as the work of four other local artists on display at the Tewksbury Public Library from January 14 - February 11.
photo by Maureen Lamoureux-www.shootingstarspix.com

Pre-Schoolers at Abundant Life Experience Adventure Days

Owen White of Wilmington looked with pride as he demonstrated all the aspects of the mall he built out of wooden blocks at Abundant Life Christian Learning Center last week. The structure included stores, restaurants, and many places for his toy cars to interact with the building. Owen was participating in Adventure Day at the pre-school. Adventure Days are special times where the entire Learning Center changes the normal pattern of their day. Instead of each room containing multiple educational and play centers, rooms are transformed into theme-based experiences. One room emphasizes unit blocks, another water and sand, another dramatic play. This allows each child in each class to explore the theme of the room first-hand. Children then move from classroom to classroom throughout the morning to be able to experience each theme.

On these special days there is no specific curriculum goal, the only goal is for each child to grow in their creativity through play. Adventure Days were developed by the staff of Abundant Life in response to their growing concern about the lack of creative play that children get in today's culture. Adventure days provide a springboard for each child's imagination. "Learning goals are endless" commented Sherrie Patrie, director of the Center. "Adventure days will help with cognitive development, concentration, problem solving, vocabulary, conflict resolution and so much more." "Mr. Fred Rogers once said, "Play is often talked about as if it were a relief from serious learning. But for children, play is serious learning. At various times play is a way to cope with life and to prepare for adulthood. Playing is a way to solve problems and to express

feelings. In fact, play is the real work of childhood."

"Adventure Days have invigorated the entire Learning Center," mentioned Lori Farrell, administrator of the Center. "They provide a great event to look forward to each week for all the children and staff."

The Abundant Life Christian Learning Center is located at 173 Church Street in Wilmington. It was established for infants, toddlers, and pre-schoolers to provide a safe, secure and stimulating environment within a Christian context, which would affirm God's love and values and at the same time provide a happy place in which to learn and grow. For more information about Abundant Life you can call 978-657-8710 go to their website at www.ablifeschool.org



Robert Brown played poker at the Wilmington Senior Center on Wednesday morning.
(photo by Maureen Lamoureux-www.shootingstarspix.com)



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Pote vs Ippolito



POTE: Hey Mike, I am sick and tired of all the Political Correctness crap in the sports world today. Did you see what happened in Needham last week? In case you didn't, students from Needham High School couldn't attend the school's boys hockey game after "unruly behavior" occurring from last Wednesday night's game against Wellesley. The School's Principal thought chants of "Wellesley ... Wellesley ... Wellesley you suck" and chants directed at MIAA officials of "Put your Clipboards away" became an "ugly scene", therefore those students should be punished.

P-u-u-u-hhhh - lease. What a complete joke.

I'm not sure about you, but when you attend a high school sporting event, mostly indoors with basketball and hockey, you get a crowd of students on one side, and a crowd of opposing students on the other side. As long as those kids aren't throwing objects on the ice, or aren't throwing 'the f bomb' around, please tell me what's wrong with some good old fashion harmless chants? Saying you suck is heard at every Red-Sox-Yankees game. And oh my, "Put your Clipboards Away" suggests to me that every single Needham High kid belongs with a life sentence in jail.

Is it me or am I missing something here, pal?

IPPOLITO: Just because you like to shout obscenities at the opposition when you attend a sporting event doesn't mean that everyone else wants to hear it! All right, just kidding, but seriously, I really don't have a problem with what the Needham principal did. Did he overreact a little to the "Put your clipboards away" chant? Perhaps, but for the record, I do not believe he said it was an "ugly scene", but rather he said "Not a good scene at all."

Either way, while he may have overreacted to that a little, I think his overall point was a good one. What should he do, wait until somebody actually throws something onto the ice to take action? Maybe taking this action at this point of the season, over what some would call a minor incident, will actually force the fans to behave themselves at the game while still having a good time. We have heard enough stories of fans getting out of control at high school/youth sporting events and the principal is trying to prevent that at his school. Good for him.

POTE: I forgot you told me a while back that you had milk and cookies with school officials during a meeting on how to ruin high school sports. Good for him - c'mon Mike, what those kids chanted was totally harmless and all in good fun. That's what attending games are all about. You hang out with your friends, you cheer on your classmates and you go back and forth with the opposition. This is what we call "entertainment".

"Put your clipboards away" chant is actually pretty funny and creative to me, nevermind being as harmless as Boy George at an Ozzy Osbourne concert. I think you need to join the others and get a grip. It's coming to a point now where if you yell "Go Johnny" at a high school basketball game, you'll be escorted out by the school's principal, head janitor, head nurse and head of the checkers club because those three words were offensive to others at the game. All of this is so over the top and you are falling in this nonsense trap.

IPPOLITO: What a surprise that you missed my point. If you had paid attention you would have noticed that I said he may have overreacted to the "clipboard" chant, but I will say that he did not overreact to the "Wellesley Sucks" chant. Once again, the chant is probably harmless, but again I will ask you at what point does a school official take action? Does he wait until the language gets completely out of control? Maybe "sucks" isn't the worst word in the world to you and me, but if I am a parent at that game and I have a younger sibling at the game, I would not want him or her to hear that. And by the way, what is wrong with a simple "Go Johnny" or "We're number one" chant? Despite your hyperbole, a fan would not get kicked for something like that.

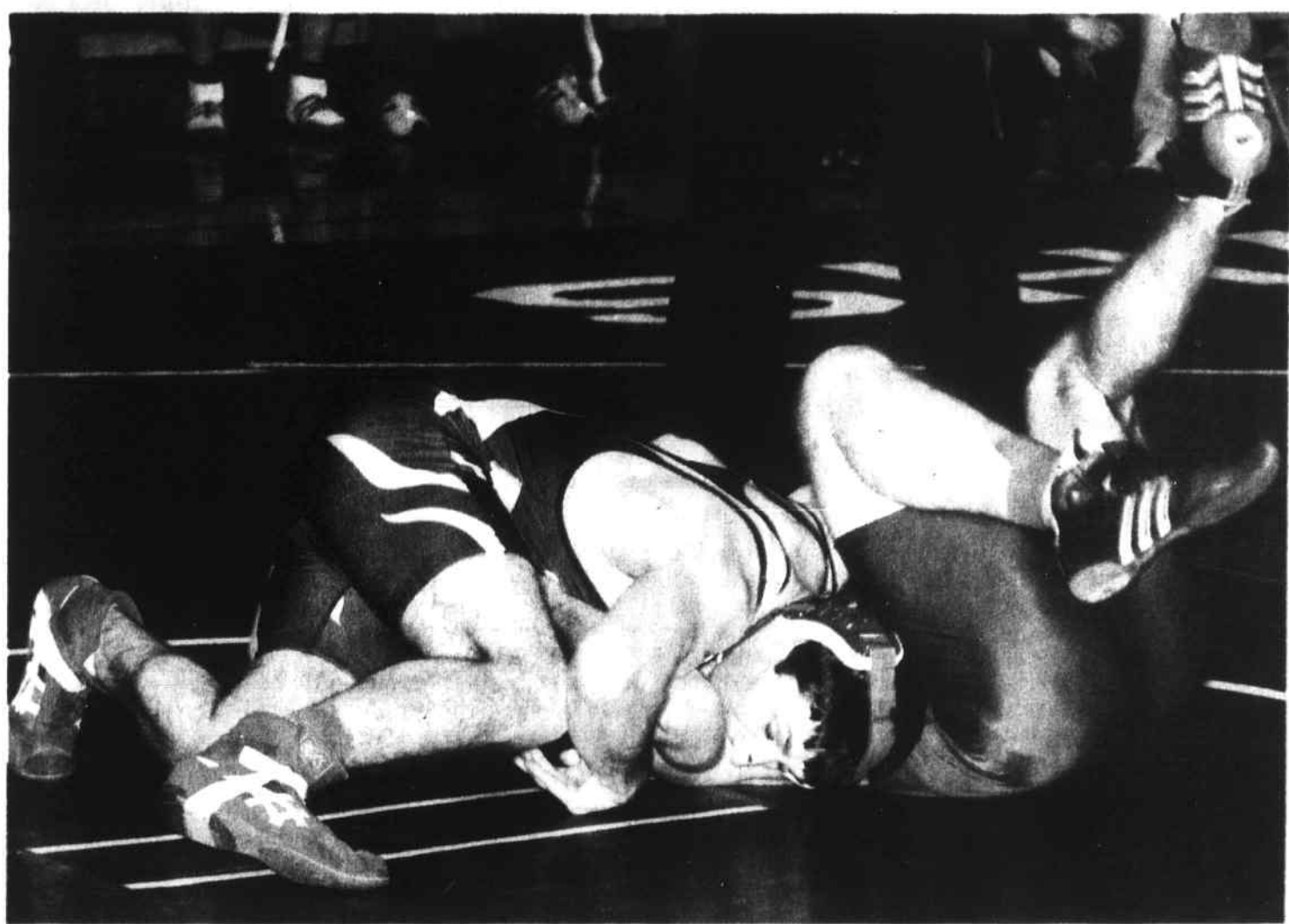
POTE: A school official should take action when there is violence involved. In terms of language, if the 'f bomb' or even the other 's' word gets thrown out there, yes action should be taken. Other than that let kids be kids. It's all a part of growing up, maturing and knowing right from wrong. These kids weren't wrong - they were kids having a good 'old time. Have you ever taken your son to a Red Sox-Yankees game to hear the chant "Yankees suck"?

As far as your No. 1 chant, I remember about seven or eight years ago, a Reading track runner who crossed the finish line putting up a finger (not the middle) saying his team was No. 1 for winning a huge Middlesex League meet, and keeping Reading's long winning streak intact. You know what happened to him and his team? They had to forfeit because that runner "was being disrespectful".

I applaud the Wellesley fans - they attended a sporting event, and had a great time - I just wish it happened around here. We don't get a peep out of Wilmington and Tewksbury fans at any games.

IPPOLITO: So what you're saying Jamie is that a school official should wait until after the violence happens to take action. We should wait for someone to get hurt and then respond. All I can say is that I would bet money that there will not be a violent incident at a Needham game this year or any time in the near future because the principal has sent a message to the fans.

As far as an adult taking a child to a Red Sox game, you go into it knowing what to expect (drunk fans, bad language, etc.) and if you choose to take your child into that situation then fine, that is your decision, but at a high school game, you should have no such worries. That's all I'm saying.



Wilmington High senior Mike DeNufrio tries to pin down an opponent during a recently held wrestling match held at the high school. (photo by JoeBrownphotos.com).

Wrestling team off to terrific 8-1 start

Grapplers storm out from their cage

By JAMIE POTE
Sports Editor

Back in the 2002-'03 season, the Wilmington High School wrestling team defeated North Andover for the first time in school history. A win against Triton would give the Wildcats their first league title, and end the long run by the Scarlet Knights. However, Triton pulled out the upset over the Wildcats, who have yet to win a league title.

On Wednesday night as this paper is being printed, the Wildcats were up against North Andover, in what could be a meet for all the marbles. North Andover comes in with a 1-0 record in the league and a 5-1-0 overall record, while, Wilmington is 2-0-0 in the league and are off to its best start in years at 8-1-0 overall.

"Anything is possible," said Wildcat head coach Mike

Pimental. "Especially the way we have been wrestling. Before you knew the odds were stacked against you, but I think the odds are really good (in our favor) this year. We could do it, but only if we wrestle like we have been recently."

In the first meet of the season, North Andover head coach Dave Castricone won his 600th meet as head coach. He's been on the sidelines between Triton Regional and North Andover for a combined 36 years, including the past 28 with the Scarlet Knights. During that time he's teams have gone 432-75-2, not to mention his career record of 604-134-4. Thus beating a dynamic team like this, certainly won't come by a fluke.

"We are 8-1 and the season is going very well," said Pimental. "We're really excited about the potential we have.

We'll see what happens against North Andover. If we beat them, we still have to beat Pentucket and Triton, so we still have a long way to go. It would be a big accomplishment for the program if we beat them, but if we don't, we just need to continue to grow and peak as a team later with the sectionals and state meets."

This past week was a perfect example of how the Wildcats have continued to blossom. Wilmington knocked off Marblehead/Swampscott, 48-12, improving the team's record to 8-1, which comes after posting 5-9-1 a year ago, including just one win the league and finishing in second to last place of the Cape Ann League standings.

In that team victory, coming away with pin victories included Shawn Adams (119), Steve Sughrue (135), Tony Valente

(145) and Matt Sullivan (285), while, Josh Steeves, Mike DeNufrio, Anthony Nihari and Alex Furlong all won via forfeits.

Three days later the Wildcats participated in their third team tournament coming away with a terrific second place finish in the 10-team Haverhill tournament held on Saturday. Sughrue was the lone grappler to take an individual title, winning the 135-pound class, and improving his overall record to 17-1.

"Stevie had a great tournament," said Pimental. "He went out there in every match, loose and relaxed, knowing what he had to do and doing just that. He faced some tough kids, but every match he set the tone right away so none of his matches were close."

WRESTLERS PG SP8W



The Wilmington High girls hockey team has plenty of reason to celebrate after picking up three points this week with a win and a tie. Ashley Michaels (15), Kayla Howland (16), Meghan Pickett (9) with Bridget Griffin and Kelly Brandano in the back, and the rest of the team will head to Martha's Vineyard this weekend to try to defend its tournament championship. To read more about the girls' hockey team, please turn to page SP2W. (photo by JoeBrownphotos.com).

Town Crier

Steenbruggen helps raise over \$3,000 for ailing children

By LOU CIMAGLIA
Sports Correspondent

Far away from the chilly New England air, thousands of runners packed the Sunshine State for the Disney World Marathon this past Sunday. One of those runners was Wilmington's own Ashley Steenbruggen, a 2004 Wilmington High School graduate.

Steenbruggen ran with her boyfriend, Jordan Staab, to help two of his family members who have been stricken by an awful condition known as dystonia.

Two small children, Tyler and Samantha - cousins of Staab - were diagnosed with this disorder before the age of ten. Now they are confined to a wheelchair, while their third sibling, Luke, has a 50-50 chance of being diagnosed. Dystonia is defined as a "neurological movement disorder characterized by involuntary muscle contractions, which force certain parts of the body into abnormal, sometimes painful, movements or postures. Dystonia causes uncontrollable, painful spasms and can affect any part of the body including the arms and legs, trunk, neck, eyelids, face, or vocal cords." Steenbruggen and Staab decided to run this marathon with the intention of raising money to fight dystonia and continue to aid Tyler and Sam.

Steenbruggen arrived in Florida around midnight last Friday, where she began her busy weekend.

"On Saturday we went down to the Wide World of Sports to pick up our numbers and the electronic chips for our sneakers," said Steenbruggen, a 2008 Roger Williams University graduate. "It was very crowded. There were people everywhere. It got me a little nervous."

After a big dinner at the Olive Garden, Steenbruggen went to bed and was up again at 3 A.M., and parking at Epcot by 4. "We did some stretching, nothing major, and then we had to walk over a half a mile to the start-

ing line," said Steenbruggen. "It actually took us about 45 minutes to cross the starting line because there was just so many people. But there were a lot of people cheering and that made that time go fast."

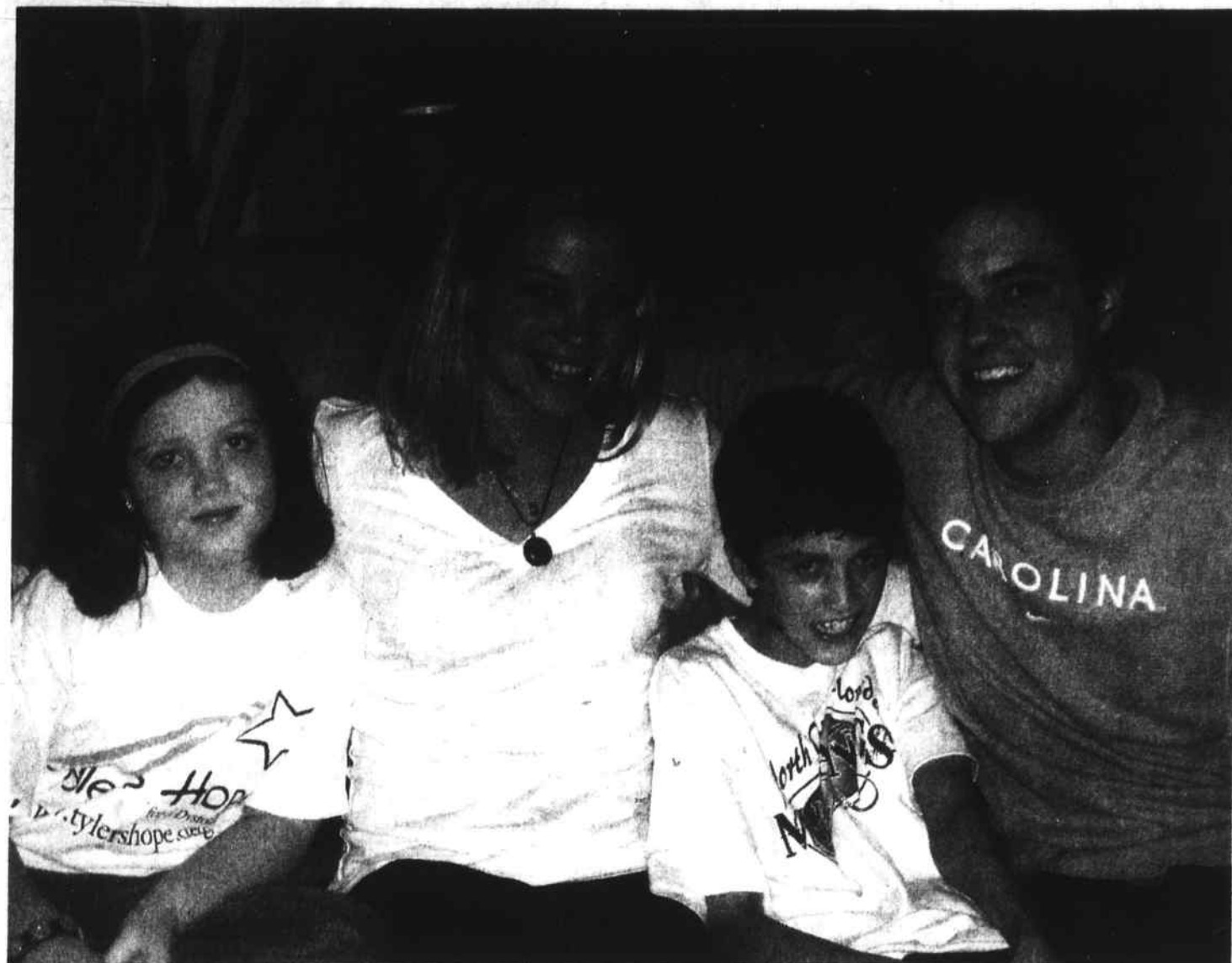
After finally crossing the starting line, there were still some obstacles. "For the first five miles I thought, 'This has to get better,'" said Steenbruggen. The crowd was so thick "you were touching other people's arms." Much to her chagrin, the crowd did not thin out for quite some time. "We were running a 14 minute per mile pace, and we wanted to go a lot faster than that."

Because it was still very early in the morning, it was only 50 degrees, which Steenbruggen described as "perfect." However, perfection is fleeting, and as the race progressed, so did the temperature. "The first 13 miles went well other than the crowd," said Steenbruggen. "At mile 13, we saw my mom and she gave us some new socks so we wouldn't get blisters or anything like that. And that's when it started to get really hot."

Still battling dense packs of runners and temperatures nearing 90 degrees, Steenbruggen and Staab hit a three mile straightaway which Steenbruggen deemed "the toughest stretch for me." Staab actually fought his way through an ankle injury he suffered during this part of the race. "Jordan was really tough, I remember seeing him and realizing he was actually in a lot of pain."

But they pressed on. Water and Gatorade were available at every mile, and with the support of their family and friends who were looking on, Steenbruggen and Staab crossed the finish line at 5:30:33. "I felt great after," said Steenbruggen. "I feel great now, too. I feel like I should be in more pain."

When asked about another marathon, Steenbruggen said it



Wilmington resident Ashley Steenbruggen and her boyfriend Jordan Staab raised over \$3,000 to benefit Jordan's cousins Samantha and Tyler, who have been diagnosed with dystonia. Steenbruggen and Staab competed in this past weekend's Disney Marathon held in Florida.

would be a while but "it's not completely out of the question."

Steenbruggen and Staab unofficially raised \$3,000, but that's not including all of the online donations that have yet to be tabulated.

Steenbruggen mentioned that Tyler and Sam could not be at the race, which she described as a "blessing" that they did not have to deal with the immense crowds and mounting heat.

Steenbruggen and Staab decided a few months ago to start running road races to raise awareness and support for "Tyler's Hope", an organi-

zation that is run by the Staab family and has grown to recognition across the country. Their website, "tylershope.org", chronicles Tyler's diagnosis, upcoming events, and opportunities to donate and help the cause for his beloved family members.

Steenbruggen jumped at the chance to help these two youngsters, who mean so much to her and her boyfriend's family, and who have gone through such an ordeal.

"Tyler's entire body is affected," said Steenbruggen. "And we can only hope for a cure. He

has gone through so much, things like botox and brain surgeries."

Both Tyler and Samantha are typical children - they are very smart and are also very active. Samantha is a big fan of music, crafts and shopping, while Tyler is a huge baseball fan. He's a member of the Mustangs Little League team, and also is a big-time Red Sox fanatic. The two of them live in Gainesville, Florida.

With people like Steenbruggen and Staab, a cure can be achieved for these amazing children. New medical

research inches closer and closer to finding a solution every day. So one could only hope that one day Tyler and Sam can overcome their conditions and everyone else who has been afflicted with dystonia. They are truly a testament to the human spirit, and a courageous example for all to follow.

For more information on their progress and on ways to donate, please go to "tylershope.org" or "not-a-sprint.com".

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Wildcats improve to 7-1

By JAMIE POTE
Sports Editor

Behind ten 3-pointers, including six from Mike Manganelli, the Wilmington High School boys' basketball team never trailed in Tuesday night's 73-47 home victory over Lynnfield in a Cape Ann League contest.

That win, as well as Friday's away 72-35 victory over Triton Regional, puts the Wildcats at 7-1 overall, and keeps the seven time league champions in a three-way tie for first place in the large school division with its 5-0 league play.

Tuesday night the Wildcats jumped out to an incredible 25-6 lead with 2:28 to go in the first quarter behind 16 points from the red-hot Manganelli, who had a game high 27 points. Then the Wildcats struggled for consistency over the next two quarters, allowing Lynnfield to climb back into the game, cutting the deficit to nine with 4:04 left in the third quarter.

That's when the Wildcats refueled with its highly potent energetic attack which led the team to a 9-0 run to close the third quarter, and a 14-3 run during the middle of the fourth quarter to officially put the game away.

Wildcat head coach Jim McCune was asked if he's looking for a little bit more consistency out of his team at this juncture of the season.

"We've been playing so good it gets a little scary," said McCune. "Not that tonight was on purpose or anything like that, but I don't think at this point of the season you want to be clicking on all cylinders. We played hard today and I think Lynnfield made some things tough for us. That was a team that I knew would be able to run with us and I knew their big guy (John Mehr) would give us some trouble and he did give us trouble. But we're sitting here talking about and complaining about winning a

game by 26 points, so I guess we are back to where we should be."

Wilmington connected for three shots in the first minute of play, before Lynnfield got on the scoreboard 17 seconds later. Over the next 4:15 it was the Michael Manganelli show, as he hit three treys, a jumper and two foul shots. His last three-point shot of the first quarter came with 3:10 left, giving him 16 of the team's 23 points.

"I thought he shot the ball really good against Hamilton-Wenham," answered McCune of whether this was Manganelli's most impressive shooting night. "What I think makes the shots is the quality of the passes. Early in the game I thought we moved the ball real well and as the game wore on, we got tired and the ball stopped moving."

"As Mike (Manganelli) does for the other two guys (Melillo and Murphy), he was the recipient tonight of getting some good looks from Craig and Michael, especially Michael who just has the habit of doing that for everybody. But when we are moving the ball, we get wide open looks and those guys can make those shots."

Lynnfield slowly climbed back into the game behind Mehr. The center caused some havoc in the lane, especially in the second quarter as he scored 12 of his 18 points, including a finger roll and a post-up move, coming within 37 seconds of one another, which at that point made it a 33-24 game with 1:37 to go in the first half.

Wilmington then got a major shot in the arm, with some great production off the bench starting from Scott Bonica, who converted on a huge lay-up, which was later followed by a Manganelli three-pointer to close out the half with the Wildcats leading by 12.

"The kids played hard. I thought Scotty Bonica off the

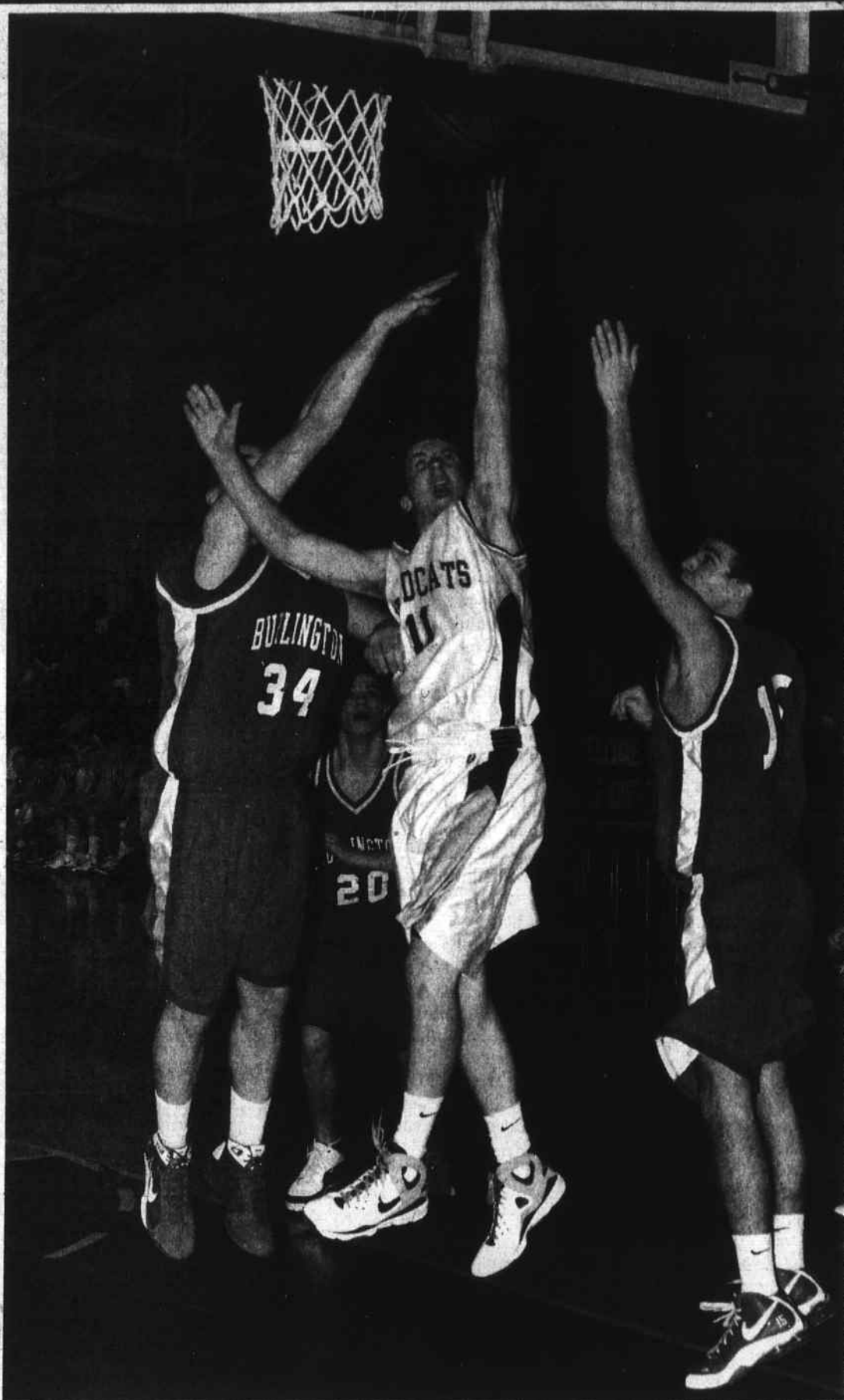
bench played really, really well and Michael (Manganelli) was real good himself," said McCune. "That's the thing about our team is when you have Michael, Craig (Melillo), Michael Murphy and Tyler (Whalen), and Stephen Stewart the way he played, we're in good shape."

Lynnfield continued to trail between the 9 to 12 point range throughout most of the third quarter. The Patriots were down by nine with 4:04 to go in the third, forcing McCune to call a timeout. That's when Bonica scored on a base line drive, which started the team's offensive thrashing over the next 12:30 of the game.

"The first period we were moving the ball tremendously and that's the key - ball movement and toughness," said McCune. "Defensively, I think this was our poorest defensive effort we've had in a while but we're not going to complain. I was worried about this team. I saw Lynnfield play myself and there's a couple of kids on their team who I really like as players."

Besides Manganelli, Stewart and Melillo were also in double figures with 12 and ten points respectively. Stewart led the team in rebounds with nine, followed by Tyler Whalen, who finished the night with six points and eight rebounds. Bonica came off the bench and had six points, while, Murphy also had a baker's dozen. Danny Dellisola and Ian Sullivan had one three-pointer each, giving the team ten for the night, while Lynnfield also hit for four from down town.

Wilmington remains at home on Friday to face an 0-10 Amesbury squad, which will be followed by road trips to Rockport on Tuesday (3-6) and Tewksbury (1-8) on Wednesday, before coming back home on January 23rd against Manchester-Essex (5-5).



Wilmington High senior Stephen Stewart drives to the basket for the boys basketball team during a recent home game. (photo by JoeBrownphotos.com)

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Strong effort on defense leads girls team to pair of wins

By JAMIE POTE
Sports Editor

In a battle of two 3-4 clubs, it took the Wilmington High School girls' basketball team nearly 11 minutes before the team found its groove at home on Friday night against Triton Regional. Wildcat head coach Jay Keane was constantly trying to find the right mix of players, as the team really struggled with turnovers and just poor mistakes through the first quarter-plus.

But several nice drives to end the first half cut deficits of 12-5 and 22-15 down to four. Then Wilmington completely dominated play in both the third and fourth quarters, outscoring the Vikings 16-4 and 16-7 respectively, which was more than enough to lift the Wildcats to a 500 record with a 53-36 victory.

"Triton did a good job of getting by our press initially, so we went man-to-man because even in our zone they were doing a good job against us," said Keane. "Defense wins games and we really stepped it up in the second half. We held them to just four points in the third quarter. And the good thing about tonight was no matter who I put in, the level of play

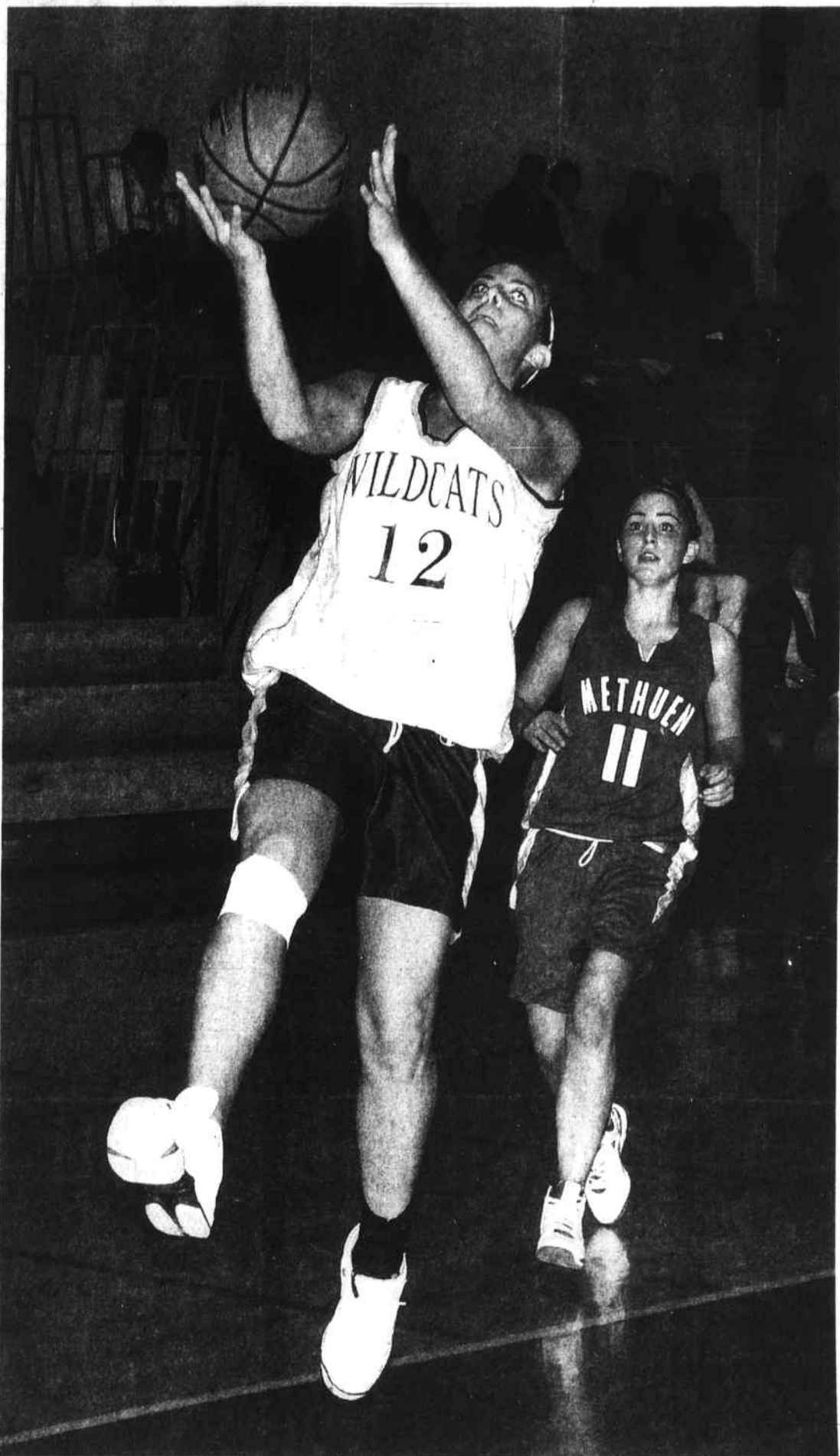
remained. I think in the first half I went ten deep - so I played everybody and they all did a great job. This was a good team win and we really needed it."

Junior Amy Fahey was immense throughout the game, especially at critical junctures of the game. She ended the night with a game high 20 points, including 12 coming in the first half when the Wildcats were really struggling.

"We had a good week of practice and I knew that if we started to play better in the second half, we would be all set," said Keane about the team's first half struggles. "Our defense really got us back into the game. Early on we were taking good shots but they weren't going in. I told them at half-time, to keep shooting and that we were getting good shots so I wasn't going to penalize them for that."

Fahey's teammates certainly got into the action to start the third quarter. Wilmington came out on a 9-0 run, before Triton scored the next four points. The Wildcats countered with a 19-0 run over the two quarters,

WHS GIRLS HOOP PG SP8W



Wilmington High senior Kristen Browne converts on a lay-up during a recently held girls basketball game held at WHS. (photo by JoeBrownphotos.com).

Boys hockey team extends streak to seven

By JAMIE POTE
Sports Editor

The Wilmington High School boys' hockey team extended its winning streak to seven games with victories over North Andover, 5-2, last Wednesday and Triton Regional, 4-1, this past Saturday night. It was the second meeting in nine days against a talented North Andover team, and Wilmington, behind the strong play of captain Kevin Flanagan - not to mention forward Jeff Harris who notched a hat trick - were able to shut down crafty forward Ryan Sifferien.

"It was the second time we were able to keep (Sifferien) off the board," said Wildcat head coach Steve Scanlon. "I thought Kevin Flanagan did a nice job when he was out there against him especially in front of our net. Kevin's good with staying with (Sifferien's stick and his hands - Sifferien always tries to get loose."

Harris and Patrick Boudreau figured in four goals each as Harris had the hat trick with an assist and Boudreau was the opposite with one goal and three assists. Boudreau is coming off a shoulder injury that kept him out of the second half of last season, and currently he ranks second in the Cape Ann League in scoring with 5 goals and 8 assists for 13 points.

Harris gave the Wildcats a 1-0 lead before Flanagan scored a real nice tally to have the Wildcats go up 2-0. North Andover climbed back into the game scoring the next two goals, the first on a power play as the first period ended in a 2-2 tie. Wilmington scored the

BOYS HOCKEY PG SP8W

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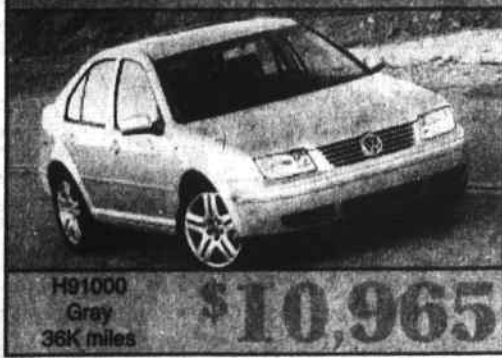
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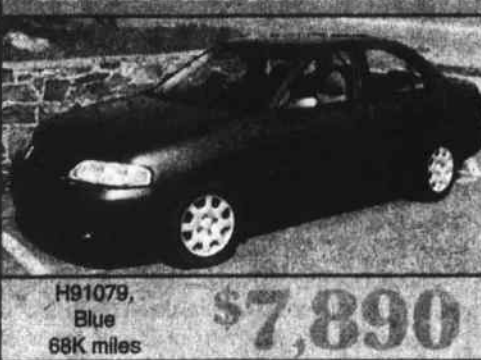
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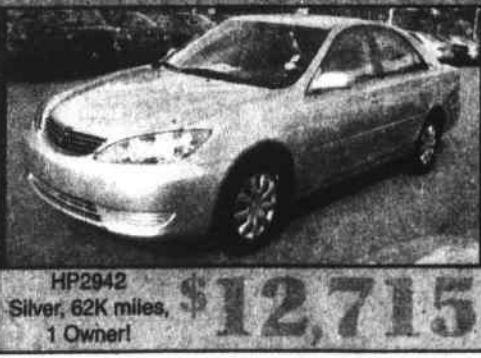
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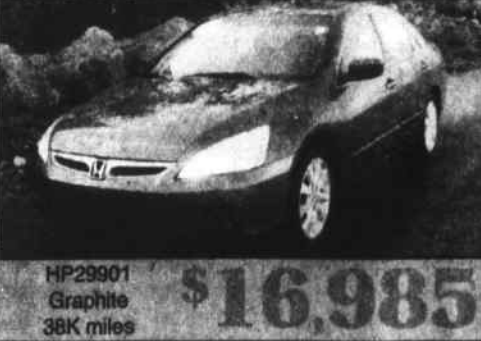
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Shawsheen Tech Girls Basketball, Hockey and Wrestling Round-Up

Defense the difference in girls starting out 6-1

By MIKE IPPOLITO
Sports Correspondent

The Shawsheen girls basketball team, in the midst of a four game winning streak, is off to a 6-1 start to the season, with three of the victories coming in a four day stretch this past week. If the Lady Rams were worn out by the brutal schedule, they certainly did not show it, as their defensive intensity has only picked up, twice holding their opposition to a grand total of seven points in a half.

The Lady Rams most recent win came on Monday night on the road against Northeast Regional when they rolled to a 51-22 victory behind a balanced scoring attack that has become the team's forte in the early going of the season. Shawsheen was also led by a stellar defensive effort, as not only did they allow only four points in the second quarter on their way to a 21-15 halftime lead, they also held Northeast completely scoreless in the third quarter on their way to a 38-15 lead after three quarters.

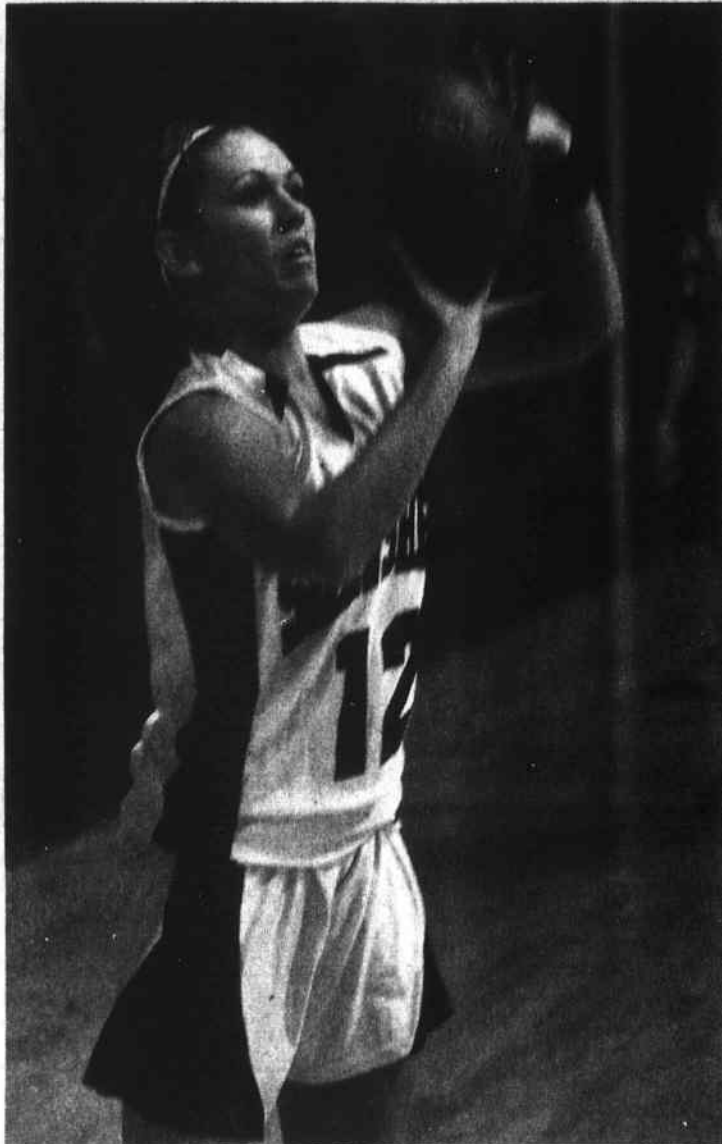
Sophomore Allyson Trayah of Tewksbury led all scorers with 16 points, including going 2-for-2 on three pointers.

"That was the best Allyson has shot the ball all season," Shawsheen coach Dick Barriss said. "We had hoped going into the season she would be an outside shooting threat and today was kind of her breakout game. Having her play that well certainly helped the whole team effort."

Junior Briana Miano of Tewksbury added nine points while senior Selina Houghton added eight to pace Shawsheen who lead 21-11 at the end of one quarter and 21-15 at the half. So, a quick check of the math would indicate that they did not score any points in the second quarter, a stat that baffled Barriss.

"I was not very happy at the half," Barriss said. "We had shot 7-for-40 in the first half. 40 shots is a lot for one half. I would like to say we are a good offensive team, but we are not yet. We play good defense, and that is why we have been winning. One of these days we will put it all together and I will be very happy and we could be scary."

If you ask their opponents from Mount Alvernia, they would probably tell you that the Lady Rams are scary enough already. After being eliminated from the state tournament by Shawsheen last season, they



Shawsheen Tech's Caitlin Gallagher takes a jump shot during the Rams' game held on Friday afternoon.

(photo by JoeBrownphotos.com).

have now been on the short end against the Lady Rams twice already this season, most recently on a makeup game on Saturday afternoon when Shawsheen prevailed by a score of 38-16.

Senior captain Caitlin Gallagher was outstanding for Shawsheen in the victory, posting a double double with 11 points and 10 rebounds, while also contributing two assists and two steals.

"Caitlin was by far the best player on the court," Barriss said. A lot of her points came with her and Selina baiting the other team to throw the long pass down court, but they would get themselves in position and break up the play. Caitlin had a great all around game as did Selina."

Once again the Shawsheen defense was outstanding as they held their opponents to just nine points in the first half and seven in the second.

"We change things up a lot on defense and the girls have a good grasp of what we are try-

ing to accomplish on defense," Barriss said. "I really don't know why we have been so effective to be honest, but we still have work to do. We are a good team right now, but not a great team."

They may not be a great team yet, but Barriss is very happy with a 6-1 record to this point, although he knows there is still work ahead.

"If you had told me at the beginning of the year that we would beat Alvernia twice I am not sure I would have believed it, so we are a little ahead of where I expected us to be at this point," Barriss said. "We still have not played Whittier, Minuteman or PMA yet so after we do that we will know a little more about where we stand, but 6-1 is a good place to be right now."

Hockey

After a bit of a slow start to the season, it appears the Shawsheen hockey team is on the verge of righting itself on their way to their usual suc-

cessful season. The Rams most recent game may have been their most complete effort of the season as they shut out CAC rival Rockport last Saturday by a score of 4-0 for the second shutout win in a row, having also shut out Methuen in their previous game on January 3 by a score of 2-0.

In the win over Rockport, the Rams improved to 3-3-2 on the season behind a goal and two assists from junior Brett Fredrickson, and a 13 save performance from senior goalie Evan Walsh of Tewksbury to earn the shutout.

Shawsheen coach Chuck Baker still does not believe the team has reached its potential yet, but he has been happy with their improvement over the past few games.

"We are string to keep the puck out of the net which is always good, and we are starting to score some, but we are still not getting the productivity I would like to see," Baker said. "But we are playing much better, and hopefully we continue to improve."

The Rams also got goals from senior forward Shawn Donovan of Tewksbury as well as senior forward Matt Grace and Ryan Arensbach. Though not necessarily know for his scoring ability, Donovan has now scored points in two games in a row, having assisted on a key goal against Methuen.

"Shawn plays more on a checking line for us, and he does a real good job with that for us, but if he can also get us some production that is even better," Baker said.

Donovan assisted on the second goal of the game against Methuen when Corey Leger let the lamp at 2:01 of the third period, giving the Rams some much needed breathing room, but the key goal of the game had come just as the second period expired when junior defenseman Jess Rossetti of Wilmington broke a scoreless

tie with one second left in the period.

At that point in the game the Rams were still struggling to find the back of the net, so Rossetti's tally gave them a huge lift.

"That was huge for us," Baker said. "We had a big advantage in shots on goal, but we had nothing to show for it, so for him to get that on the board before the end of the period was huge for us."

Senior goalie Tony Botte of Wilmington made 22 saves to earn the shutout against Methuen. Much like the Rams scoring, Baker is still looking for more from both of his net minders, but he is certainly pleased to see their improved play.

"They both played well enough to earn their shutouts and they each had to make three or four quality saves to keep it a shutout," Baker said. "I am happy with the way they are playing, but we need them to continue to step up for us."

Wrestling

The Shawsheen Tech wrestling team continued their splendid season this past week with a dominating win over CAC rival Greater Lowell on Wednesday and a very good showing at the Chelmsford Invitational Tournament on Saturday. The Rams routed Greater Lowell in a home meet Wednesday by a score of 50-19, picking up coach Mark Donovan's 300th career win along the way, and followed that up with a fifth place finish at the 22 team Chelmsford Invitational, finishing first among all Massachusetts schools, as they faced competition from all over New England.

On Wednesday, the Rams got wins from nine wrestlers in their matchup with the Gryphons, with seven of those victories coming by pin and the

other two coming by major decision, to improve their overall record on the season to 8-1 while they improved to 2-0 in the CAC.

Among those picking up a victory by pin for the Rams was freshman Darren Rania at 103 pounds. Rania has been forced into the starting lineup after an injury to starter Nick D'Entremont and he has not missed a beat. The 96 pound freshman is giving up some weight to his opposition, but he has not let that get in the way of his success.

"He wrestled very well," Donovan said. "He is very light, but he is very skilled and he is not intimidated. He has done a good job backing up Nick D'Entremont."

Senior captains Derek Harding (125) and Calvin McMillan (160) of Tewksbury both had outstanding matches in picking up their victories, with Harding winning by pin and McMillan winning by major decision. Both wrestlers have been outstanding to this point in the season for Donovan not only in their ability to consistently pick up victories for the Rams, but also in their ability to lead their teammates.

"Derek leads by example. He goes all out all the time and the other kids see that. We count on Derek a lot and he has come through for us," Donovan said. "Calvin is just an old school wrestler who never says never and just keeps working. He is not the mist talented kid we have on the team, but his work ethic has made him very successful."

Sophomore Jesse Dillon at 152 pounds also picked up a victory by major decision for the Rams and Donovan sees many more victories in the youngster's future.

"This is his first year as a starter for us," Donovan said. "He is strong as an ox and he is

RAMS ROUND-UP PG SP7C

MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Angelo Oliveira to Mortgage Electronic Registration Systems, Inc., dated July 15, 2006 and recorded with the Middlesex County (Northern District) Registry of Deeds at Book 19002, Page 127 of which the Mortgagee is the undersigned is the present holder by assignment for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 10:00 AM on January 22, 2009 at 35 Tenth Street, Tewksbury, MA, all and singular the premises described in said Mortgage, to wit:

The land in Tewksbury, with the buildings thereon, situated on the southeasterly side of Tenth Street and being shown as Lots 175 and 174 on a plan of land owned by Walter W. J. McLaren, Tewksbury, Mass. October 8, 1907, John S. Grossman, Engineer, which plan is recorded with Middlesex County North District Registry of Deeds in Book 27 at page 88, and further bounded and described as follows:

NORTHWESTERLY by said

tenth Street, according to said plan, 80 feet;

SOUTHWESTERLY by Lot 176, according to said plan, 80 feet;

SOUTHEASTERLY by Lot 126 and 127, according to said plan, 80 feet; and

NORTHEASTERLY by Lot 173, according to said plan, 80 feet.

Containing 4,600 square feet of land.

For title see deed recorded herewith.

The premises are to be sold subject to and with the benefit of all easements, restrictions, building and zoning laws, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession.

TERMS OF SALE

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS (\$5,000.00) in the form of a certified check or bank treasurer's check will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within

thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. TIME WILL BE OF THE ESSENCE.

Other terms if any, to be announced at the sale.

Countrywide Home Loans, Inc.
Present Holder
of said Mortgage,
By Its Attorneys,
Orlans Moran PLLC
P.O. Box 982169
Boston, MA 02196
Phone (617) 502-4100
12.31.08; 1.7.09; 11.14.09

6684

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Felisberto Braz and Helia Braz to First Eastern Mortgage Corporation, dated February 26, 2004 and recorded with the Middlesex County (Northern District) Registry of Deeds in Book 16946, Page 167, as affected by confirmatory mortgage recorded at Book 16963, Page 206 of which mortgage HSBC Mortgage Corporation USA is the present holder, for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 10:00 AM on February 4, 2009, on the mortgaged premises located at 30 Melrose Avenue, Wilmington, MA 01897, all and singular the premises described in said mortgage, TO WIT:

A certain parcel of land, with the buildings thereon, situated in Wilmington, Middlesex County, Massachusetts, and being Lots numbered 314, 315, 316, 317, 318 and 319, as shown on a Plan of Pinewood, H.A. Millhouse, C.E., dated May 1916, recorded with

Middlesex North District Registry of Deeds, Book of Plans 33, Plan 73, and together bounded and described as follows: Westerly by Pinewood Avenue, one hundred fifty (150) feet; Northerly by Lot #320, as shown on said Plan, one hundred five (105) feet; Easterly by Lots numbered 282 to 287, both inclusive, as shown on said Plan, one hundred fifty (150) feet; Southerly by Lot #313, as shown on said Plan, one hundred five (105) feet. Said Lots together contain 15,750 square feet of land, according to said Plan, be any or all of said measurements, more or less. Subject to easements and restrictions of record, if any there be, insofar as same are now in force and applicable. For mortgagor's title see deed recorded with Middlesex (Northern District) County Registry of Deeds in Book 16860, Page 20.

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, right of ways, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assess-

ments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens, or encumbrances is made in the deed. TERMS OF SALE: A deposit of TEN THOUSAND (\$10,000.00) DOLLARS by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at ABLITT LAW OFFICES, P.C., 304 Cambridge Road, Woburn, MA 01801, other terms and conditions will be provided at the place of sale. The description of the premises contained in said mortgage shall control in the event of an error in this publication. OTHER TERMS, IF ANY, TO BE ANNOUNCED AT THE SALE.

HSBC Mortgage Corporation USA, Present holder of said mortgage, By its Attorneys, ABLITT LAW OFFICES, P.C., 304 Cambridge Road, Woburn, Massachusetts 01801, Telephone (781) 246-8995, Fax (781) 246-9994
Dated: 01/06/2009
38.0163/Braz/(01/14/09, 01/21/09, 01/28/09)(138934)

MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Anthony Q. Vale a/k/a Anthony Quincy Vale to "MERS", Mortgage Electronic Registration Systems, Inc., a separate corporation that is acting solely as nominee for Horizon National Bank, "Lender", its successors and assigns dated September 11, 2003 and recorded with the Middlesex County (Northern District) Registry of Deeds, in Book 16346, Page 193, of which mortgage the undersigned is the present holder, for breach of the conditions of said mortgage and for the purpose of foreclosing the same will be sold at Public Auction at 10:00 AM, on January 21, 2009, on the premises known as 46 Middlesex Avenue, Wilmington, Massachusetts, the premises described in said mortgage, together with all the rights, easements, and appurtenances thereto, to wit:

Southeasterly by Middlesex Avenue, one hundred one and 55/100 (101.55) feet;

Southwesterly and Southeasterly by land now or formerly of John P. Browne and Helen B. Browne, three hundred forty-six (346) feet and one hundred twenty-five (125) feet respectively;

Southwesterly by land now or formerly of Robert R. Butters and Ethel F. Butters, seventy and 12/100 (70.12) feet;

Northwesterly and Westerly by land now or formerly of Boston and Maine Railroad, one hundred twenty-five and 70/100 (125.70) feet and one hundred ten and 19/100 (110.19) feet and six and 74/100 (6.74) feet respectively;

Northerly by land now or for-

merly of Charles W. Penny and Katherine Penny, three hundred twenty-two and 95/100 (322.95) feet;

Northeasterly by Clark Street, one hundred six and 03/100 (106.03) feet and forty and 82/100 (40.82) feet respectively;

Southeasterly by land now or formerly of Ernest J. Cail and Mary Cail and by land now or formerly of Raymond A. McNamara and Patricia A. McNamara, one hundred twenty-three and 67/100 (123.67) feet and one hundred twenty-seven and 06/100 (127.06) feet respectively; and

Northeasterly by land now or formerly of Raymond A. McNamara and Patricia A. McNamara, three hundred ninety-six and 18/100 (396.18) feet.

Subject to the taking by the Town of Wilmington for laying out of Clark Street recorded in said Registry of Deeds in Book 1884, Page 542, Book of Plans 108, Plan 107 insofar as the same affects this parcel.

Hereby conveying the same premises described in Deed dated August 30, 2002 and recorded in Middlesex North County of Deeds in Book 13542 Page 119

Terms of Sale: These premises are being sold subject to any and all unpaid real estate taxes, water rates, municipal charges and assessments, condominium charges, expenses, costs, and assessments, if applicable, federal tax liens, partition wall rights, statutes, regulations, zoning, subdivision control, or other municipal ordinances or bylaws respecting land use, configuration, building or approval, or bylaws, statutes or ordinances regarding the presence of lead paint, asbestos or other toxic substances, sanitary codes, housing

codes, tenancy, and, to the extent that they are recorded prior to the above mortgage, any easements, rights of way, restrictions, confirmation or other matters of record.

Purchaser shall also bear all state and county deeds excise tax. The deposit of \$5,000.00 is to be paid in cash or bank or certified check at the time and place of the sale, with the balance of the purchase price to be paid by bank or certified check within thirty (30) days after the date of the sale, to be deposited in escrow with Gueatta and Benson, LLC, at 9 Acton Road, Suite # 10, Chelmsford, Massachusetts.

In the event that the successful bidder at the foreclosure sale shall default in purchasing the within described property according to the terms of this Notice of Sale and/or the terms of the Memorandum of Sale executed at the time of the foreclosure, the Mortgagee reserves the right to sell the property by foreclosure deed to the second highest bidder or, thereafter, to the next highest bidders, providing that said bidder shall deposit with said attorney, the amount of the required deposit as set forth herein within five (5) business days after written notice of the default of the previous highest bidder.

Other terms, if any, are to be announced at the sale.

Present holder of said mortgage Bank of New York as Trustee for the Certificate Holders of CWMB 2003-56

by its Attorneys
Gueatta and Benson, LLC
Peter V. Gueatta, Esquire
9 Acton Road
Suite # 10
Chelmsford, MA 01824
December 24, 2008
12.31.08; 1.7.09; 1.14.09

Veteran coach wins his 300th meet

Donovan reaches incredible milestone

By MIKE IPPOLITO
Sports Correspondent

The Shawsheen Tech wrestling team picked up an important victory last week with a dominating 50-19 victory over Greater Lowell. It was a key win for the Rams in the CAC, but for one night at least, a big league game was overshadowed by a personal milestone, as Shawsheen coach and Tewksbury native Mark Donovan secured his 300th career victory on the night, making him one of only seven coaches in the history of Massachusetts wrestling to reach that mark. Lowell's George Bossi is the all time leader with 608 victories.

Shawsheen has been one of the most consistent teams in the entire state of Massachusetts for the past quarter century, year after year putting together a successful team. The Rams have not suffered a losing season in the past 24 years, and that kind of success can be directly attributed to Donovan who began his career with the Rams in 1985.

Donovan was thrilled to achieve the milestone, but also quickly out the focus back to

his team.

It is certainly a great honor to be up there with the coaches who have done that, and of course, but it is not about that," Donovan said. "I am not really big on thinking of myself, so it is not about me."

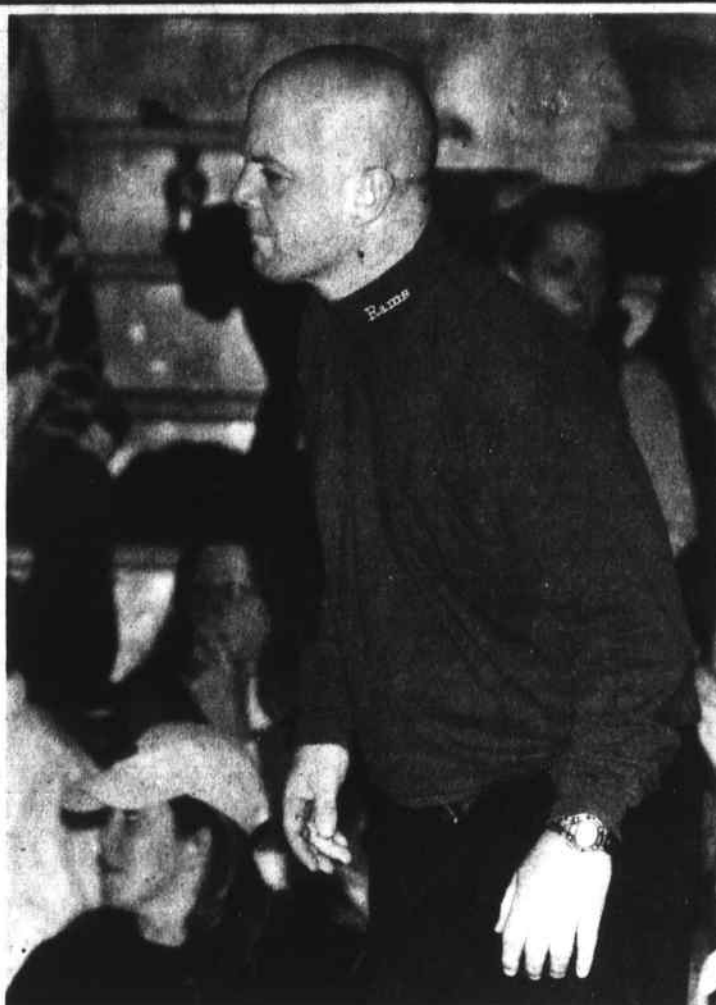
To Donovan, the victories are a direct result of his focus on team goals, as well as his team's ability over the year to respond to that focus.

"What it is about is the challenge you make to yourself every year to be the best that you can and to try and win a state title," Donovan said. "If you do that then the wins are going to come."

Of course, Donovan's expertise has been a big reason for the wins continuing to come to the Rams. One of his former teammates at Tewksbury High and a great wrestling coach in his own right, Tewksbury coach Brian Aylward, recognizes what Donovan has done as a tremendous accomplishment.

"Mark has done a great job there. His ability to keep guys in his program and his staying power has been a big key to his success, and he has a great staff around him," Aylward said. "He has had some great success over there and I have a tremendous amount of respect for him."

It is not just Donovan's coaching ability that has drawn the



Shawsheen Tech wrestling coach Mark Donovan, shown here earlier this season, won his 300th meet this past week.

(photo by JoeBrownphotos.com)

respect of Aylward and others. His lessons to his team go beyond the mat.

"Mark was captain of my team at Tewksbury High and his dad was my coach, and they both preach a lot of the same things," Aylward said. "He's done a lot of good for a lot of kids. It goes beyond wins and losses and he has made a difference in a lot of kids lives."

Donovan for his part credits

his assistant coaches with helping him reach the milestone.

"I've got a tremendous coaching staff. Doug Pratt is my best friend and he has been with me for 250 of the wins," Donovan said. "All of my coaches do just a great job. I could not ask for a better staff. Without them I am nothing."

Shawsheen Tech Sports Round-Up

FROM PAGE SP6C

a hard worker. He never complains. He has never missed a day of practice and he always wants to learn. He just keeps going forward, and never goes backwards."

Other winners by pin for the Rams were Brandon Spinosa at 112 pounds, Anthony Finn at 130, Ryan Cassidy at 140, Alex Najjar at 171 and Anthony Pimentel at 215.

In the Chelmsford Invitational Tournament the Rams had a pair of winners with Spinosa and Najjar both coming out on top in their weight class. Both wrestlers had to beat some very tough competition in order to secure their titles.

"Spinosa beat the state champ from Hendrickon, Maine in the semi-finals 5-4 and he got the winning point with 10 seconds left in the match. He had a very good

day," Donovan said. "And Najjar had a very convincing major decision win against a very tough kid in his semi-final match. They both wrestled real well."

Also placing in the top six for the Rams McMillan with a fourth place finish at 160, Andrew Companschi of Wilmington with a fifth place finish at 189, Anthony Pimentel with a fifth at 215, and Anthony Finn in sixth at 130 pounds.

It was a long day for the wrestlers who advanced, as the meet began at 10:00 a.m. and did not conclude until after 11:00 on Saturday night.

"It was a long day, but they fought through it and did a very good job," Donovan said. "It wears you out putting in that kind of day, but they deserve credit for still getting it done."

Youth Skating Association meeting, and comedy night scheduled

Tewksbury Youth Skating Association Semi Annual Meeting - to be held on February 10, 2009 at 7 PM at the Baseball Building on East St. - see www.tysaredmen.com for more details.

On Saturday, January 31st, a Comedy Night to benefit the Tewksbury Youth Skating Association will be held at Tewksbury VFW87 Vernon Street, Tewksbury. Johnny Pizzi presents comedians

Brian Kiley from the Conan O'Brien Show and The Tonight Show with Jay Leno and Freddie Stone thecrazy and zany master of the Boston Pops hosted by Larry Lee Lewis. Doors open at 8:00 p.m., Show starts at 8:30 p.m. Tickets can be purchased online at www.tysaredmen.com or at the door.

LEGAL NOTICE

TOWN OF TEWKSBURY

CONSERVATION COMMISSION
PUBLIC HEARING
NOTICE OF INTENT

Notice is hereby given that the Tewksbury Conservation Commission will hold a public hearing on January 21, 2009 at 7:02 p.m. in Tewksbury Town Hall Auditorium, 1009 Main Street, Tewksbury, MA 01876 on an application filed by Town of Tewksbury - DPW - Brian Gilbert for a Notice of Intent.

Said Property is located on East Street at Strongwater Brook. Assessor's Map Town Right of Way (Lot) Town Right of Way Drainage improvements - replace culvert and raise roadway elevation.

The application may be examined in the Community Development Department, 999 Whipple Road, Tewksbury, MA (978-640-4370 x236) Monday thru Friday 8:00 am - 4:00 pm.

Stan Folta
CHAIRMAN

LEGAL NOTICE

TOWN OF WILMINGTON,
MASSACHUSETTSCONTRACT NUMBER
09-PVLN-1013

INVITATION TO BID

The Wilmington Town Manager, the Awarding Authority, invites sealed bids for the Shawsheen School Pavilion Project in accordance with bid documents prepared by the Wilmington Department of Public Works, Engineering Division, one twenty one Glen Road, Wilmington, MA 01887.

The sealed bids will be received in the Dept. of Public Works office at One twenty one Glen Road, Wilmington, until 10:00 a.m. on January 29, 2009 at which time all bids will be publicly opened and read aloud.

Contract documents may be obtained at the Engineering Division office at One twenty one Glen Road, during the hours of 8:30 a.m. to 4:30 p.m. upon receipt of a non-refundable fee of cash, check, or money order payable to the Town of Wilmington in the amount of twenty-five (\$25.00) dollars per set. The fee of twenty-five (\$25.00) dollars per set is non-refundable to cover costs of printing and handling the contract documents.

All bids shall be accompanied by a bid deposit in the amount of not less than five percent (5%) of the bid amount. Bid deposit shall be in the form of cash or a certified check, or a Treasurer's or Cashier's check issued by a responsible bank or trust company payable to the Town of Wilmington or a bid bond (a) in a form satisfactory to the Awarding

The North Reading Baseball School will again conduct its "Pre-Season Diagnostic Hitting Camp." A review of hitting mechanics, corrections of techniques and in-depth slow motion video analysis will be provided. Each session will be limited to 20 students with 3 instructors available. Eight different sessions will be available from February 24th to March 13th. Cost \$85.

The camp will be directed by Coach Frank Carey 2007 A.B.C.A. National High School Coach of the Year
Hitting School highlights:
• Players video-taped daily
• Live hitting daily
• 3 batting cages

Authority, (b) with a surety company qualified to do business in the Commonwealth, and (c) conditioned upon faithful performance by the principal of the agreements contained in the general bid. Return of bid deposits will be in accordance with the provisions of the applicable Massachusetts General Laws.

The Awarding Authority will reject bids when required to do so by the applicable Massachusetts General Laws. In addition, the Awarding Authority reserves the right to waive any informalities in bidding and to reject any and all bids if deems it to be in the public interest to do so.

The successful general bidder will be required to furnish a Performance Bond and a Labor and Materials Payment Bond, each in the amount of 100% of the Contract Amount. The surety company must be located and licensed to transact business in the Commonwealth of Massachusetts.

The bidder is advised that a completion time of one hundred five (105) calendar days has been established for this project. The cost for the work of this Contract has been estimated at \$80,000.00 dollars.

Wages and contributions to be paid employees on the project shall be not less than those determined by the Commissioner of the Department of Labor and Industry of the Commonwealth of Massachusetts, in accordance with Chapter 149, Section 26 to 27D inclusive, of the above referenced General Laws, a copy of which is included within the Bid Documents.

This Contract is subject to the Commonwealth of Massachusetts Supplemental Equal Employment Opportunity, Anti-Discrimination and Affirmative Action Program.

- Quick Hands machine
 - 3 instructors per 20 players
 - Bat Speed Meter available
 - 12 hitting stations
 - Solo Hitter
 - Written Evaluation
- For further information or brochure, please call:
Coach Frank Carey H: (781)

PUBLIC NOTICE

MetroPCS NE is proposing to construct a new telecommunications tower facility behind the shopping center located at 269 Main Street, Wilmington, MA. The new facility will consist of a 100-foot stealth flagpole and support equipment located within a 25-foot by 25-foot fenced lease area. Metro PCS NE will install antennas within the flagpole at a centerline height of 97 feet above ground level. Any interested party wishing to submit comments regarding the potential effects the proposed facility may have on any historic property may do so by sending comments to Project 61088061 -KCE c/o EBI Consulting, 21 B Street, Burlington, MA 01803, or via telephone at (781) 273-2500.

6699 1.14.09

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Department

MIDDLESEX Division
Docket No. 08P5431EP1
In the Estate of
JOSEPHINE C. CAMPO

Late of TEWKSBURY
In the County of MIDDLESEX
Date of Death October 2, 2008

NOTICE OF PETITION
FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that ESTHER C. BRODEUR of NASHUA in the State of New Hampshire be appointed executor, named in the will to serve without surety

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CAMBRIDGE ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00 AM) ON FEBRUARY 4, 2009.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. PETER C. DIGANGI, ESQUIRE, First Justice of said Court at CAMBRIDGE this day, December 31, 2008.

Marie A. Gardin
ACTING REGISTER
Register of Probate

1.14.09 6690

842-4042 W: (978) 664-7800 x260
Or write: North Reading High School P.O. Box 161 North Reading, MA 01864

LEGAL NOTICE

TOWN OF WILMINGTON
BOARD OF SELECTMEN
TOWN MEETING
WARRANT ARTICLES

Notice is hereby given that Articles submitted by petition for inclusion in the Warrant for the Annual Town Meeting to be held May 2, 2009, must be submitted to the Town Clerk's Office, Wilmington Town Hall, 121 Glen Road, Wilmington, no later than 4:30 p.m. on February 6, 2009.

Michael J. Newhouse,
1.14; 1.21; 1.28 Chairman
6698 Board of Selectmen

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Department

MIDDLESEX Division
Docket No. 08P5274EP1

In the Estate of BEN HURVITZ
AKA BENJAMIN HURVITZ

Late of WILMINGTON
In the County of MIDDLESEX
Date of Death July 18, 2008

NOTICE OF PETITION FOR
PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that RALPH SEGEL of POINCIANA in the State of Florida be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CAMBRIDGE ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00 AM) ON JANUARY 23, 2009.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. PETER C. DIGANGI, ESQUIRE, First Justice of said Court at CAMBRIDGE this day, December 19, 2008.

Marie A. Gardin
Acting REGISTER
Register of Probate

6691 1.14.09

LEGAL NOTICE

TOWN OF TEWKSBURY

BOARD OF APPEALS
PUBLIC HEARING

Notice is hereby given that the Tewksbury Board of Appeals will hold a public hearing on January 29, 2009 at 6:30 p.m. in the Tewksbury Town Hall Auditorium, 1009 Main Street, Tewksbury, MA 01876 on the following matters:

- Amend the Zoning Board of Appeals Rules of Procedure by adding a new Section 2.3 - Town of Tewksbury Massachusetts Digital Data Submission Requirements.
- Re-number Sections accordingly.
- Amend the Zoning Board of Appeals Fee Schedule.

A copy of the entire amendment may be examined in the Community Development Department, 999 Whipple Road, Tewksbury, MA (978-640-4370 x248), Monday thru Friday 8:00 am - 4:00 pm.

6692 Marc DiFrancia,
1.14; 1.21.09 Vice Chairman

THE COMMONWEALTH OF
MASSACHUSETTSLAND COURT
DEPARTMENT OF
THE TRIAL COURT

To: Case No. 384838

Warren D. Pierce III;
Joni L. Pierce

and to all persons entitled to the benefit of the Servicemembers Civil Relief Act.

Wells Fargo Bank, NA claiming to be the holder of a Mortgage covering real property in Tewksbury, numbered 12 Hoover Street given by Warren D. Pierce III and Joni L. Pierce to Wells Fargo Bank N.A., dated January 31, 2005, and recorded with the Middlesex County (Northern District) Registry of Deeds at Book 18363, Page 84 has filed with said court a complaint for authority to foreclose said mortgage in the manner following: by entry and possession and exercise of power of sale.

If you are entitled to the benefits of the Servicemembers Civil Relief Act as amended and you object to such foreclosure you or your attorney should file a written appearance and answer in said court at Boston on or before the 23rd of FEB 2009, or you may be forever barred from claiming that such foreclosure is invalid under said act.

Witness, KARYN F. SCHEIER, Chief Justice of said Court on JAN 07 2009

Attest:
DEBORAH J. PATTERSON
1.14.09 6695 RECORDER

LEGAL NOTICE

TOWN OF TEWKSBURY



BOARD OF APPEALS

Notice is hereby given that the Tewksbury Board of Appeals will hold a public hearing on January 29, 2009 at 6:30 p.m. in the Tewksbury Town Hall Auditorium, 1009 Main Street, Tewksbury, MA 01876 on an application filed by Charles Miggos as a party aggrieved for review of a decision made by the Building Inspector and/or other authorities in a letter dated November 18, 2008 for operating an automotive storage and repair shop. Said property is located at 686 Clark Road, Assessor's Map 11, Lot 24, zoned Heavy Industrial.

The application may be examined in the Community Development Department, 999 Whipple Road, Tewksbury, MA (978-640-4370 x248), Monday thru Friday 8:00 am - 4:00 pm.

6689 Marc DiFrancia,
1.14; 1.21.09 Vice Chairman

LEGAL NOTICE

TOWN OF WILMINGTON
PLANNING BOARD

The Planning Board will hold a Public Hearing on February 3, 2009 at 7:45 p.m. in Town Hall, Auditorium, 121 Glen Road, Wilmington, MA on Site Plan Review #08-18, entitled, "Plan of Land of, 1 Jewel Drive, Wilmington, MA"; dated December 8, 2008; submitted on December 17, 2008 by Attorney Robert G. Peterson for Hidden Jewel LLC, One Jewel Drive, Wilmington, MA 01887; prepared by Professional Engineer: William R. Buckley, Jr. and Professional Land Surveyor: Richard J. Leslie, Bay Colony Group, Inc., Four School Street, P.O. Box 9136, Foxborough, MA 02035. Said property is located at 1 Jewel Drive, Wilmington, MA 01887 and shown on Assessor's Map 24 Parcel 205. The owner of this property seeks to lease to a forklift dealer with no outside storage of forklifts. The applicant also seeks to lease for retail use as a flea market. No exterior alterations will be made with the exception of the construction of a loading dock.

A copy of the plan is on file at the Planning & Conservation Department and may be inspected during the hours of 8:30 a.m. and 4:30 p.m. Monday through Friday.

Any person interested, or wishing to be heard on the proposed plan, should appear at the time and place designated.

Michael Sorrentino, Chair
Wilmington
Planning Board

6696 1.14.09.1.21.09

Defensive charge leads girls hoop team to pair of wins

FROM PAGE SP5W

beginning with a free throw from Kristen Browne, and ending with a pair of buckets from Fahey including a 15-footer and a lay-up, pushing the lead to 49-29 with exactly five minutes to go in the game.

Ten different players scored at least two points, while, fellow starters Jessica Stuke, Amanda Keane, Browne and Lauren Nasiff combined to score 23 points and 21 rebounds, including a very solid all-around performance by Nasiff, who ended the game with 4 points and 11 rebounds.

"Lauren Nasiff has been starting for us the last four or five games and she doesn't get a lot of points," said Keane. "But she does a lot of the intangibles - diving on the floor, banging

around for rebounds, going for loose balls - she just does so much for the team. She's really a good leader out there. All of my seniors have been doing a real good job with that all season."

Off the bench, senior Stephanie Woods ended with two points and seven rebounds, while, Jill Fudge, Maggie Brown, Katie Aioki and Ashley Gonzalez all had a basket each.

On Tuesday night, the Wildcats improved to 5-4 on the season with a 58-40 road victory against Lynnfield. Fahey again had a huge performance finishing with 24 points, 12 rebounds and five assists. Stuke also had a solid all-around game with nine points, seven assists and three steals, as well as

Amanda Keane, who finished with six points, seven rebounds and two blocks.

Wilmington has a busy, but very important stretch of games upcoming. On Thursday they travel to Methuen for the second part of the non-league home-and-home series with the Rangers. Earlier this season Methuen topped Wilmington, 61-56, in a very good all-around game. The next night, the Wildcats travel to Amesbury to face the 3-7 Indians, before returning home on Tuesday to face winless Rockport.

The Wildcats need to get on a winning streak in order to qualify for the state tournament, with a gruesome final stretch of six games against all quality opponents.



Ed Barrasso, a forward on the WHS Boys Hockey team takes the puck to the net during a recent varsity game held at the Ristuccia Exposition Center. (photo by JoeBrownphotos.com)

Boys Hockey team extends winning streak to seven games

FROM PAGE SP5W

next three goals with Harris getting two and Boudreau the other, while, Dan Cushing and Ed Barrasso had single assists each.

"It was a good game and I thought we played well," said Scanlon. "It was a back and forth first period, and I thought we played better defensively in the second and third periods. Harris shot the puck really well and had a couple of nice goals."

Junior goalie Zack Rosa made 19 saves in the net to earn the victory. He currently leads the CAL in goals against average of 1.43 in seven games.

On Saturday, the Wildcats struggled through the first two periods against a subpar Triton Regional team. The game was tied at 1-1 through the first 30 minutes of play, before Wilmington scored three goals in the final period, the last coming with one second left on an empty-netter by Jared Ravagni.

"We got back into playing the one good game and one bad game a week thing," said Scanlon. "It's just been inconsistent. We scored on the sec-

ond shift of the game and then we went into neutral. I thought we did out play them as we had a lot of good scoring chances, but we were gambling a lot, especially our defensemen and that's not something you want to see. We played a terrible second period with a lot of deserved penalties. So heading into the third period, we just talked about going out there and winning the final 15 minutes and being the better team and we did that."

Flanagan scored the lone goal of the first period coming just 53 seconds in (assist from Liam Gately), before the 'Cats got on the scoreboard again early in the third as Boudreau set up assistant captain Sean Tavares for what turned out to be the game winner. Andy Owens followed scoring a fluke goal that trickled in with assists going to John Malone and Colin Foley, before Ravagni scored the empty netter with assists going to Flanagan and Tavares.

"It was great to see Tavares and Flanagan step up like they did," said Scanlon. "They both got a goal and set up others,

and you need your leaders and your big kids to step up in games like that."

Rosa stopped 23-of-24 shots, he faced, pulling out another hard-earned win in between the pipes.

"Zack was good - he was real good," said Scanlon. "He made several big saves when we needed it. If Triton had gone ahead (2-1) we would've been in trouble."

With the two wins, Wilmington is now 8-1 overall and currently lead the CAL League by three points over Newburyport, Masconomet and Lynnfield, who all have nine points. Wilmington faces Pentucket Regional on Saturday (12:00 pm) at Haverhill's Arena, before facing those three tough teams in a row.

"We're 8-1 which is great," said Scanlon. "I'd just like to see us play more consistent. It's tough to complain though when you've won seven games in a row."

Wrestlers coming out of their cage

FROM PAGE SP1W

Sophomore James Perry advanced to the finals for the second time in a team tournament, losing in the final of the 140-pound weight class to finish a very impressive 4-1 on the day.

"This is a huge step for James," said Pimental. "Like I said after the Sons of Italy Tournament, he's off-season work is the reason why he's doing as well as he is right now. You could see that work pay off over night. He has blossomed into a real, real tough wrestler."

Coming off his second place finish in the team's tournament the weekend before in Rhode Island, Matt Sullivan continues to pile up victories coming out of the heavyweight division.

"He just had a great weekend," said Pimental. "It started with the Rhode Island tournament where he made it to the

finals. He got over that hump and you could see that because this past weekend he was a totally different wrestler. He went into the matches with the attitude of nothing to lose and everything to gain. His confidence is growing because his success is growing. He's a very agile kid, and he's very technically savvy. He's just getting better and better."

DeNufrio and Nihan also both finished with third places, while, Adams, Vibert and Dillon Halliday all finished with a fourth place in their respective weight class. This marked the first time Vibert placed in a varsity tournament.

Also competing for the Wildcats were Josh Denney (103, 1-2), Tyler Strem (112, 1-2), Colin MacDonald (130, 2-2), Tony Valente (145, 1-2), Josh Steeves (152, 2-2), Alex Furlong (215, 2-2).

After the match-up with North Andover, the team will take a trip to Vermont to take place in the annual Mount Anthony tournament, the former home of Pimental, who was a state champion back in 1989.

"It's a great trip all the way around," he said. "It's always nice to go back home and see friends and family who come and watch us wrestle. I get to see my Mom and it's just a great trip for the kids. I think it's one of the highlights of the season. You get to go away, you face great competition from throughout all of New England and New York, and it's nice to see such different and good competition. We're all looking forward to it."

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Youth wrestling program grows from 5 to 67

By MIKE GIANNATTASIO
Sports Correspondent

The Wilmington Youth Wrestling program had a total of five kids in the program last year. There are now 67 kids in the program this year as it has gained attention and captured plenty of interest from kids around Wilmington.

Dave Adams is the coordinator of the program, as he helped get it running last year with the help of Wilmington High School Wrestling Coach Mike Pimental and the current Wilmington Youth Wrestling Coach Tim Penney.

"This is my first year as the Wilmington Youth Wrestling Coordinator," said Adams. "I got involved because I love the sport as I wrestled in high school and two of my sons Kenny and Shawn have wrestled."

Kenny has been wrestling for about seven years, as he started off in the Wilmington Youth Wrestling program. He now wrestles for Worcester Polytechnic Institute. Shawn has been wrestling for about four years is currently a sophomore on the Wilmington High School wrestling team.

Adams said that advertisements was a main reason for the dramatic increase in players this year.

"We have 67 kids in the program and it couldn't have been done without the help of Head Coach Tim Penney and his wife Lori," said Adams. "We posted flyers at the Pop Warner field at local businesses as well as distributed almost 4,000 flyers throughout the entire Wilmington School system. We had two signups and have a website www.wilmingtonwrestling.com. We also ran two ads in the Town Crier."

The Wilmington Youth

Wrestling program runs from December 1st through March 31st. For the cost of \$125.00 the kids get a t-shirt and shorts and get to enter two tournaments. They also get the use of a Wilmington Youth Wrestling singlet, which is a one-piece uniform.

Practices are usually held Mondays and Thursdays each week with the younger kids in grades K-2 practicing from 5:30-6:45 p.m. and the older kids in grades 3-8 going from 6:45-8:30 p.m.

There are several tournaments the participants take part in throughout the course of the season, and the Wilmington Youth wrestling program also sets up scrimmages throughout the season with surrounding towns.

Adams said Wilmington Youth Wrestling is currently geared towards making the players in the program improve and progress, and this is why the coaches of the program chose not to be in a competitive league this season.

"There are some teams in youth wrestling that are in leagues similar to the way the high school leagues work, such as the Cape Ann League," said Adams. "But because we are a new program it would be counterproductive to be in a highly competitive league because we have so many kids that never wrestled against kids that have been wrestling for years."

"Wilmington Youth Wrestling is currently in the Big East Wrestling League. The Big East League is a league of about 75 teams from all over the state. We can call or email the coaches in this league and set up scrimmages or enter tournaments. But again because we have so many new kids we need to be careful not to get kids dis-



The Wilmington Youth wrestling program has been a tremendous success this year behind co-ordinators Dave Adams and Tim Penney. On Monday night, the program held a practice at the high school. (photo by JoeBrownphotos.com).

couraged."

Adams said he has many duties as coordinator, as he does work for the program almost everyday of the week.

"I usually help set up tournaments, keep the parents informed, and other administrative type things like ordering uniforms, find sponsors, helping with fundraisers, and the scheduling of practices," said Adams. "Because of health issues I no longer can work, but I usually work on something for Wilmington Youth Wrestling almost everyday, whether it's trying to find teams to scrimmage, going to practice, or just getting organized for tournaments."

Adams also said being part of the Wilmington Youth Wrestling program is very rewarding.

"I enjoy seeing how the kids grow as wrestlers," said Adams. "Of the 67 kids that we have in the program we have more than 50 that had never stepped on a wrestling mat. It's only been a little more than a month of prac-

tice for most of them and I can already see a big difference in their improvement."

Adams added that the coaches have many goals for the participants, as they hope each kid can improve and progress throughout every practice and meet.

"The program's goal for this year is to have each kid learn the basics of wrestling and win at least one match in a tournament," said Adams. "I think this is a reasonable goal for us. We need to walk before we can run. My long term goal is to produce Wilmington's first ever New England High School Wrestling Champion."

On December 28th, 31 participants of the Wilmington Youth Wrestling program competed at the Tyngsboro Big Red Tournament, which was their first tournament of the season. Out of the 31 kids who competed, 23 of them won medals, which means that the program is on the right track to accomplish their goal for every kid to win at least one match.

Adams said he has plenty of advice for those kids who are thinking about taking part in the sport for the first time.

"Don't get discouraged," said Adams. "Work hard in practice, listen to the coaches and most of all have fun. Everyone is a beginner at one time. The coaching staff works really hard with our kids to try to match them up by age, weight and experience."

Besides Adams, there are many other volunteers who make the Wilmington Youth Wrestling program successful.

"This program wouldn't be where it is if it wasn't for Wilmington High School Head Coach Mike Pimental and Wilmington Youth Wrestling Head Coach Tim Penney," said Adams. "Coach Pimental has worked with me since last March to put this together. He has been very supportive and has worked closely with me to help set this up. I speak with him almost on a daily basis and he has helped with everything from getting mat time

to insurance.

"Coach Tim Penney has also been a saving grace for the program. We went out and found a staff that could help him. He is the first one at every practice and the last one out. He is very knowledgeable and was an assistant youth wrestling coach in Burlington for five years."

Adams said that all the coaches work well together which allows the practices and meets to run smoothly.

"Wilmington Youth Wrestling Head Coach Tim Penney has done a great job finding a coaching staff," said Adams. "We currently have eight coaches, and it is great. It allows us to break the groups of kids down into smaller groups. Our coaching staff also has two of Coach Pimental's assistants, Coach Pete Mitchell, and Coach Adam Depasquale, as well as Ken Joyce who graduated in 2008 and is the first and only state champion to come out of the Youth Program."

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Pee Wee A's move into fourth place

The Wilmington Pee Wee A team played two of their most solid games of the season this past weekend against Valley League opponents Waltham and Saugus. Each team had beaten the Wildcats earlier in the season in close games but due to the effort and determination of the entire squad, the tide turned this time around. By taking both games, Wilmington moved into fourth place in the Valley League standings and is looking to extend their streak next weekend.

On Saturday night first place Waltham stepped onto the ice confident of another victory over a Wilmington team who had scored just one goal against them in each of their previous contests. This time things would be different. The A's came out flying on their first shift with Joe Castellano finishing off a rush up the ice with a goal on a pass from Brandon Gentile less than one minute into the game. This set the tone for the remainder of the first period, as the Wildcats carried the play and with 4 minutes left Mark Albano buried a pass from Corey Stillings for a 2-0 Wilmington lead.

Up by two going into the second period, Wilmington's defense took over. Joe Visalli and Brian Cavanaugh kept the Waltham attacker's at bay, while goaltender Glenn Sullivan turned back every shot launched his way. Strong coverage by the "checking line" of Joey Marino, Madison Roberts and Mike Baker slowed Waltham's offense to a crawl. Due to the 100% effort of every player, Wilmington held a 2-0 lead after two periods.

The third period began with more of the same. The Wildcat defense, lead by Sam D'Angelo and James Hill backed up by the rock solid goaltending of Glenn "Moose" Sullivan turned aside every Waltham scoring opportunity. Austin O'Neal and Adriana Rossini buzzed the Waltham net, trying to give the A's a three goal lead. Waltham scored to make things interesting toward the end of the game, but the Wildcat's held on for the win.

Sunday's game against Saugus was one that the

Wildcats needed to build upon after their great effort of Saturday night. Two previous games against Saugus saw the Wildcats on the bad end of 2-1 scores, this night would be a different story. As was the case the night before, Wilmington came out focused and giving 100% effort. The effort was rewarded when Corey Stillings fired a shot past the Saugus netminder with assists going to Adriana Rossini and Brian Cavanaugh.

Going into the second period with a one goal lead, goaltender Glenn Sullivan was called upon to make several crucial saves. Joe Visalli worked diligently to push aside the Saugus attackers in front of the Wilmington net as Sam D'Angelo battled for the puck in the corners. Austin O'Neal and Joe Castellano created havoc in the Saugus end of the ice, only to be turned away by their defense. After twelve minutes of exhausting back and forth action, the second period ended without any scoring.

With a slim lead going into the third period, Wilmington put on their best offensive and defensive showing of the season. Hustling two way play by Brandon Gentile created chances for Madison Roberts and Joey Marino to add to the score. Mike Baker's relentless back-checking resulted in a missed opportunity for Saugus to tie the score. With 8 minutes left in the game Adriana Rossini scored the first of her two third period goals, picking up the rebound of a shot from the point just to the right of the Saugus net.

Two and a half minutes later, James Hill's "knuckle-puck" blast from the left point dipped through the Saugus goalie's five-hole to put the A's up 3-0.

With five minutes to go in the game, the team was now focused on completing the shutout. Digging deep for every last bit of energy, the Wildcats thwarted every Saugus offensive chance. To ice the cake, Mark Albano fed a perfect pass to Adriana Rossini who added a power-play goal with 29 seconds left in the game to give Wilmington a 4-0 win.



The Wilmington Mite 1 and 2 youth hockey teams played each other recently at the Garden. Picture here are: White: Goalie- Ryan St. Jean, Tim Kippenberger, Ryan Barrett, Tom Robarge, Connor Benoit, Andrew Sullivan, Nathan Dimeco, Zach Kincaid, Molly Foley, Dan McGaffigan, Max Vale, Kyle Bolis, Conlin Duffy. Coaches: Joe Kippenberger, Jay Barrett, Sean Benoit, John Robarge; Blue: Goalie- Mike Fiorenza, Nolan Ricci, Christian Robarge, Jared Venezia, Chris Spinazola, Mike Ducharme, Tom Worob, Dan Wooda, AJ McKearney, Dylan Bresnahan, Jared Homola, Rob Farrell, Calvin Stafford. Coaches: Rob Ricci, Dennis Robarge, Craig Venezia, Mike Fiorenza, Scott Stafford; Referees: Don Foley and Jay Barrett. (courtesy photos)



TriFury to host first triathlon clinic

Date: January 25, 2009 Sunday; Time: 1PM to 4PM
Place: Son's of Italy, 155 Marston Street, Lawrence, MA 01841; (978)-688-2258.

Cost: None, sponsored by TriFury

Open: To all TriFury members and non-members, No RSVP required

Speakers: Karen Smyers World Champion Triathlete; Bill Steele USAT Level II coach; founder of Breakwater Sports www.breakwatersportstraining.com Topic: Use of GPS to hone open water skills; Dr. Christopher Condon, Chiropractor, owner and director of the Andover Spine Center www.andoverspinecenter.com; Andrew Cannon MHS, PT, SCS, CSCS Director of Sports Medicine Northeast Rehab Health Network www.northeastrehab.com

Contact: Paul Sedgwick pds27@comcast.net TriFury President for any questions

Water and Gatorade provided; beer, wine & and soda available for purchase.

I will be giving away free race entries for 2009 courtesy of Claire Cloutier www.doublecracing.com

Mite teams face each other at the Garden

On December 13th, the Wilmington Youth Hockey Association was treated like "Kings for a day", as they took to the ice at the TD Banknorth

Garden. With family and friends in the stands it was sure to be a game for the ages.

The VIP treatment started just as the teams arrived, they

were escorted to their dressing room by the Boston Bruins equipment handlers walking through the Boston Sports museum and all of its memorabilia.

Once in the dressing room, Pandemonium reigned supreme, with both the player's excitement and the coaches scrambling to outfit the players into their game gear. Many a sore hand was found that day with almost 30 pairs of skates to tie. Once the starting lineups were made, and a few loud cheers, the teams took to the ice for what was sure to a classic game.

"Awestruck" is the best way to describe the players reaction to stepping out on the Garden ice and seeing themselves up on the Jumbotron. Coaches recalling if just for a moment, their own Glory Days, and what it meant to play in the "Old" Garden.

After the pregame warmup, the teams headed to the benches for some last second advice, with the coaches reminding their players to skate hard and above all, "have fun".

The action started right off the opening faceoff, with both teams eager to score the games first goal. Throughout the first half of the game, both goaltenders made some spectacular saves to keep the game scoreless, but the game plans of both coaching staffs and the players hard work began to show as the players used pinpoint passing and sure footed skating to keep the pressure on and the scoring going. With neither side willing to give up, the action continued right until the final buzzer.

At the games conclusion, all the players carried a replica

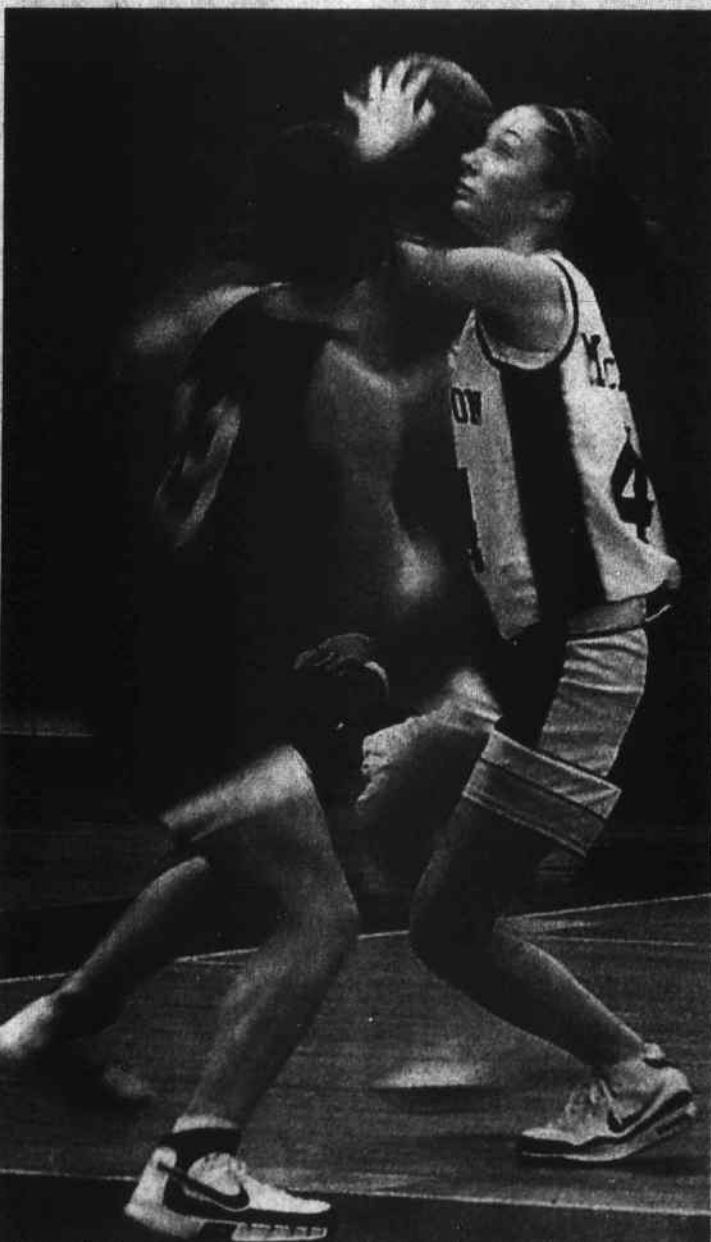
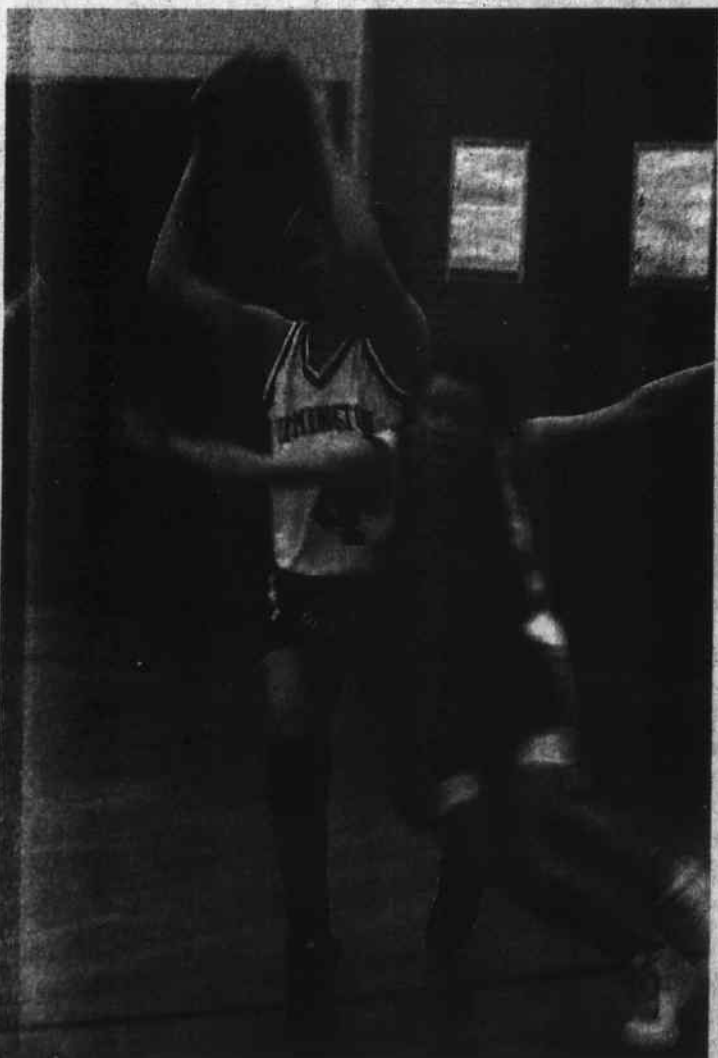
Stanley Cup around the rink to show their respect and love for the game. There were no winners or losers on this day, only kids with . Parents, coaches and players alike, living in a dream for one afternoon.

As make believe as it was, there is no bigger thrill for a hockey coach/parent than to see his/her players on the Jumbotron hoisting up the cup.

As the teams arrived back into their dressing room they were met by Ex-Bruin alumni Bob Sweeney and present Bruin, Shawn Thornton, for a Q and A session. Both Men may be fearless on the ice, but in a room full with 7 & 8 year olds, they were a bit nervous. Our Thanks goes out to both men for their time, patience and energy in answering some pointed questions from the players and one shout out to Phil Kessel.

Once out of the dressing room, and in the Christmas way, each player presented the Bruins wives with a new unwrapped toy for their Toys for Tots drive in hopes of making someone else's holiday memorable. The team's then enjoyed "High Fiving" the Bruins coming out of the locker room and watched the Bruins defeat the Atlanta Thrashers, no doubt in part, due to the spirited play of the Wilmington players on the ice before their WAY TO GO WILDCATS !!!

If you would like to take part in all of the action and excitement go to www.wilmingtonyouthhockey.org and sign up for the Learn to Skate/Learn to play programs and see first hand, what's "Bruin" like in Wilmington.



Above, Lauren McKenna goes up strong for Wilmington in 8th grade River Valley League action against Andover. And top left, Wilmington's, Michaela Chenevert (#4), looks for an opening in Saturday's River Valley league game against North Andover. (courtesy photos)

Wilmington Recreation Department Basketball Highlights

Ohio State nets 22 in latest victory

Big 10 - Boys Grade 3
Ohio St. 22, Iowa 8

Six was apparently the popular number on this Saturday. Scoring 6 points for the Buckeyes were Michael Daly and Nithish Kalpal. Joseph McInerney also added 4 points. Patrick Carroll and Brett Chisholm played shutdown defense in the second half to keep Iowa away from a victory. Iowa, on the contrary, had only two players' score; each of them had 4 points.

Justin Trevisani and Matthew Rideout were the lucky pair. Even though the score was a little lopsided, the remaining players, all played very well and showed a lot of hustle and guts.

Michigan 26, Minnesota 6

Having the WRBL high on Saturday was Daniel Gracia with 12 points. Two other players each threw in 4 points, and they were Kyle Penney and Anthony Dell Anno. Thomas Hogan and Sean Braz were seen diving on the floor for loose balls and also showing their teammates encouragement throughout the entire game.

Doing the scoring for the Golden Gophers was Connor MacKenzie, Kyle Ritson, and Ryan Maher, each of them with 2 points. Domingo Gonzalez and Jared Marquard were impact players on the defensive boards as well as their defensive intensity.

Purdue 32, Indiana 14

Tying Gracia for the most points on Saturday was Graham Smith, also with 12 points. Jonathon Simmons and Andrew Pearson added in 8 and 6 points respectively. Joseph Cuscuna was the Jason Kidd playmaker that made the Big Ten players need to have the high-octane offense they love so much.

On the other end of the spectrum, Indiana had the three musketeers playing for them. Kevin O'Donnell, Brandon O'Donoghue, and Joseph Rebeiro each scored 4 points. The remaining two points were scored by Michael Soel. Dylan Bresnahan and Noah Evans did all they could to keep Indiana in this game, however it was not enough.

Wisconsin 19, Penn St. 8

Christopher Grecco was doing the damage for the Badgers with 6 points. Billy McEvoy and Jonathan Sears also helped out with the scoring by adding 5 and 4 points respectively. J.J. Sheehan and Joseph Balliro were outstanding in all phases of the game.

Taking over the scoring for Penn St. was Matthew Amentola with 6 points while Andrew Almeida poured in the other basket. Ben Pastore and Calvin Stafford played so well, including crisp passes, vicious rebounding, and good hustle.

Big East - Boys Grades 4&5

DePaul 20, Syracuse 14

DePaul walked away with their second straight victory as they held on to a slim 6-point lead: Zach Rourke led the way with 8 points. Justin Leger was next in line with 6 points. Jake Girardi, Jacob Perkins, and Scott Edwards all chipped in with 2 points apiece. Phillip Sheppard and Johnathan Drury both played well on both ends of the court.

Syracuse was led by Kevin LaLiberte and Alex Hiltz with 4 points each. Sean Walsh, Nicholas Haddad, and Nicholas Skeirik completed the scoring with 2 points each. Anthony Luti and Jason Dunn showed great determination on both ends of the court.

Villanova 18, Marquette 8
Matthew Leiskau led the way for Villanova with 6 points. Brendan McInerney and Cameron Albert were next in line with 4 points. Mark Jeannette and Matthew Kahlman rounded out the scoring with 2 points.

Brad Fisher and Evan Sperlinga provided all the points for Marquette with 6 and 2 points respectively. Alec Bonaccorsi, Jeremy Tingdahl, and Scott Burke all had great games for their teams.

Cincinnati 31, Georgetown 8
Cincinnati's offense was too much for Georgetown to handle as two players finished in double figures. Lawrence Gordon led all scorers with 15 points. Billy Falter added another 11 of

his own. Trevor Worthington added 3 more and Bryan O'Keefe finished the scoring with 2 points.

Ricky Gottschalk and David Bell both made many key plays on offense. Georgetown was led by Nicolas Rufo with 4 points. Andrew Hanlon and Joshua Genthner rounded out the scoring with 2 points each. Patrick Dullea and Zachary Marcinkowski both showed great hustle all over the floor.

Pittsburgh 19, Louisville 11

The duo of Matthew Mangano and Edmond DeAngelis led the way for Pittsburgh as they scored 7 and 6 points respectively. DJ Kenney, Daniel Roderman, and Camden Connor completed the scoring with 2 points each. Jack Bertolami led way for Louisville with 6 points.

Bradford Aldrich and Craig Venezia each had 2 points. Adam provided the final point for Louisville. Cameron Yuen and Harley Monteiro both had great games.

St. John's 30, W. Virginia 4

St. John's offense was unstoppable as they won decisive second victory this week. Patrick Dunfee, Quinn Reynolds, and Joshua Buske led the attack for St. John's with 6 points apiece. Zachary Ahlin and Jack Sweeney were next in line with 4 points each.

Connor Robinson and Brendan Daly rounded out the scoring with 2 points each. Sean Lowney and Devin Roberts contributed West Virginia's offense with 2 points each. Daniel Smalley and Brian Kelley made many key plays on both ends of the court.

Providence 12, U Conn 11

Providence held on to a slim one-point lead to escape with a victory this week. Tim Benoit led the attack with 6 points. Stephen Cardarelli, Curtis Jean-Francois, and Stephen Godfrey all had a basket on the day. Michael Gake led the way for the Huskies with 3 points.

Thomas Brabant, Matthew Sutton, Sean Calla, and Jack Stanford all had good days with 2 points each. Alex Fischer, Nicholas Scalse, Bobby Gostanian, and Chancellor Harper all played with great hustle on both ends of the floor.

Notre Dame 18, Rutgers 16

This game had to be decided in overtime as Notre Dame managed to squeak by with a 2-point lead. Jordan Russo and Justin Ekstrom led the attack with 8 points apiece. Sam Jennings threw in the final basket for the Irish. Cameron Walsh led the way for Rutgers with 8 points. Kyle Felisberto was next in line with 4 points. Kyle Mirabito and Darin MacEachern rounded out the scoring with 2 points each. Jake Ponte had a great game for Rutgers.

Conference USA - Boys

Grades 6&7

Tulsa 22, Tulane 10

Leading the way for Tulsa was Mitchell Fisher with a game high of 12 points. Also helping out Mitchell was Dylan Walsh who had 7 points. Christopher Pennie threw in 4 points while Luke McInnis was outstanding on the boards. Doing half the scoring for Tulane was Andrew Sutton with 5 points.

The other 5 points were equally distributed by Ryan Flood, Zachary Leighton, and Michael Shedd. Mark West played a simply outstanding game.

SMU 31, Houston 16

SMU had some very balanced scoring on this Saturday. Seventeen of their thirty-one points were from Eli Jennings (9) and Dylan Masiello (8). Andrew Vellucci had a key basket in the second half that really got SMU's offense on track. Houston had 7 players scoring on this Saturday.

Only one of them had more than 2 points and that was Ron John Judkins with 4 points. Also included in the scoring sheet was Steve DeFuria, Jacob Dalke, and Jonathan Mack. Houston played very well even though the score doesn't 100% show it.

C. Florida 22, E. Carolina 15

Doing damage for the Golden Knights was Shawn Reardon with 8 points while Robert Fullerton added 4 points. Nicholas Raffi also had 4 points. Sam Messina's D down the stretch proved to be the rea-

son why Central Florida pulled this one out.

Leading the way for E. Carolina was Ryan Kinsella with 5 points and C.J. DiOrto with 4 points. Nathan Vince and Jacob Tague were unbelievable on both sets of boards.

Rice 25, Marshall 13

Ben Rohleder took control of the game for the Owls with a game high of 7 points. Matthew Daley also threw in a touchdown with no extra point, or in other terms, 6 points. Michael Russo added 4 points while Bradley Priem had a Chris Paul-like performance passing the ball from the PG position. Leading the way for Marshall was Colin Kennedy with 4 points and four others including Alex Menzel and Daniel Lee each had 2 points. Anthony Brown played Bruce Bowen kind of defense to make sure this game stayed within reach.

Memphis 19, S. Miss 17

Memphis had a pair of 6's as in two players who each scored 6 points. These players were Austin O'Neal and Troy Vibert. Matthew Benoit had 5 points while Alex Neville threw in 2 points. George Hooper was very physical in this game, taking complete advantage of the number of fouls allotted in the game.

Leading the way for Southern Miss. was Zack Toto who, with O'Neal and Vibert, was the third player to score 6 points in the game. Luke Foley threw in 5 points. Kevin Burke added 4 points while Jon Roberts added in a basket. Bryan Metcalfe did his absolute best and tried anything possible to motivate his teammates to pull out the victory.

NBA - Boys Grades 8-10

Pistons 28, Hornets 25

The Pistons held on to a three-point lead to come away with their second consecutive victory. Matthew Cardarelli and Adam Kline led the attack with 7 points each. Andrew Morris was next in line with 6 points. Jonathan Fabiano and Brian Goncalves each had 3 points on the day.

The Hornets were led by Philip Lentini with 10 points. Jimmy Bonish was next in line with 6 points. Nicholas Cirame added 3 points of his own, while Marcus Cole, Dan Pendenza, and Tim Hunt all had a deuce on the day.

Wizards 60, Bulls 52

The Wizards held on to an 8-point lead as two players ended in double figures. Robbie Fischer had an astonishing 31 points, while Mike Gracia added 15 of his own. Nate Grimley added 7 more and Brandon Wong had 4. Jeff Hill completed the scoring with the final 3 points.

Three Bulls players finished in double digits as Kevin Burke and Zachary Copp each hit two threes. Burke finished with 14 and Copp had 10. James Welch finished the day with 10 of his own. Ben Levine and Ryan Natale both had another 4, while Eric Randall, Brandon Keefe, and Richard Bibber all had 2 points on the day.

Nets 56, Suns 33

The duo of Derek O'Dea and Matthew McKenna led the way for the Nets. O'Dea threw in 20, while McKenna had 15 points of his own. Sean Hanley added another 9, while Joseph Bolognese had 5 more. Mark Connolly and Stan Danciewicz combined for the final 6, scoring 4 and 2 points respectively. Chris Frisore led the way for the Suns with 11 points.

Nick Damelio and Matt Curran were next in line with 6 points each. Dylan Sullivan added 5 more, while Colin MacEachern had 4 of his own. Eric Lee and Shamus Gibbons combined for another 3, scoring 2 and 1 point.

Heat 33, Cavaliers 27

Every Heat player contributed in the victory as Matthew Costello led the way with 6 points. David Mello and Zachary Shepard were next in line with 5 points apiece. Connor Burke threw in another 4, while Brian Feindel chipped in with 3 of his own. Chris D'Agostino, Jack Campbell, and Kevin Dunfee rounded out the scoring with 2 points each.

Michael Donahue led the way for the Cavs with 9 points. Ryan Cocco, Steven Taylor, and Brian Priem combined for

another 12 as they all finished the day with 4 points. John Reed had 3 more and Michael Smith had a deuce. Brian Colton had the final point.

Nuggets 69, Lakers 25

The Nuggets' offense was too much for the Lakers to handle, as Tim McCarthy was the day's leading scorer with 33 points. Anthony Bellino added another 10, while Matt Chiricosta, Joe Fitzgerald, and Peter Warren each added 6. Alex Girardi threw in 4 more and Jimmy O'Neil and Ryan Kennedy completed the scoring with 2 points apiece.

The duo of John Weber and EJ Boggia led the way for the Lakers as they scored 8 and 7 points respectively. John Keogh threw in another 6 and Brendan Ahern had the final 4.

Knicks 52, Grizzlies 44

The Knicks held on to their lead to triumph over the Grizzlies this week. Michael Arria had an astounding 25 points to lead the Knicks to victory. Zachary Anderson finished the day with 9 of his own, while Michael Amentola added 6 more.

Ryan Holloran and Troy Homola were next in line with 4 points apiece and Daniel Fothergill and Arthur Papastathis combined for the final 4 points scoring 2 each. It was the "Mike" show on the other side of the court as Michael Micalizzi nearly matched Arria's 25-point total with 20 of his own. Mike Marinella and Michael Mullens both had 6 of their own. Ryan McCarthy, Dylan Champey, and Wayne Barne rounded out the scoring with 4 points each.

Atlantic 10 -

Girls Grades 3&4

R. Island 28, Dayton 10

Rhode Island was on fire all game and was led by Katelyn Musto with 12 pts; Kristina Galvin added 6 pts and Madison Knibbs scored 4 pts. Cherise Detwiler and Katelyn LaCambria both played great defense in the win.

Dayton played hard all game and were led by Tori Bruce with 6 pts, Olivia Cigna netted 2 pts and Tayla O'Neal had 2 pts. Rose Cuozzo and Sydney Smith both had 3 steals each in the loss.

Duquesne 20, LaSalle 16

Duquesne played an overall solid game led by Jennifer Dovidio with 10 pts, Samantha Grasso poured in 6 pts and Haley Johnson scored 2 pts. Chloe LeBlanc and Rachel Warren both were hustling all over the court on defense. LaSalle's offensive attack was led by Elizabeth Gordon with 8 pts. Olivia Wingate netted 4 pts and Kyra Walsh had 2 pts. Samantha Columbo and Holly Doyle both played tremendous defense for LaSalle.

St. Louis 30,

G. Washington 16

St. Louis couldn't miss all game and were led by Christina Wright with 10 pts, Sonia Purohit scored 10 pts and Kayla Martin had 8 pts. Amanda LaFauci and Julie D'Augusta both had 2 rebounds each in a winning effort.

George Washington was led by Taylor Briggs, Rose Roche and Emily O'Keefe who all had 4 pts each. Veronica Walsh and Kirsten Straccamoro both played good defense for GW.

St. Joe's 29, Fordham 12

St. Joe's scored early and often. They were led by Madeline Courtney with 9 pts, Liz Freitas scored 8 pts and Cecilia Chase poured in 6 pts. Siobhan Riedy and Ashley Diecidue both had 3 steals each and 2 rebounds for St. Joe's. Fordham never quit and were led by Erica Natola with 4 pts, Alison Sullivan scored 4 pts and Sophie Consorti chipped in with 2 pts.

Grace Walsh and Amanda Corrigan both played awesome defense for Fordham down the stretch.

Temple 40, Charlotte 10

Temple scored a ton of points and led the whole game. Kristen Olson scored 10 pts, Allison Daniluck had 10 pts while Stephanie Nicoli netted 8 pts and Logan McDonald added 8 pts as well. Arianna Bernardo played good defense for Temple all game. Charlotte's offensive game plan was carried out by Molly O'Shea with 8 pts and Melissa

Moreira had 2 pts.

Jackie Champoux and Nicole Cooney both gave 100% effort for Charlotte on both sides of the floor.

Xavier 24, Richmond 18

Xavier won by 6 in an overtime thriller. They were led by Dana Goulet with 10 pts, Morgan Bresnahan had 8 pts and Sara Bray scored 6 pts. Kayley Keogan and Morgan Casey both were outstanding on the defensive end.

Richmond played very hard all game long and were led by Sarah Berube with 8 pts, Jacqueline Broderick scored 6 pts and Julia Gaffey had 2 pts. Brianna O'Donoghue and Lindsey Amazeen both played tough defense for Richmond.

Atlantic Coast -

Girls Grades 5&6

Virginia 26, V. Tech 11

Caroline Newhouse, Virginia's prolific scorer, led the way once again with 22 points in a nice win over Virginia Tech. Shooting a very high percentage from her forward position, Danielle Gianatassio had 10 points and Elizabeth Dullea scored 4 points in a solid effort. Samantha Martignetti and Morgan Walsh supported the scorers with excellent interior passing. Samantha Rideout and Arianna Schuurman made some nice defensive stops and rebounded well.

In a valiant offensive effort, Michelle Murray had 7 points and Lianna Natola had 4 as the tandem accounted for all of Virginia Tech's scoring. Christina Natola, MacKenzie Bumpus and Nicole Barry played with tremendous determination and hustle up and down the floor. Rachel Cummings and Katelyn Stevens made some nice plays on defense to stop Virginia at critical points in the game.

Duke 18, Miami 12

Courtney Murphy's outstanding play resulted in top-scoring honors (8 points) and Duke triumphing over Miami in a very intense early season game on Saturday. Kristina Nicoli (6 points) and Kristin Brown (4 points) complimented Murphy's efforts nicely. Erin Miasserian and Meghan McMahon supported the offense with hustle and heads up play all game.

Marci Zaccardi intimidated Miami with her aggressive defensive play under the basket.

Nicole McInerney threw in 6 points in a strong offensive effort for Miami. Jessica Hogan had 4 points and Emily Rakers had 2 points as they played tenaciously on both ends of the floor. Mary Lesperance, Sydney Brennan and Amanda Boyle worked tirelessly on defense to keep Duke away from Miami's basket. Emma Gaudreau's presence under the defensive boards was key in keeping this game close.

Maryland 19, Clemson 14

Strong defense and a well-balanced scoring attack led Maryland to a win Saturday over Clemson. Michaela Ouellette was high scorer with 6 points, and Abigail Chase and Bridget Sullivan had 4 points apiece. Allison Wadland and Melody Almeida (2 points) prevented Clemson from putting points on the scoreboard with their excellent defense throughout the game.

Veronica Reidy rounded out the scoring with a point from the free throw line. Maeve Sullivan distributed the ball well on offense from her point guard position.

Clemson's Dana Rossetti scored 4 points to lead her team and got support in the scoring department from five other players who had baskets. Victoria Ferreira and Jillian Doyle scored 2 points each in solid all around performances. Mikayla McCool had 2 points along with many offensive rebounds. Sara Klucznik (2 points) and Isabella Cigna (2 points) also played well on the defensive end of the floor. Katie Blair and Rachel Gulletto's defense on their Maryland counterparts was exceptional.

Fl. State 39, W. Forest 26

Hannah Brown's dominant play inside (31 points) resulted in Florida St. pulling away in the second half to win over Wake Forest Saturday. The

Florida St. defense led by Nupur Neogi, Victoria Lee and Caitlin Baranow shut down all avenues to the basket making it all but impossible for Wake Forest to score in the second half.

Montana Howlett and Shannon Mota had some nice steals and were an integral part of Florida St.'s defensive efforts. Strong defense along with 6 points from Gina Barbaro and 2 points from Elizabeth Olson helped seal the win.

Kristen Luise (13 points) led Wake Forest as she made baskets from both short and long range. The remaining offensive production came from Lauren Borsetti (4 points), Julia Gake (4 points) and Caroline Albanese (3 points). Casey McFall and Hannah Marden contributed a point each on free throw attempts.

Brianna Tavares rebounded ferociously on the offensive boards giving her team many second shot opportunities. Sakshi Jawar and Katelyn Fisher worked tirelessly on defense throughout the game to prevent Florida St.'s dribble penetration to the basket.

G. Tech 22, N. Carolina 18

Teresa Gracia (10 points) and Samantha DeMonico (8 points) teamed up to score 18 points and help Georgia Tech add a victory to their win column. Brianna Perrino scored a basket and played a great all around game. Jessica Backman and Melissa McNamara (2 points) constantly harassed the North Carolina guards and made it difficult for them to pass to teammates. Caroline Johnston contributed with great defensive intensity throughout the game.

Vicky McDermott's elusive inside play resulted in her scoring a team-high 8 points. Samantha MacInnis, Ashley DeLucia and MacKenzie Casey had fine performances for North Carolina and each scored a basket. Olivia Walsh (2 points) and Shannon Sullivan (2 points) showcased their dribbling skills and passing abilities that led to many easy North Carolina baskets.

Stephanie Sullivan and Olivia Hill complimented both the offense and the defense with their unselfish play.

WNBA - Girls Grades 7-10

Storm 17, Mercury 9

The Storm won their second straight this week as Megan Priem led the attack with 13 points. Katelyn Richardson and Cassandra Lee helped Priem out by scoring 2 points each. Shreya Pai had a great game for the Storm.

Kayla Falter led the way for the Mercury with 5 points. Gianna Mirabella and Alivia Hamel chipped in with 2 points apiece. Lilley Day and Ashley LaCambria both showed a lot of hustle for the Mercury.

Sparks 29, Mystics 20

Julie Welch led all scorers with 11 points. Laura Magee was next in line with 6 points. Rachael Cormier had another 5, while Cassandra Grasso added 3 more. Kelsey Mangan and Katrina Saragosa completed the scoring with 2 points each.

Shannon Moulton led the Mystics offense with 8 points. Casey Murray and Kaitlyn Curley followed close behind with 4 points each. Meghan Sullivan and Ashley DeFuria scored the final 4 points of the game as they each had 2.

Liberty 30, Comets 17

The Liberty was too much for the Comets to handle as they came away with a second consecutive victory. Erin Duffy led the attack with 10 points. Amanda Richards was next in line with 8 and Hannah Briere added 6 more.

Samantha DePasquale had 4 of her own and Kelly Duffy finished with 3 points on the day. Jacqueline Kennedy rounded out the scoring with 2 points. The Comets were led by the duo of Emily Bamberg and Elizabeth Hill with 6 points each. Holly Niemiec had a good day as she scored the final 5 points.

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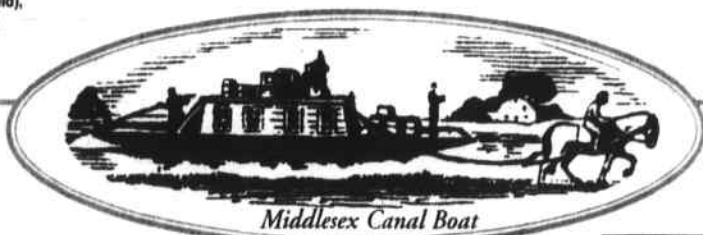
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Cold snap!

By PAUL FEELY

Forecasters are calling for the coldest temperatures of the last four years to descend upon the area at the end of this week, with the mercury in the Middlesex East region not expected to break into the double digits at all on Friday, and state and local officials want to make sure residents throughout the area take precautions to protect themselves, their homes, their pets, and their automobiles during this severe blast of arctic air.

AccuWeather.com reports arctic air bottled up over Alaska is being unleashed over the Midwest and will soon follow into the East. The cold air will spread southeastward in two waves this week with the second surge threatening to be the harshest and farthest reaching.

A blast of arctic air will hit the East late in the week and could hold the high temperature in the teens in New York City. Temperatures may dip below zero at night, a feat not achieved in NYC since Jan. 19, 1994.

As temperatures tumble well below zero, the situation will become even more dangerous. Subzero temperatures could be recorded in the Northeast by late in the week. By Thursday, Chicago will have a high within a few degrees of zero and a low temperature below zero.

The following precautions for Extreme Cold Weather

have been put forth by the Federal Emergency Management Association:

Continue to be aware of the weather conditions by monitoring media reports.

Ensure you have sufficient heating fuel, as well as emergency heating equipment in case you lose electricity.

Have a well-stocked Winter Home Emergency Supply Kit that includes flashlights, portable radio, extra batteries, a first aid kit, bottled water and non-perishable food.

Make sure your car is properly winterized. Keep the gas tank at least half-full. Carry a Winter Survival Kit in the trunk including blankets, extra clothing, flashlight with spare batteries, a can & waterproof matches (to melt snow for drinking water), non-perishable foods, windshield scraper, shovel, sand, towrope and jumper cables.

During an Extreme Cold Emergency: Minimize outside activities, particularly the elderly and very young. Also consider your pets.

Dress in several layers of loose-fitting, lightweight clothing, rather than a single layer of heavy clothing. Outer garments should be tightly woven and water repellent.

Wear a hat, mittens (rather than gloves) and sturdy waterproof boots, protecting your extremities. Cover your mouth with a scarf to protect your lungs.

If electricity is lost for an extended period of time, a

snowbank in your yard can become a makeshift freezer for food.

Excessive exposure can lead to frostbite, which is damage to body tissue that is frozen. Frostbite causes a loss of feeling and a pale appearance in extremities, such as fingers, toes, ear lobes or the tip of the nose. If symptoms are detected, seek medical help immediately. Slowly rewarm the affected areas as you await medical assistance.

Hypothermia can occur in extreme cases. The warning signs are uncontrollable shivering, memory loss, disorientation, incoherence, slurred speech, drowsiness and apparent exhaustion. If the person's temperature drops below 95 degrees, seek immediate medical care. If medical assistance is not available, slowly warm up the person, body core first, wrapping them in a blanket or using your own body heat. Do not warm the extremities first, for this drives the cold blood towards the heart and can lead to heart failure. Do not give the person alcohol, coffee, tea or any hot food or beverage. Warm liquids are best.

When utilizing alternate heating sources, such as your fireplace, wood stove or space heater, take the necessary safety precautions. Keep a fire extinguisher handy, ensuring everyone knows how to use it properly. Test smoke alarms.

If you lose your heat, seal off unused rooms by stuffing towels in the cracks under the doors. At night, cover windows with extra blankets or sheets. Food provides the body with energy for producing its own heat.

To keep pipes from freezing, wrap them in insulation or layers of newspapers, covering the newspapers with plastic to keep out moisture. Allow a trickle of warm water to run from a faucet that is farthest from your water meter or one that has frozen in the past. This will keep the water moving so that it cannot freeze. Learn how to shut off your water if a pipe bursts.

If pipes freeze, remove insulation, completely open all faucets and pour hot water over the pipes or wrap them with towels soaked in hot water, starting where they are most exposed to the cold. A handheld hair dryer, used with caution, also works well.

Check with elderly or disabled relatives and neighbors to ensure their safety.

Pets

"As the harsh winter weather settles in, it is important that you think about keeping your pets safe from all of the dangers that the season can pre-

sent," stated Massachusetts Emergency Management Agency Director Don Boyce. "MEMA offers some tips to help insure your pets safety."

Do not leave your pet outdoors when temperatures drops below freezing.

Dogs need outdoor exercise, but take care not to keep them outdoors for lengthy periods of time during very cold weather. Short-coated dogs may feel more comfortable wearing a sweater during walks. Dogs and cats are safer indoors in all sorts of extreme weather.

Wind-chill is a threat to pets, even those protected by shelters.

Outdoor dogs must be protected by a dry, draft-free doghouse that is large enough to allow the dog to both sit and lie down comfortably, but small enough to retain body heat. The floor should be elevated a few inches off the ground and covered with cedar shavings or straw. The entrance of the doghouse should be turned to face away from prevailing winds, and the entrance should be covered with a flap of heavy weather-proof fabric or heavy plastic.

Prepare your home

Prepare for possible isolation in your home by having sufficient heating fuel; regular fuel sources may be cut off. For example, store a good supply of dry, seasoned wood for your fireplace or wood-burning stove.

Winterize your home to extend the life of your fuel supply by insulating walls and attics, caulking and weatherstripping doors and windows, and installing storm windows or covering windows with plastic.

Winterize your house, barn, shed or any other structure that may provide shelter for your family, neighbors, livestock or equipment. Clear rain gutters; repair roof leaks and cut away tree branches that could fall on a house or other structure during a storm.

Insulate pipes with insulation or newspapers and plastic and allow faucets to drip a little during cold weather to avoid freezing.

Keep fire extinguishers on hand, and make sure everyone in your house knows how to use them. House fires pose an additional risk, as more people turn to alternate heating sources without taking the necessary safety precautions.

Learn how to shut off water valves (in case a pipe bursts).

Know ahead of time what you should do to help elderly or disabled friends, neighbors or employees.

Hire a contractor to check the structural ability of the roof to sustain unusually heavy weight from the accumulation of snow - or water, if drains on flat roofs do not work.

Have working smoke detectors on every floor of the house. Check batteries monthly!

Clean chimney yearly. Never leave fireplaces burning if you are not nearby.

Always use a fire-screen.

Keep space heaters at least 3 feet away from throw-rugs, furniture upholstery, and stairways.

Never use the oven to heat your home.

Do not burn newspaper in the fireplace.

Have at least one working fire extinguisher and know how to use it.

Install carbon monoxide detectors on every level of your home.

Prepare Supplies. Emergency Phone List (fire department, police, gas company, friends).

Emergency food. Keep food that will not spoil (and a can opener if food is canned).

Plenty of drinking water (tap water is fine).

A battery-powered radio and extra batteries.

Cold snap to S-4

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DON'T WAIT, NOW IS THE TIME TO CASH OUT!

Movie Reviews

by Paul Feely

"BRIDE WARS"



"BRIDE WARS" stars Anne Hathaway and Kate Hudson. The movie is a jumble of scenes that don't achieve the lowest rung on the ladder of expectations for a romantic comedy. This is a "chick flick" that will turn chicks away.

"BRIDE WARS"

GRADE: **

"Bride Wars" is a mess, a jumble of scenes that don't even achieve the lowest rung on the ladder of expectations for a romantic comedy.

The brides are former best friends of 20 years standing Liv (Kate Hudson) and Emma (Anne Hathaway), who grew up dreaming of a June wedding at a famous hotel, but when the time came, with only three months to do the planning, and an administrative flub, instead of serving as maid of honor at each others nuptials, they are planning rival cere-

monies.

Instead of a double wedding, the gals book the same date, and the same time, and rooms across the hall from each other, and then set about sabotaging each other's wedding. Naturally, it's about the dress and the flowers and the cake, not about the life together afterwards with the spouse.

The biggest problem with "Bride Wars" is that it's not believable. If Candice Bergen's character is truly the most sought after wedding planner in the world's biggest city, how could she possibly have double booked

a wedding? There are plot holes along the way as well, ones that makes this ride to the altar less than enjoyable for any who decide to take it.

The film actually makes the statement early on that women are dead until they get married. Coming from a film that has advertised itself as a 'chick flick', that's a statement that will likely turn off much of its target audience.

"GRAN TURINO"

GRADE: ***

There was a time, and maybe it still exists, where it seemed every neighborhood had that one crotchety resident, the person who pretty much kept to themselves and never seemed to have a nice word to say when they did interact with others. Maybe having those people around wasn't such a bad thing after all.

Korean war vet Walt Kowalski (Clint Eastwood) acts like everybody's angry racist, gun-toting neighbor in 'Gran Torino'. His wife has recently died and he's the last white person left in an old neighborhood which has been repopulated with immigrants.

As an audience we never get to see Walt's interact with his wife, but he speaks of her with reverence. Without her he's angry and bitter, loneliness personified; a sour-faced man who seems to hate everyone and everything around him. He sits day after day on his porch guzzling beer, scowling at his neighbors and calling them the most vicious ethnic slurs imaginable. After a long life Walt has no tolerance left for laziness or fools.

Walt may hate the world, he's still a man of principal. When gangmembers beat up the quiet Hmong family next door, he drives them off with a rifle in a classic Eastwood badass standoff. His grateful neighbors don't buy it when he growls that he simply didn't want them on his lawn, and Walt wakes up the next

morning to discover his porch littered with gifts. Walt isn't interested in their friendship at first, but eventually he starts to see some value in Thao and Sue, the Lor family's well-behaved kids, a marked contrast to his own self-absorbed grandchildren.

In a lesser movie, Walt would then become an old fogie, softhearted and kind to all. That never happens in Gran Torino, and that's why it is so good. Walt now likes his neighbors but he remains the same unforgiving, bitter, badass he is at the beginning of the film.

Eastwood's performance as Walt is his best in years, a return to all of the things that made him great as a younger actor. Gran Torino is a movie you must see. The PC police will likely hate it, but Gran Torino is smarter than it seems and it's broader, funnier, and more straightforward than you'd expect. If this is Eastwood's curtain call as an actor, as he has stated it will be, then one would be hard-pressed to find a better way for his celluloid hero to ride off into the sunset.

"THE CURIOUS CASE OF BENJAMIN BUTTON"

GRADE: ****

There are certain movies that give you a warm feeling when you watch them, where the instant it is over you are already looking forward to the next time you witness the tale. For me, "The Curious Case of Benjamin Button" is one of those films.

The film is the story of Benjamin Button, a man who is born old and dies young, living his life backwards. The idea has apparently been around for 150 years, since Mark Twain said, "Life would be infinitely happier if we could only be born at the age of 80 and gradually approach 18." F. Scott Fitzgerald then wrote a short story in 1922 and now Eric Roth, who won an Oscar for "Forrest Gump" and also wrote "The Insider," has turned it into a screenplay, with director David Fincher ably bringing it to the screen.

The idea sounds ridiculous - how can a person live his life backwards - but the talent associated with the film makes it as believable as the fact that the sun will rise again tomorrow. Early Oscar nods should go to the visual effects and special make-up designers, who created prosthetics to enhance the aging and de-aging throughout the film. It's really remarkable how star Brad Pitt looks like a wizened old man when he is born (and when he is a youngster), and how he gradually loses his age.

The story unfolds as a flashback as Daisy (Cate Blanchett) lays dying. She asks her daughter, Caroline (Julia Ormond) to read to her from a diary written by Benjamin that she has kept. The make-up on Blanchett makes her such a believable old woman that she is virtually unrecognizable.

Movies to S-3

Calendar of Events

LYNNFIELD ART GUILD OPEN CRITIQUE

The Lynnfield Art Guild is pleased to announce its fifth annual Open Critique as its annual meeting on Thursday, January 15 at 7 p.m. at the Lynnfield Senior Center, 525 Salem Street, Lynnfield.

Members are invited to bring along paintings in any medium that they would like critiqued. Those present will have the opportunity to lend a fresh eye to the shared pieces and all present will be able to discuss common painting problems and solutions.

The tone of the evening is casual, social and encouraging, and it is a great opportunity to mingle with other area artists. Refreshments will be served and the meeting is open to the public and handicapped accessible.

New members are always welcome at the annual rate, payable by May 1 of each year, of \$20 (artists, crafts persons and photographers. For further information call 781-334-7145.

BAPTIST CHURCH SCHOLARSHIP LUNCHEON

St. John's Baptist Church, in partnership with the City of Woburn and Social Capital Inc., will be presenting its annual award for the Martin Luther King Jr. Scholarship on Monday, January 19.

The ceremony will be held at the Hilton Hotel, located at 2 Forbes Road in Woburn from noon to 3 p.m. There will be a keynote address delivered by the President of Wheelock College, Jackie Jenkins-Scott, and the Drum Major Award will be presented to Robert Norton, Principal of Woburn Memorial High School who will be retiring this year.

LEEWARD RAIL TO PERFORM

For the second year in a row, the musical group Leeward Rail is set to perform at the Parker River National Wildlife Refuge Visitor Center in Newburyport.

This local acoustic group performs songs about the sea, including ships, fish, wrecks, and New England coastal history. The concert, entitled "Icy Decks and Frozen Wrecks" will take place on Sunday, January 25 from 1 - 2:30 p.m. and admission is free and open to the public.

SOFTBALL FASTPITCH FUNDAMENTALS CLINIC

Winchester Softball invites interested fourth through eighth graders as well as high school softball players to its Fastpitch Fundamentals Clinic.

This preseason clinic is designed to prepare players for their upcoming spring seasons. It will take place on three consecutive Saturdays, January 24, 31 and February 7 at the Winchester High School Gym/Fieldhouse.

The clinic will focus principally on defensive fundamentals and hitting mechanics. Separate pitching and catching sessions will be available for interested players. Lead coaches for this clinic are Michelle

White, WHS Varsity Coach, and Mike Harrison, Asst. Softball Coach at Lasell College.

Participants will receive instruction and practice their skills through a number of drills and workout stations. Batters will hit in the indoor batting cage and fielders will have live fielding opportunities.

The sessions for youth players (grades 4 - 8) will run from 4:45 to 6:30 p.m. For high school players, the sessions will run from 7 - 8:40 p.m. Pitching and catching instruction will be available for all age groups from 6:30 to 7:15 p.m.

For more information contact Winchester Softball by emailing winchestersoftball@gmail.com or call 781-721-1636.

THE SCARLET LETTER IN READING

Reading High School's award winning Drama Club presents The Scarlet Letter Thursday through Saturday February 5, 6 and 7 at 7:30 p.m.

Published in 1850, The Scarlet Letter was considered Nathaniel Hawthorne's magnum opus. Set in 17th century Puritan Boston, the book addresses spiritual and moral issues from a uniquely American standpoint.

Please come to this compelling drama. For tickets (\$10 for adults/\$7 for seniors and students) call 781-670-9234 or RMHstickers@yahoo.com. This production contains mature subject matter.

STONEHAM ARTS & CRAFTS MEETING JANUARY 21

The Stoneham Arts and Crafts Society will meet at the Stoneham Public Library on Wednesday, January 21 in the morning for a workshop.

The projects are a shelf doll with Fran Gorse, and a mohair Teddy bear with Janet Boudreau and Marilyn Barry.

MOCK AUDITION WORKSHOP

A Mock Audition will be held for middle and high school students who are trying out for MMEA Junior District Music Festival. Experience the audition process in a supportive environment.

Receive valuable feedback and suggestions from peers and faculty. The workshop will cover presentation issues, expectations from the adjudicators, relaxation suggestions, and tips on audition strategies.

It is presented by the Winchester Community Music School faculty on Saturday, January 17 from 10 - 11:30 a.m. at the Winchester Community Music School, 407 Highland Ave., Winchester.

70 VOICE CHORUS PRESENTS ELIJAH

The Andover Choral Society presents Elijah on Sunday, January 25 at 3 p.m. at the Rogers Center for the Performing Arts at Merrimack College, 315 Turnpike Street, North Andover. Tickets at the door are \$20.

The agenda summary is:

Calendar to S-3

SINGLES DANCE

Saturday, Jan. 17th at 8:30 pm

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FRIDAY	3 PM - 6 PM	\$8.50/PERSON
	6 PM - 11 PM	\$10.50/PERSON

SATURDAY	11 AM - 5:30 PM	\$9.50/PERSON
School Vacation Week	12 Noon - 5 PM	\$9.50/PERSON

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About the Towns by Phyllis Nissen

EXERCISE AND OPTIONS

Tri and try again (Winchester)

"It seems getting a bike path done in conjunction with two neighboring communities and under the direction of the state is going to take longer to complete than the Big Dig," notes the Winchester edition of the "Daily Times Chronicle."

"While complications and apparent confusion plague the larger concept - Tri-Community Bikeway/Greenway, Winchester is looking to make as much local progress as it can on a

very limited budget.

"The Tri-Community concept would link Woburn, Winchester and Stoneham by a paved path constructed to design standards set by the Massachusetts Highway Department. Any variation from those standards requires a waiver by MHD. Such requests are likely in locations like Winchester Center where the proposed path has the option of going behind the library, or over the Main Street Bridge and through Converse Place to Mount Vernon Street.

"Width requirements and proposed easements and the like could make finding a

solution that meets design standards, and local necessities an ideal whose time has not yet arrived.

In the meantime, local officials want to move forward on at least two fronts. Town Manager Mel Kleckner told the Board of Selectmen that his focus is to try to take advantage of state and federal funding to pay for the bike path in Winchester.

"Selectman Thomas Howley said the concept 'is a terrific thing that ought to happen.' Howley said there is a constituency in Winchester that cares about the bike path, pointing to the recent success of the weekly Farmers Market and the

organization Sustainable Winchester...."

Not so pennywise (Wilmington)

"Town officials recently received notification of the latest casualty in a series of State budget cuts - the Massachusetts Department of Public Health (MDPH) funding of the Wilmington Childhood Cancer Study," notes the "Wilmington Town Crier."

"Citing a national economic crisis that has affected fiscal conditions throughout the country, including at State and local levels, the letter said that budget cuts recently announced by Governor Deval Patrick included a decrease of more than 10 percent in the MDPH budget. This cut included the elimination of funding of line item

directives on the environmental health account, specifically the funding for the Wilmington Childhood Cancer Study.

"In 1999, a group of concerned residents and the Wilmington Board of Health asked the MDPH to investigate a reported cluster of childhood cancer in Wilmington. Initial concerns focused on a number of children diagnosed with brain cancer, Hodgkin's Disease, leukemia, and non-Hodgkin's lymphoma in the Kelly Hill neighborhood on the west side of town and the town as a whole between 1990 and the present.

"Concerned residents were hoping to learn if there was a connection between the elevated cancer rate and the possible contamination of drinking water through the dumping of toxic chemicals at several sites in town.

"The Community Assessment Program (CAP) looked at available data going back to 1986 and found there to be a higher than normal rate of cancer in the identified area. Despite a 2002 fact sheet that said, 'no specific pathway of environmental exposure has been linked to childhood cancer in Wilmington,' the CAP planned to continue to investigate whether or not an environmental pathway is likely to be related to childhood cancer in Wilmington.

"The next phase in the assessment was an interview process with the guardians of some children diagnosed with a cancer and also some scientifically selected families where children have not been diagnosed in order to look for any common patterns or risk factors that only appear in the children with cancer. A total of approximately 100 families participated in the interview phase...."

Full steam ahead in Burlington

"The Board of Selectmen recently endorsed a five-year extension for Oracle Corp. to complete a third building at its Van de Graaf Drive loca-

tion," notes the Burlington edition of the "Daily Times Chronicle."

"The vote was unanimous by the selectmen.

"The change represents an amendment to the tax increment financing agreement with the town and state under which the California-based, company located in Burlington.

"The final decision on the change rests with Town Meeting. An article to that effect will be on the warrant for the Jan. 26 session.

"Oracle has one building on the property and is moving forward with plans for the second building. When the company announced plans to locate in town in 2001, it was stated there would be a three-building campus on the property.

"Construction of the remaining two buildings is running well behind the original schedule. Randy Smith, vice-president of Oracle, told the selectmen at the recent meeting, 'We have an issue with the third building.'

"Smith also said he believes the request is 'reasonable given what is going on in the industry.'

"Town Administrator Robert Mercier said Oracle has obtained a building permit for the second structure and is moving ahead as quickly as possible though an environmental issue has arisen.

"He said PCBs have been found on the property and will be trucked off-site. Mercier said the problem will not prevent further development of the property.

"They're moving ahead full steam on the second building,' he stated...."

"About the Towns" covers recent events in the 10-town Middlesex East area. Because Middlesex, East deadlines are early, please check the front sections of this paper for up-to-date information about your city or town. We also welcome original material - please send it to Phyllis Nissen, "About the Towns," Middlesex East Supplement, Box 240, Reading, MA 01867 or schooltowns@comcast.net.

Local residents named Students of the Quarter at Austin Preparatory School

Several local Austin Preparatory School students were named "Students of the Quarter" this fall. The following students received awards:

BURLINGTON
Megan Delaney, eighth-grader, English

NORTH READING
Matthew Bouchard, sixth-grader, religion

READING
Owen Corey, sixth-grader, science

STONEHAM
Erin Waldman, seventh-

grader, Academic Excellence
Alex Ryan, seventh-grader, Best Effort

TEWKSBURY
Trevor Parace, seventh-grader, Academic Excellence

WILMINGTON
Sarah Rakers, seventh-grader, Best Effort

WINCHESTER
Ryan Feir, eighth-grader, social studies

WOBURN
Kevin Kiley, sixth-grader, math

Alexa Teofilovici, eighth-grader, math

Movies

From S-2

man grappling with his experiences starting slipping away, he is profoundly moving

Even when he realizes that Daisy is the love of his life, he pursues her without haste, maybe because he realizes he is a simple - our time here is far too

short (even when viewed in reverse), but not so brief that we cannot live, love and do good while we are here.

Pitt, Blanchett, and Ormand give stellar performances. At just shy of three hours in length, it may be too long for some, but if you can handle the journey, it is one well worth taking - just make sure to pack plenty of tissues.

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Calendar

From S-2

Felix Mendelssohn's oratorio Elijah presented by the 70 voice strong Andover Choral Society, now in its 79th year of entertaining delighted audiences. Full orchestra, Boston area soloists, conductor Alan Combs.

For more information contact Lix Fortino at rfortino@comcast.net.

SINGLES EXECUTIVE CLUB DANCES IN JANUARY

The Singles Executive Club will hold a dance at the Holiday Inn, 4 Highwood Drive (Rte 133) in Tewksbury on Saturday evening, January 17.

All dances are from 8:30 to midnight. The cost is \$12. Ages 35+. Complimentary hors d'oeuvres will be served from 9 - 10. Proper business attire is required: gentlemen need a sports jacket with a collared shirt. No jeans or sneakers. Dress to impress!

Call 781-446-0234 or email singlesexec222@comcast.net for more information if needed.

PUPPET SHOWPLACE JANUARY PERFORMANCES

The Puppet Showplace Theatre is wheelchair accessible and located opposite the Brookline village T station, which is barrier free and accessible to all children and adults.

Shows are between 45 minutes and one hour in length. Admission is \$10 per person (\$8 for members.) Prepaid reservations are recommended. Call the Box Office at 617-731-6400 or purchase tickets online at www.puppetshowplace.org.

January 14 and 15 Funny Bone Tales by Sarah Lamstein. With her gentle demeanor and sly wit, Sarah Lamstein takes the young theatergoers on a fun-filled journey into three magical worlds. Sill Sam is about a little boy who is trying to find a suitable birthday present for his friend. Bendemolena is about a cat that finds everything she hears is all mixed up. Finally, a gentle version of the famous Punch and Judy show has children laughing and calling out directions to the trickster Mr. Punch. Recommended for ages 3 and up.

January 10 and 11, Sir George and the Dragon by Pumpnickel Puppets. Join an adventurous princess as she journeys to Mystery Mountain

to visit to Great Green Dragon. Along the way you'll meet Zelda the babysitter, a silly bat, Sir George and his clumsy dog, and of course the lovable dragon. Will Sir George slay the dragon? Not to worry, everything ends happily in this fun show. Ages 3 and up.

The Puppet Showplace Theatre is located at 32 Station Street in Brookline. For more information call 617-731-6400, www.puppetshowplace.org.

FREE HUNTER EDUCATION COURSE

The Massachusetts Hunter Education Program is conducting a Basic Hunter Education course at the Danvers Fish and Game Club, Birch Road, Middleton on January 10, 17 and 24 from 8 a.m. to 12:30 p.m. Upon successful completion of the Basic Hunter Education course, all students will receive a Massachusetts Hunter Education Certificate.

This certificate of completion allows all person, 15 years of age or older to purchase a MA hunting or sporting license. It also allows young men and women between 15 and 17 years old to hunt alone on their Mass. hunting license.

Each year certified volunteer instructors hold more than 70 hunter education courses throughout the state. Students must attend every session. Students, ages 10 and older, are encouraged to participate. Parental permission is required of all students under 18. All courses are free.

For additional information, write MA Hunter Education Program, P.O. Box 408, Westminster, MA 01473-0408 or call 978-632-7648.

DATES FOR NEW UMPIRE TRAINING

The Merrimack Valley Umpires Association (MVUA) announces that umpire classes for adult men, women, and teenagers (16 and older) who want to be trained as certified (patched) baseball umpires, will be held on Thursday, January 15 and continue on consecutive Thursdays for the next seven weeks. Official Major League Baseball umpires exam will be administered at the end of the class.

The clinics will be held from 6 - 9 p.m. at St. Mary of the Assumption School in Lawrence, 301 Haverhill Street.

Calendar to S-7

All deposits 100% safe!

On October 3, 2008, FDIC deposit insurance temporarily increased from \$100,000 to \$250,000 per depositor through December 31, 2009. Additionally, Stoneham Savings Bank is participating in FDIC's Transaction Account Guarantee program which fully guarantees all non-interest bearing transaction accounts through December 31, 2009. For other deposit accounts, all funds in excess of \$250,000 are insured in full by the Depositors Insurance Fund.



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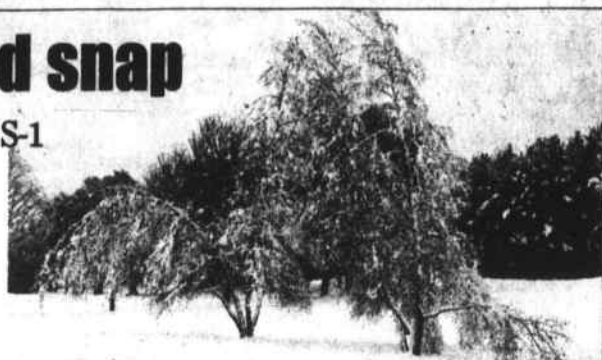


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Cold snap

from S-1



A flashlight and extra batteries

A supply of medicine you normally take (check the expiration dates)

A small first aid kit
Extra blankets or sleeping bags

A change of clothes
Baby supplies, diapers, powdered formula, food, and bottles

Prepare your vehicle
Check or have a mechanic check the following items on your car:

Antifreeze levels - ensure they are sufficient to avoid freezing.

Battery and ignition system - should be in top condition and battery terminals should be clean.

Brakes - check for wear and

fluid levels.

Exhaust system - check for leaks and crimped pipes and repair or replace as necessary. Carbon monoxide is deadly and usually gives no warning.

Fuel and air filters - replace and keep water out of the system by using additives and maintaining a full tank of gas.

Heater and defroster - ensure they work properly.

Lights and flashing hazard lights - check for serviceability.

Oil - check for level and weight. Heavier oils congeal more at low temperatures and do not lubricate as well.

Thermostat - ensure it works properly.

Windshield wiper equipment - repair any problems and maintain proper washer fluid

level.

Install good winter tires. Make sure the tires have adequate tread. All-weather radials are usually adequate for most winter conditions. However, some jurisdictions require that to drive on their roads, vehicles must be equipped with chains or snow tires with studs.

Maintain at least a half tank of gas during the winter season.

Place a winter emergency kit in each car that includes:
a shovel
windshield scraper and small broom
flashlight
battery powered radio
extra batteries
water
snack food
matches
extra hats, socks and mittens

First aid kit with pocket knife

Necessary medications

blanket(s)

tow chain or rope

road salt and sand

booster cables

emergency flares

Athletes & Activities

by Paul Feely

SPORTS SHORTS

***MIDDLESEX EAST SPORTS WEEKLY TRIVIA QUESTION:** When was the last time the Patriots had a winning record and missed the playoffs?

Answer appears elsewhere in this column.

***HENRY TWOMEY, AN AUSTIN PREPARATORY SCHOOL SENIOR** and Captain of the Varsity Soccer team received special recognition for his talent and efforts this fall and was recently honored. He received the M.I.A.A. Sportsmanship Award and was also named a CCL All-Star, playing as a mid-fielder. Henry is the son of **BOB AND PAULA TWOMEY OF NORTH READING** and the grandson of **WALTER AND GLORIA TEDESCO OF WOBURN**.

*The UMass Lowell baseball team, which planned a 10-day tour of Sweden for August of 2009, has delayed the trip to 2010 due to the recently announced state budget cuts. Head Coach Ken Harrington announced recently.

"We did not feel comfortable bringing our team overseas while people on our campus were cutting budgets and losing jobs," Harrington said.

Harrington also said that fundraising for the trip will continue over the 2008-09 academic year.

Part of the trip will include a three-game series with the National Team of Sweden, as well as several club teams.

UMass Lowell opens the 2009 season Saturday, Feb. 28 and Sunday, Mar. 1 with doubleheaders against Dominican and C.W. Post.

fill the entire IMAX screen, which can be up to eight stories tall, for an all-encompassing IMAX Experience.

IMAX theatres will allow audiences to experience "The Dark Knight" on some of the world's largest screens; surrounded by state-of-the-art digital surround sound. The unique theatre geometry of an IMAX theatre combined with crystal clear, larger than life images and amazing digital surround sound, creates an immersive environment that puts the audience right in the movie!

The Dark Knight will be distributed by Warner Bros. Pictures. This film has been rated PG-13 for "intense sequences of violence and some menace."

The Verizon IMAX Theaters at Jordan's Furniture are located in Reading, MA at 50 Walkers

There are several local players on the Lowell roster this year.

FRESHMEN PATRICK DEVLIN (TEWKSBURY) AND VINCENT DEPIERRO (TEWKSBURY), each former Merrimack Valley Conference standouts, highlight UMass Lowell's 2008-09 incoming class. Head Coach Ken Harrington announced recently.

The class of 19 players - which includes 16 freshmen and three transfers - is the largest in Harrington's tenure as he enters his fifth season at UML. The River Hawks are fresh of a 26-24 season (18-12 in the Northeast-10 Conference, tied for fourth) which saw them go 23-12 following a 3-12 start. UML advanced to the NE-10 Tournament before suffering an early exit at the hands of Pace University.

Also joining the River Hawks are former Cape Ann League all-stars **VINCENT DICESARE (LYNNFIELD)** and **PHIL PERRIELLO (LYNNFIELD)**, teammates at Lynnfield H.S.

Dicesare and Perriello are among three sets of high school teammates in the class.

Devlin, a third baseman/pitcher, and DePierro, a lefthanded pitcher, enjoyed stellar careers at Tewksbury H.S., leading the Redmen to consecutive MVC championships. A three-year starter, Devlin posted a 16-7 record and earned All-MVC honors as a junior and senior. DePierro posted a team-leading 1.00 ERA and earned team most improved honors.

Perriello and Dicesare each earned a plethora of honors at Lynnfield H.S. A four-year pitcher/outfielder, Perriello captained the squad last season and was named the team's scholar-athlete of the year. A three-year standout outfielder,

Brook Drive and in Natick, MA at One Underprice Way (route 9). For tickets and showtimes, call 1-866-8JORDANS or logon to www.jordans.com.

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DiCesare was named to both the CAL and Agannis all-star teams, and also earned Team MVP honors.

*Need some help with this week's question? It was within the last 10 years.

*Two Austin Preparatory School seniors from **READING** were recently honored for their extraordinary talent and efforts on Austin's volleyball team this fall. **LAUREN JOHNSON** received the Coaches' Award. She is the daughter of David and Judith Johnson of Reading. **ANDREA FERNANDEZ** received the Sportsmanship Award. She is the daughter of Filiberto Fernandez and Noreen Kennedy.

***JUNIOR JACQUI BARRETT (WOBURN) AND FRESHMAN ASHLEY ZIELINSKI (STONEHAM)** were named among the Northeast-10 Conference Athletes of the Week, the Conference announced.

Barrett and Zielinski led three River Hawk athletes - sophomores Sam Bastien (Canton, MA) and Cory Murray (Methuen, MA) and junior Sharikka Finley-Moise (Lexington, MA) named to the Weekly Honor Roll. The honors were the result of several stellar efforts at the Harvard Open Saturday.

Barrett, who was named the NE-10 Field Athlete of the Week for the second straight week, captured the Championship Division Shot Put and improved her standing to third on the NCAA Division II provisional qualifying list.

Barrett threw the shot put 44 feet, 11.0 inches - the third-best distance in Division II this season - up from her throw of 44' 3.25" last week at the Northeastern Husky Carnival.

Zielinski, in her second collegiate meet, placed fourth overall - tops among Division II and III athletes - in the 60 meter hurdles with a time of 9.23 seconds.

***ANSWER TO THIS WEEK'S TRIVIA QUESTION:** In 2002, the Patriots finished with a 9-7 record, and failed to make the playoffs.

***DO YOU KNOW SOMETHING WE DON'T?** If you have information about a local athlete that you would like to see appear in this column, please email it to readingchronicle@comcast.net, or mail it to: Paul Feely, Middlesex East Sports, P.O. Box 240, Reading, Ma., 01867.

Hottest ticket in town

The Dark Knight re-released exclusively at IMAX theater in Jordan's

Moviegoers will be lining up around the block to get the hottest ticket in town when *The Dark Knight* is re-released exclusively in IMAX at the Verizon IMAX Theater at Jordan's Furniture on Friday, January 23. The follow-up to the action hit

Batman Begins, *The Dark Knight* reunites director Christopher Nolan and star Christian Bale, who reprises the role of Batman/Bruce Wayne in his continuing war on crime. The late Heath Ledger recently won a Golden Globe award for his

role as The Joker.

The film was a huge success during its summertime release and is sure to, once again, attract big audiences, with many movie-goers seeing it over and over again.

The Dark Knight: The IMAX Experience will feature six sequences filmed with IMAX cameras, including the opening six minutes. This marks the first time ever that a major feature film has been even partially shot using IMAX cameras, marking a revolutionary integration of the two film formats.

Sequences shot in traditional 35mm will be digitally re-mastered into The IMAX Experience with proprietary IMAX DMR® technology. The two formats will be seamlessly integrated and morph between full IMAX and IMAX DMR. In other words, scenes shot in 35mm will appear in IMAX DMR (letterbox), while scenes shot with IMAX's cameras on 15/70mm film will expand vertically to

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HOME NEWS HERE.COM



What type of tea is right for you?

Exploring types of tea

Tea is a beverage that is presumed to offer all types of health benefits. Due to its antioxidant properties it is purported to help prevent cancer, reduce hypertension and boost the immune system.

While green tea has been touted as the wonder tea of choice for several years, many experts say that drinking any type of tea can provide health benefits. The types of tea, whether white, green, black, or oolong, vary only in the way they are processed or grown. All tea comes from the same plant: *Camellia sinensis*.

What Determines Type of Tea?

Fermentation, also known as oxidation, or the exposure of tea leaves to oxygen, is what determines its color and classification. Green tea is made from tea leaves that are not fermented. They may only be withered in hot air and quickly steamed or pan-fried. Black tea is made from leaves that have been fully oxidized for a strict amount of minutes until they turn a dark color. Oolong tea falls somewhere in between with a semi-oxidation process that produces a reddish color and a flowery taste.

White tea, which has been enjoyed since the Ming Dynasty in China, is a relatively new addition in North America. As such, many people aren't very familiar with white tea and how it is created.

White tea is made from immature tea leaves on tea bushes where the buds have yet to open. The tea gets its "white" name from the color of a downy fuzz that covers the unopened buds. Varieties of white tea are made from a certain ratio of tea leaves to buds. Also, white tea undergoes even less processing than other types of tea. The leaves are often just steamed instead of any oxidation fermentation process being used.

White tea presents a sweet, silky, and what many people say is a "less grassy" taste than green tea.

What Tea is Best?

There are mixed views on the health benefits of different types of tea, and which actually has an advantage over another type. There is reason to believe that since white tea is as close to the natural state of the plant, and because it contains more polyphenols it would subsequently be better for you. However, one first has to understand the chemistry behind tea leaf fermentation and the substances in the tea leaves to make a determination.

According to About.com, and Jane Higdon, Ph.D., a LPI Research Associate, fresh tea leaves are rich in polyphenolic compounds known as catechins. When tea leaves are intentionally broken or rolled during processing, catechins become oxidized through the action of polyphenol oxidase enzymes present in the tea leaves. The oxidation of catechins, known as fermentation in the tea industry, causes them to polymerize and to form larger, more complex polyphenols known as theaflavins and thearubigins.



Because theaflavins and thearubigins are created from catechins, and all are effective anti-oxidants, many experts say any tea can provide health benefits.

Research is ongoing into the efficacy of tea for optimal health and helping many common conditions. For those who tolerate a moderate amount of caffeine in their daily diet, tea can be an advantage providing moderate health benefits.

Tips to get through these tough weather months

Avoiding the winter doldrums

When the winter months arrive, it's no surprise many people adopt a more sedentary lifestyle. Colder temperatures keep many people indoors, and those daily trips to the gym are much less likely to occur if the winds are whirling and the snow is falling outside.

However, living a healthy lifestyle is a year-round commitment, and such a lifestyle is far easier to maintain if it's not abandoned once the colder temperatures arrive. In addition, staying disciplined throughout the winter is an effective means of warding off colds and other ailments that can come with the colder seasons. So as winter begins to bear down, consider the following tips for staying healthy and making it to spring feeling better than you ever have.

* Get your shut-eye. While it might seem like getting more sleep in the colder months is akin to a bear hibernating in the winter, that's not entirely true. Don't overdo it when it comes to sleeping, such as hitting the snooze bar and taking long naps on cold days when you're stuck inside. However, be sure to get adequate sleep during the winter months. Getting too little sleep weakens the immune system, which can make you more susceptible to colds, flu and infections.

* Beat viruses to the punch. An essential part of staying healthy in the winter months is prevention. The best way to treat a virus or disease is to prevent it from happening. Though it's common to assume a flu shot is strictly for the elderly or children, that's not the case. Flu shots are available to anyone looking to get one. It might not be easy to get a flu shot depending on

where you live, but doing whatever needs to be done to get one is well worth it.

* Exercise. While it's enticing to stay inside on a cold day rather than go to the gym, it's also detrimental to your health. The best way to ensure you continue to exercise through the winter months is to develop a routine. If you exercise after work, bring your gym clothes to work with you so you won't have to go home and change and then be forced to go back outside in order to go to the gym. If you must, work out during your lunch break when the skies are bright and the air a little warmer. Whatever your routine, choose it early in the season and stick to it. Once you've established the routine, it will be much easier to maintain.

* Socialize. As technology advances, more and more workers have become telecommuters, forgoing the traditional office for the home office. While this can make life easier in a variety of ways, it can also leave you susceptible to Seasonal Affective Disorder (SAD), a type of depression that can affect people during the winter months when staying in is more common. For telecommuters, who may only leave their house for the office once a week (if at all), it's important to maintain a social life during the winter months to avoid developing any feelings of isolation. Maintain a level of activity in your community, and be sure to get together with friends or family at least once per week.

OPEN HOUSE READING ONLY JANUARY 17 1-3 PM

Get In Shape For Women has taught me how to believe in myself. Lost 10 lbs & 4 dress sizes.

I joined Get In Shape For Women because I wanted my clothes to fit better and I wanted to feel better about myself. I'm a proud mother of two boys and let's face it, the weight just doesn't seem to stay off the way that it used to. In just under three months I have lost 10 pounds and dropped 4 pant sizes. When I first joined Get In Shape For Women I fit snugly into a size 10. The other day I just bought a new skirt size 6 and I'm happy to say that it is a little loose on me! My confidence has grown tremendously and I look and feel a lot better about myself. Best of all Get In Shape For Women has taught me how to believe in myself and I feel that is the real reason I was able to reach my goal. Now that I have tasted such sweet success, I look forward to taking it to the next level!

- Joanne Waters, Age 58, Mother of 2, Long term care/rehab professional, Reading Member

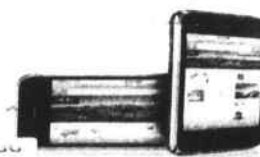


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your individual struggle with weight, how it has affected you, how you would benefit from a "transformation", and why you should be the "Biggest Winner". Essays will be judged by the staff and a winner will be notified. You need to submit your essay with contact information by Jan 31, 2009 via email a GetInShapeReading@comcast.net or standard mail to the following address:

Get In Shape For Women,
C/O Biggest Winner Competition,
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Reading, MA 01867

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Calendar From S-3

The cost for the seven week program is \$125. Anyone interested is urged to contact 2nd Vice President John Silva 978-462-4599, Rules Interpreter Ron Annand 978-681-8927 or visit www.mvua.org to complete an application.

PLAY BASEBALL

NEAR COOPERSTOWN

The Blue Jays Baseball Club will be holding its 7th annual exhibition series near Cooperstown for high school varsities in the spring of 2009.

It also is holding tournaments for summer teams ages 13, 14U, 15U, 16U and 18U.

Night games and games on Doubleday Field are possible.

Interested coaches should phone Harvey Sandig at 631-650-5759 or e-mail Cooperstown 314@aol.com with open dates.

POLAR LANDSCAPE AT PEABODY ESSEX MUSEUM

The Ends of the Earth, Painting the Polar Landscape opened in November at the Peabody Essex Museum in Salem. It captures the high drama and stark beauty of maritime explorations to the Arctic and Antarctic during the 19th and early 20th centuries.

The exhibition offers a rare glimpse of untouched and uncharted regions as they were

encountered by pioneering European and American expeditions, including those of Admiral Richard Byrd, James Ross, and Ernest Shackleton.

More than 50 works by prominent artist-explorers are presented, ranging from monumental romantic canvases to intimate early modernist works in pastel -- all rarely shown in a single exhibition.

For a preview slide show visit www.pem.org/exhibitions. **BASIC BOATING COURSE IN MIDDLETON**

"Boat Massachusetts", a Massachusetts boating basics course will be held in Middleton at the Baert Marine showroom, 7 River Street in Middleton.

The dates are February 2,4,9,11,23, March 2,4,9,11,16. All five classes are required. The time is 6:30 - 8:30 p.m. Pre-register with Baert Marine at 978-774-7712.

Boat Massachusetts is offered to the public at no charge. The primary purpose is to foster safe boat operation through increased awareness of required safety equipment, safe boating practices and legal responsibilities.

Youth 12 through 15 years of age who successfully complete the course will be issued a Safety Certificate allowing them to operate a motorboat without adult supervision, as required by state law. This course will also satisfy the state requirements for personal watercraft users who are 16 or 17. All graduates will be issued a course completion diploma and a Safety Certificate.

NARFE MEETS MONTHLY IN PEABODY

North Shore Chapter 479 of the National Active and Retired Federal Employees (NARFE) meets the first Wednesday of each month at 1 p.m. in the Peabody Community Life Center, 79 Central Street,

Peabody.

For further information call membership at 978-535-5047 or www.people.umass.edu/manarf or www.narfe.org.

PRE-HEBREW CLASS REGISTRATION

Temple Shalom Emeth of Burlington is now accepting enrollment for pre-Hebrew class. Designed for pre-K children it provides a wonderful introduction to Jewish traditions and music through the use of crafts, stories and songs in a warm, nurturing environment.

Please call the temple at 781-272-2351 for more information.

RETIRED FEDERAL EMPLOYEES MEETINGS

North Shore Chapter 479 of the National Active and Retired Federal Employees (NARFE) meets the first Wednesday of each month at 1 p.m. in the Peabody Community Life Center, 79 Central Street, Peabody.

This meeting place is wheelchair accessible. Visitors are welcome. For further information call 978-535-5047 or www.narfema.org.

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					3		
	4						3
8	9	2	1			4	7

~ Real Estate Transfers ~

FROM S-8

-WAKEFIELD-

5 CARRIAGE LN was sold to Peter Maravelias by 120 Main Street RT & David H. Barrett for \$925,000

11 LAUREL ST was sold to Richard G. Staples by John E. Staples Est & Maria V. Staples for \$70,000

11 LAUREL ST was sold to Richard G. Staples by Barbara L. Staples for \$70,000

-WILMINGTON-

78 BURLINGTON AVE was sold to Lori & Michael Caralis by Leonard & Rosemary Malvone for \$410,000

2 JEWEL DR was sold to Janis Research Co. Inc by Janis RT & Thomas G. Pasakarnis for \$1,667,000

5 MARJORIE RD was sold to Andrea C. Lowney by Sean S. Lowney for \$252,000

175 WILDWOOD ST was sold to Millan Desai by Magda & Robert Nasiatka for \$275,000

-WINCHESTER-

10 BUCKMAN DR was sold to Joseph C. & Michele H. Abate by Buckman Drive RT & Walter L. Sullivan for \$1,200,000

666 MAIN ST #409 was sold to Beverly M. & Robert R. Cronan by Paula A. Rogers for \$375,000

-WOBURN-

10 LOVES LN was sold to Mark Desimone & William R. Fry by Sanco Builders LLC for \$500,000

670 MAIN ST was sold to Gary S. & Terese McLaughlin by Jeffrey A. Abber for \$234,900

670 MAIN ST was sold to Gary S. & Terese McLaughlin by John S. Galeros for \$234,900

9 MAPLE AVE was sold to Dyana M. & Jeffrey P. Boutwell by Alyce J. Benn FT & Paul D. Benn for \$280,250

-LYNNFIELD-

67 BOURQUE RD was sold to Kevin P. & Carolyn Shea by Elsa B. Shea for \$530,000

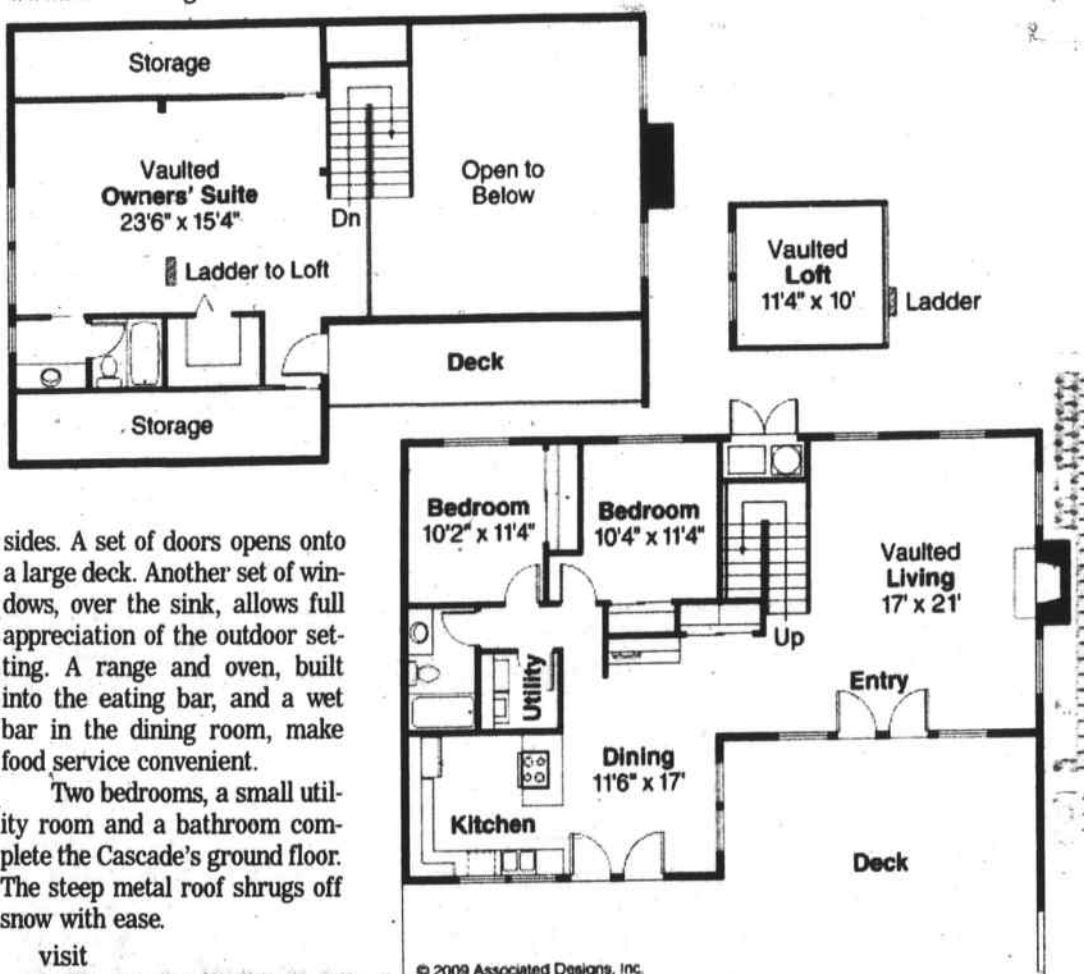
35 CHATHAM WAY was sold to Kimberly & Thomas J. Buonopane by Angela Rose Bonzagni for \$650,000

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The Cascade

From S-8

Other amenities include a private bathroom and walk-in closet. Tall windows brighten the kitchen/dining area on two



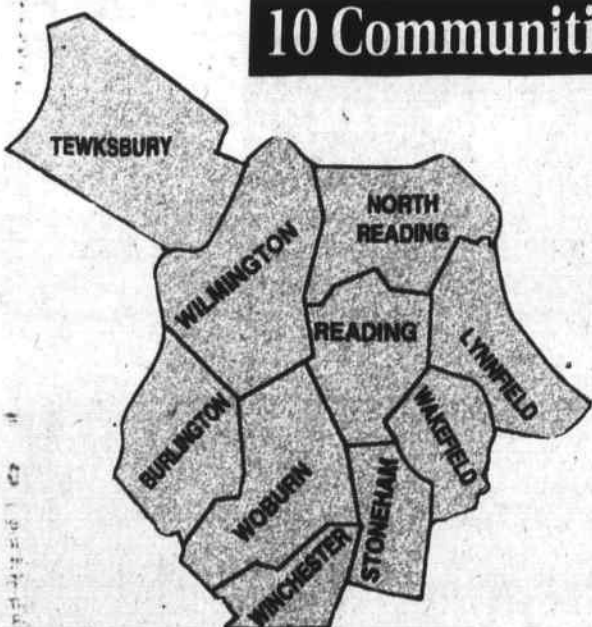
sides. A set of doors opens onto a large deck. Another set of windows, over the sink, allows full appreciation of the outdoor setting. A range and oven, built into the eating bar, and a wet bar in the dining room, make food service convenient.

Two bedrooms, a small utility room and a bathroom complete the Cascade's ground floor. The steep metal roof shrugs off snow with ease.

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WANTED TO S-7

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9	5	7	3	2	4	6	8	1
6	1	3	9	8	7	5	4	2
8	2	4	1	6	5	3	9	7
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North Shore Community College is seeking to fill two P1 Clinical Nursing Instructor positions for the spring 2009 semester beginning January 20, 2009.

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Tuesdays & Thursdays (spring semester)

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Wednesdays & Thursdays (spring semester)

Requires a Master's degree in Nursing, or a BSN and matriculation in a graduate nursing program to graduate in 5 years, or a BSN and a related non-nursing graduate degree. Clinical teaching experience preferred.

Both positions also require: 2 years of full nursing experience (or its equivalent) within the last 5 years, clinical competence in medical/surgical nursing and expertise appropriate to teaching responsibilities.

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Email: jobs@northshore.edu

Fax: (978) 762-4038

Mail: Patricia DePamphilis

Human Resources

NSSC

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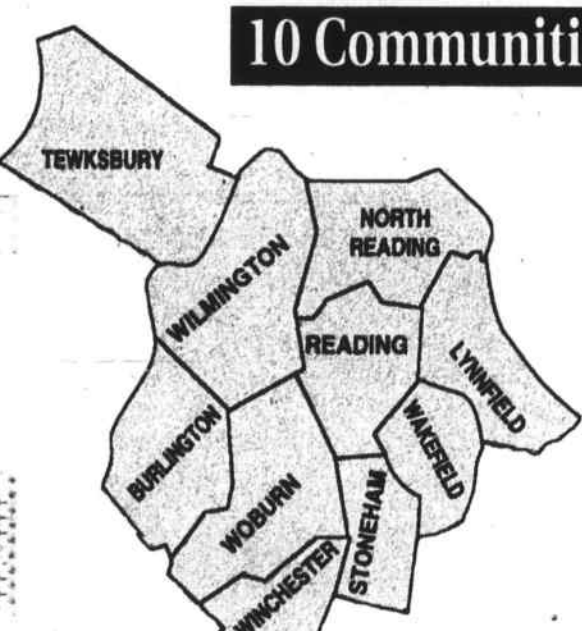
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10 Communities



MIDDLESEX EAST Classified

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From page S-6

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All real estate advertising in this newspaper is subject to the Federal Fair Housing Act of 1968, which makes it illegal to discriminate on the basis of race, color, religion, sex, handicap, familial status (number of children and/or pregnancy), national origin, ancestry, age, marital status, or any intention to make any such discrimination, limitation or discrimination. This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain about discrimination call The Department of Housing and Urban Development "HUD" toll-free at 1-800-669-9777. For the N.E. area, call HUD at 617-555-5308. The toll free number for the hearing impaired is 1-800-927-9275.

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4080
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RENTALS

Apartment & Condos 5010

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room, 2 BR. New kit, 1st flr., yard, laundry, pkg., NS hshld., NP. \$1,200 + utils. 978-618-9407.

MELROSE: 5 rms., 2 bdr., 1 bath, newly renov.

w/d hkup, 2nd flr. off st. pkg., close to T. \$1,250+ gas util. NSH 978-462-9931 or 781-454-6076.

NORTH READING - 5 rm. apt., 3BR, 1 1/2 bath, h/w included, dealead, near ctr. of North Reading & schools, abse rtes, 93 & 128. 978-664-4994. No pets. \$1,350/month.

NORTH READING

Newly renovated 2nd flr. 4 rm. apt. in 2 fam. home. Off st. pkg., no pets. \$1,000/mo. incl. heat, 1st + last mo. rent. Avail. immed. 978-664-3017.

NORTH READING: Immac.

1 bdrm. apt., mint cond. Greenbriar Est. \$1,075 mo. incl. h/w, cent. ac, encl balc., screen in Summer, storm windows for Winter, pool, tennis crt. No pets. 978-276-0359 C.781-521-0712.

NORTH WOBURN - 3BR

in 2 family, W/D hkup., no utilities. Off street pkg., \$1,400/mo. Call Tony 781-771-8622.

READING - 2 rooms,

\$650. All included. Call 1-339-227-9811.

Apartment

READING - Nr. Ctr. & trains, lge. 2 bdrm. Modern, new floor, ac, d&d, \$950. Avail. 2/1. ht & hw incl. Another 2 bdrm. \$1200. Avail. 3/1. 781-944-1934, 617-523-2100.

READING NS, NP hshld.

2 rms. Full bath, priv. entr. 1 car prking. Incl. heat & elect. \$850 mo. 781-942-4410.

READING

Prestigious elevator building overlooking town green. Studios, 1 & 2 bdrms. Rent incl. ht & hw. Short walk to T, shops & restaurants. Conv. to 93 & 128.

General Washington

Apartment 625 Main St.

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STONEHAM 1st flr. Victorian home.

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NO FEE. 1 BR. apts. \$995. Close to Rtes. 128, 95 & 93. Heat & HW included. Modern, hardwood floors, tile bath, parking and more. Call 781-438-3456. bostonproperty123.com

STONEHAM: NO FEE

1 & 2 bdrm. Nr 93/95. Off Main St. Pets ok. D/D, h/w incl., laundry, ac, pkg. balc. From \$850. Call 617-547-0028.

WAKEFIELD - 4 rooms,

2BR, 1st flr. \$1,300. Ht., gas & light incl. Walking dist. to T & train. Pkg., w/d hkup. Avail. immed. 781-248-0569, Diane.

Apartment & Condos

5010

WILMINGTON - 3 room, 1BR apt. in priv. home. Sep. entrance. All utils. & cable incl. No Pets. NS hshld. \$900/mo. 1st/last/ sec. 978-657-4739

WILMINGTON - Small

bright 3 room, 1BR apt. in private home. Own entrance. Near rte. 93/train. \$975/month incl. all utils. & cable. 978-657-8629.

WILMINGTON

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WOBURN - 2BR, w/d hkup., off st. pkg.

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WOBURN - Newly renovated small 2BR apt.

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WOBURN

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Commercial 5020

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Commercial 5020

Wilmington - 12 Bay St. Unit 209 avail. 700 sq ft. \$499.91 mo. + utils. Northeastern Rental Mgt. Call -978-658-7511. www.nedevcorp.com

WILMINGTON

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Houses 5030

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MEDFORD house, 2 possibly

3 bdrms. lge. yd., quiet nbgd. Pkg. No pets. \$1,400 mo. + utils. Refs. req. 781-933-1829.

Rooms 5070

BURLINGTON - unfurn. rm. for rent in pvt. home. Full house priv. & bath. N. 62 & Middlesex Tpk \$140 wk. 781-365-1349.

N. Reading, Stoneham

Clean room for rent. shared bath & kit. \$110/week includes util. Sec. dep. & ref's req'd. \$135 - \$135 / week. Ref's. & sec. dep. req. 781-454-5344.

STONEHAM room for

rent. Hdwd floors, wet bar, w/micro & ref. Pvt. entrance. Semi-Private bath. Conv. to 93/128. \$125 wk or \$475 mo. Call 781-249-1507.

WILMINGTON

Large clean room. Shared kitchen & bath. \$125 - \$135 / week. Ref's. & sec. dep. req. 781-658-2656.

WOBURN - Share all

conveniences. NS hshld. No pets. Ref's. Clean, handy to 93/95. 781-933-7772. Danni.

Seasonal 5080

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2006 TOYOTA Camry

27K mi. Exc. condition. Garaged. \$14,000. 781-872-1215 Reading.

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cond. 61,000 miles. Stick shift. \$8,000. 781-944-9467

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V-6 LTD. Grey/grey lthr. a/c, moonroof, tow hitch, CD, pw/pbr 88K mi. New brakes. \$13,995/BO. Call Sal 617-548-3003

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GLE. 100K mi. Leather power windows, sun roof, CD, alarm. 1 owner, very clean. runs great. \$4,500/BO. Call Sean 781-454-5344.

2000 JEEP Cherokee

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1996 HONDA Accord LX.

Auto, all pwr., blue, great cond., great on gas. 91K hwy. miles. Book value \$4800. Asking \$3700/bo. 617-877-5526, 781-933-4034. Ask for Laura/Jeff.

Auto-X-Change 6040

1994 FORD Crown Victoria LX Sedan. 80K miles. Good condition. As is \$2,000/BO. Call 781-933-0937

OLDS 98 Regency Sedan.

1986 mdl. silv. vinyl top, gd cond. 59,331 mi. 1 owner, garg \$2,000. 781-245-2463

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Trucks & Vans 6080

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Dodge Grand Sport Van. P.W. P.D. P.L. sliding door. 60K original miles. lowered floor and ramp. Very good condition. \$3,500/BO. Call 978-658-7481

1996 MAZDA Van 90K

mi. 4 wheel drive. Good condition. \$1,800. 781-935-0544

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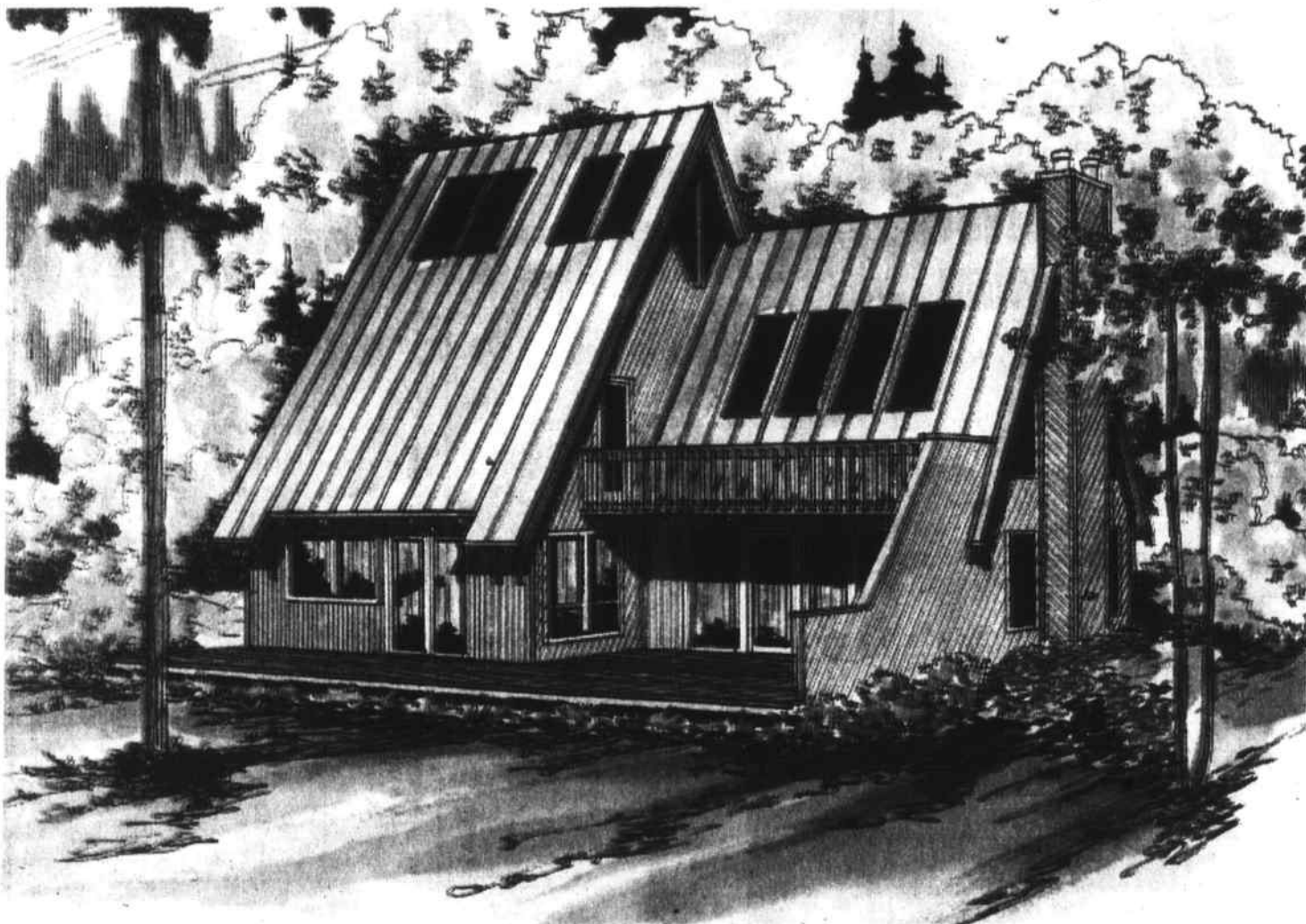
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Middlesex East Real Estate

#1 source for buyers and sellers of homes in the 10 Town area

This week's sampler:

The Cascade



A modified A-frame vacation home

Artificial light will rarely be necessary during daylight hours in the Chalet-style Cascade. This modified A-frame vacation home boasts a grand total of 16 skylights and is rich in windows as well.

While all of the rooms are bright, the vaulted living room clearly wins the prize. In addition to the eight skylights in the high, exposed-beam ceiling, this room has two floor-to-ceiling glass doors and four equally large windows. Four smaller custom windows flank the fireplace.

Honors for second-brightest area are split between the owners' suite and the combination kitchen/dining room. The owners' suite has another eight skylights in its vaulted ceiling. Diamond-shaped windows, nestled under the peak of the roof at opposite ends of the room, add still more light. The sleeping area has an eye-level window, for enjoying the scenery, and a glass door that opens onto a private balcony.

Built as a loft, the owners' suite is open to the living room below and is unique in having an 11-by-10-foot upper loft that

See page S6 for Floor Plan

Cascade to S-6

Real Estate Transfers

-BURLINGTON-

201 MIDDLESEX TPKE was sold to 201 Middlesex Tpke LLC by Bank of America NA for \$350,000

21 WILMINGTON RD was sold to Lisa M. & Robert G. Allen by Nicholas & Nick Saia for \$346,000

-NORTH READING-

4 GREENBRIAR DR #107 was sold to James P. Neville by Karen M. Myers for \$148,000

38 NIBLICK WAY #4 was sold to Andrew Cuneo & Deborah Senter by Cathleen A. & David J. Viator for \$350,000

6 W VILLAGE DR was sold to Courtney Park & Jack Ton by Smith Sons Plumb & Heat for \$375,000

-READING-

6 BENJAMIN LN was sold to Huihui Gu & Jun Yan by Vale RT & William P. Johnson for \$570,000

14 OVERLOOK RD was sold to Putnam Avalon Carter LLC by Lenore Marie Crampe for \$500,000

96 WASHINGTON ST was sold to Anthony Sabatino by Julia B. Dinan Est & Francis Dinan for \$175,000

-STONEHAM-

12 ARICIA LN was sold to Wells Fargo Bk by Cynthia & Christopher Luther for \$395,250

100 MAIN ST #5-2 was sold to US BK by US Bk & Elena M. Papulis for \$106,950

25 STEVENS ST was sold to Lisa Ann Walsh & Myles Justin Legault by Deutsche Bank Natl T Co for \$285,000

-TEWKSBURY-

115 BROWN ST was sold to Melissa A. Schoonmaker & Ryan R. Tremblay by Jasmine Dev LLC for \$425,000

101 GERMANO DR was sold to Brian P. & Kathleen A. Linder by Dodge, NP for \$464,000

101 GERMANO DR was sold to Dodge, NP by Lisa & Michael G. Stimpson for \$464,000

130 KENNEDY RD was sold to Aurora Loan Svcs LLC by Charles W. Hersey & Aurora Loan Svcs LLC for \$264,000

70 ORCHARD ST was sold to Veena Arora by Frank M. Limoncelli for \$354,000

41 PATTEN RD was sold to DLJ Mortgage Capital Inc by James E. Donahue & DLJ Mortgage Capital Inc for \$277,847

75 SHERIDAN LN was sold to Cataldo Erica Germano & Paul F. Vozzella by Sheridan Lane LLC for \$210,000

90 WINTER LN #9 was sold to Lauren B. & Shawn D. Scott by Brothers Dev Inc for \$152,138

Transfers to S-6

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